

# This is personal.

“My mother was the cornerstone of our family. When she was diagnosed with colon cancer, it was like the whole family got cancer. She died when she was only 56. Let my heartbreak be your wake-up call.”

*Terrence Howard, actor/musician*



Photo: Andrew Macpherson



**Colorectal cancer is the second leading cancer killer in the U.S., but it is largely preventable.** If you're 50 or older, please get screened. Screening finds precancerous polyps, so they can be removed before they turn into cancer. And screening finds colorectal cancer early, when treatment works best. If you're at increased risk—if you have a personal or family history of polyps or colorectal cancer, or you have inflammatory bowel disease—ask your doctor when to start screening. **Screening saves lives.**

**1-800-CDC-INFO (1-800-232-4636) • [www.cdc.gov/screenforlife](http://www.cdc.gov/screenforlife)**



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Centers for Disease Control and Prevention



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