

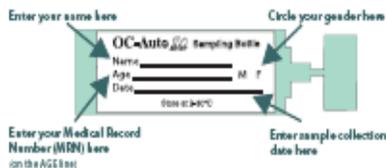
COLON CANCER STOOL SCREENING KIT INSTRUCTIONS

***** IMPORTANT *****

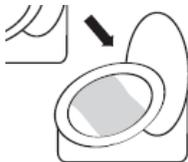
SAMPLES NEED TO BE MAILED BACK THE SAME DAY THEY WERE COLLECTED.

Please DO NOT use Forever Stamps; USPS will return the packet.

1. Take out the collection bottle and UCSF Lab form. **Write the date you are collecting the stool sample on the collection bottle** and UCSF Lab form just before your bowel movement.



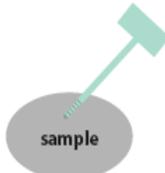
2. Place the white collection paper between the toilet seat flap and toilet seat bowl on top of bowl.



3. Deposit the stool sample on top of the collection paper.
4. Open the green cap by twisting and lifting the probe.



5. Scrape the surface of the stool sample with the sample probe. Cover the grooved portion of the sample probe completely with stool sample.

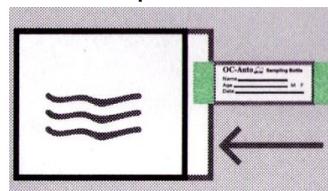


6. Close the sampling bottle by inserting the sample probe and snap the green cap on tightly.



DO NOT REOPEN

7. Flush the collection paper in the toilet. The collection paper is biodegradable and will not harm the septic system.
8. Remove the plastic bag and absorbent pad from the envelope.
9. Wrap sampling bottle in absorbent pad and insert into plastic bag.
10. Insert the plastic bag and UCSF Lab form with sampling bottle and absorbent pad into envelope.



11. Peel the tape from the flap. Fold the flat pre-fold line. Press firmly to seal.
12. Make sure to fill out the envelope with a return address and place **5 First Class postage stamps** on the envelope. (**DO NOT** use Forever Stamps; USPS will return the packet)

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If you have any questions, call your doctor's office.