Statistical Brief on the Social Determinants of Health and Health Equity Module,

Behavioral Risk Factor Surveillance System, 2022

(Updated 08/15/2023)

Objective

This statistical brief provides general guidance for Behavioral Risk Factor Surveillance System (BRFSS) coordinators and researchers on the analysis of BRFSS Social Determinants of Health and Health Equity (SDOH/HE) Module data to enable consistency in analytic methods and results reporting.

Background and Rationale

Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age (1), which refer to a broad array of social, structural, and contextual experiences such as educational attainment, employment status, access to food and housing, financial stability, and access to health care (2). These factors have shown a major impact on people's physical health, mental well-being, and quality of life (2). Because some of these social risk factors or experiences are highly interrelated, a composite measure of SDOH will be more important and practical than a focus on individual social risk factors when evaluating the impact of SDOH on health outcomes. Recent research has evaluated the health impact of either individual SDOH measures (3,4) or a summarizing measure of SDOH by counting the number of SDOH factors (5,6).

The SDOH/HE Module

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Systematically measuring SDOH, including racism and psychological determinants of health, to address social needs is essential for improving health equity. BRFSS is a state-based landline and cellular telephone survey of noninstitutionalized adults aged ≥18 years on their health-related behavioral risk factors, health care access and use of preventive services, chronic diseases and conditions, and other health outcomes. In 2022, 39 states, the District of Columbia (DC), and 2 participating US territories (Puerto Rico and the US Virgin Islands) collected the SDOH/HE data. The questions were based on the Center for Medicare and Medicaid Innovation Social Needs Assessment Tool (7–9) and asked about employment/economic stability, housing stability and quality, food security, transportation access, utilities security, loneliness, social & emotional support, life satisfaction, and mental well-being. Table 1 summarizes the 10 questions in the 2022 SDOH/HE module with response options for each of the questions.

Table 1. SDOH/HE Module Questionnaire in BRFSS, 2022

Question No. with Variable Name	2022 Question		
Q1:	In general, how satisfied are you with your life? Are you		
Life Satisfaction	1 Very satisfied		
(LSATISFY)	2 Satisfied		
	3 Dissatisfied		
	4 Very dissatisfied		
	7 Don't know/not sure		
	9 Refused		
Q2:	How often do you get the social and emotional support that you need? Is		
Social and	that		
Emotional Support	1 Always		
(EMTSUPRT)	2 Usually		
	3 Sometimes		
	4 Rarely		
	5 Never		
	7 Don't know/not sure		
	9 Refused		
Q3:	How often do you feel socially isolated from others? Is it		
Social Isolation	1 Always		
(SDHISOLT)	2 Usually		
,	3 Sometimes		
	4 Rarely		
	5 Never		
	7 Don't know/not sure		
	9 Refused		
Q4:	In the past 12 months have you lost employment or had hours reduced?		
Employment	1 Yes		
Stability	2 No		
(SDHEMPLY)	7 Don't Know/ Not sure		
(9 Refused		
Q5:	During the past 12 months, have you received food stamps, also called		
Food Security	SNAP, the Supplemental Nutrition Assistance Program on an EBT card?		
(FOODSTMP)	1 Yes		
	2 No		
	7 Don't Know/ Not sure		
	9 Refused		
Q6:	During the past 12 months how often did the food that you bought not		
Food Security	last, and you didn't have money to get more? Was that		
(SDHFOOD1)	1 Always		
	2 Usually		
	3 Sometimes		
	4 Rarely		
	5 Never		
	J INCVCI		

	7 Don't know/not sure	
	9 Refused	
Q7:	During the last 12 months, was there a time when you were not able to	
Housing Security	pay your mortgage, rent or utility bills?	
(SDHBILLS)	1 Yes	
	2 No	
	7 Don't Know/ Not sure	
	9 Refused	
Q8:	During the last 12 months was there a time when an electric, gas, oil, or	
Utility Security	water company threatened to shut off services?	
(SDHUTILS)	1 Yes	
	2 No	
	7 Don't Know/ Not sure	
	9 Refused	
Q9:	During the past 12 months has a lack of reliable transportation kept you	
Transportation	from medical appointments, meetings, work, or from getting things	
Access	needed for daily living?	
(SDHTRNSP)	1 Yes	
	2 No	
	7 Don't Know/ Not sure	
	9 Refused	
Q10:	Stress means a situation in which a person feels tense, restless, nervous or	
Mental Well-being	anxious or is unable to sleep at night because their mind is troubled all the	
(SDHSTRE1)	time. Within the last 30 days, how often have you felt this kind of stress?	
	Was it	
	1 Always	
	2 Usually	
	3 Sometimes	
	4 Rarely	
	5 Never	
	7 Don't know/not sure	
	9 Refused	

Preparation of the final data set for analyzing SDOH/HE Module data

In 2022, 34 states, DC, and 2 territories (Puerto Rico and US Virgin Islands) collected SDOH/HE module data through the common combined landline and cell phone survey; Nebraska and Ohio collected the data using the version 1 questionnaire; Oklahoma collected the data using the version 2 questionnaire; and Maryland and Michigan used split surveys of

versions 1 and 2 questionnaires. For more information on survey versions and module data analysis, please refer to the 2022 document for Complex Sampling Weights and Preparing

Module Data for Analysis. Table 2 summarizes the states with corresponding data set names and weight variable for each of the data sets.

Table 2. US States and Territories That Used the SDOH/HE Module with Corresponding

Data Set Names and Weight Variables in BRFSS, 2022

Module	Description	Data Set	Data Weight	State(s)
Social Determinants and Health Equity	Combined Land Line and Cell Phone data	LLCP2022	_LLCPWT	Alabama, Alaska, Arizona, California, Connecticut, Delaware, District of Columbia, Florida, Georgia, Idaho, Indiana, Iowa, Kansas, Kentucky, Maine, Massachusetts, Minnesota, Mississippi, Missouri, Montana, Nevada, New Hampshire, New Jersey, New Mexico, North Carolina, Puerto Rico, Rhode Island, South Carolina, Tennessee, Texas, Utah, Vermont, Virgin Islands, Washington, West Virginia, Wisconsin, Wyoming
	Combined Land Line and Cell Phone data, version 1	LLCP22V1	_LCPWTV1	Maryland, Michigan, Nebraska, Ohio
	Combined Land Line and Cell Phone data, version 2	LLCP22V2	_LCPWTV2	Maryland, Michigan, Oklahoma

The following SAS and R codes are used for preparation of final SDOH/HE data set for analysis:

SAS Code:

```
data SDOH llcp2022 (where=( state in (1,2,4,6,9,10,11,12,13,16,
           18, 19, 20, 21, 23, 25, 27, 28, 29, 30, 32, 33, 34, 35, 37, 44, 45, 47,
           48, 49, 50, 53, 54, 55, 56, 72, 78)));
set LLCP2022; *This is the Common combined dataset;
*Rename final weight variable to be consistent across new data sets;
rename LLCPWT= finalwt;
run;
data SDOH llcp22v1 (where=( state in (24,26,31,39)));;
set LLCP22V1; *This is the Version 1 dataset;
*Rename final weight variable to be consistent across new data sets;
If state in (31,39) then finalwt= LCPWTV1; *Nebraska(31) and
Ohio (39) used version 1 questionnaire;
If state in (24,26) then finalwt= LCPWTV1/2; *Maryland(24) and
Michigan (26): Split in versions 1 and 2, so final weight will be
divided by 2;
run;
data SDOH llcp22v2 (where=( state in (24,26,40)));
set LLCP22V2; *This is the Version 2 dataset;
*Rename final weight variable to be consistent across new data sets;
If state in (40) then finalwt= LCPWTV2; *Oklahoma(40) used version
2 questionnaire;
If state in (24,26) then finalwt= LCPWTV2/2; *Maryland(24) and
Michigan(26): Split in versions 1 and 2, so final weight will be
divided by 2;
run;
*Combine 3 data sets to obtain SDOH/HE Module Data for analysis,
BRFSS, 2022;
data SDOH BRFSS2022;
set SDOH llcp2022 SDOH llcp22v1 SDOH llcp22v2;
run;
R code:
#Load tidyverse package
library("tidyverse")
#Keep states that used SDOH/HE module; These are the states in the
Common combined dataset.
SDOHLLCP2022 <- LLCP2022[LLCP2022$STATE %in%
c(1,2,4,6,9,10,11,12,13,16,
18, 19, 20, 21, 23, 25, 27, 28, 29, 30, 32, 33, 34, 35, 37, 44, 45, 47,
48, 49, 50, 53, 54, 55, 56, 72, 78), 1
```

```
#FINALWT assigned from LLCPWT - weight variable
SDOHLLCP2022$FINALWT <- SDOHLLCP2022$LLCPWT
#Remove LLCPWT variable from data
SDOHLLCP2022 = subset(SDOHLLCP2022, select = -c(LLCPWT))
#Keep states Nebraska (31) and Ohio (39) - used version 1 questionnaire
LLCP22V1A <- LLCP22V1[LLCP22V1$STATE %in% c(31,39), ]
#FINALWT assigned from LCPWTV1 - weight variable
LLCP22V1A$FINALWT <- LLCP22V1A$LCPWTV1
#Keep states Maryland (24) and Michigan (26) - used version 1
#questionnaire, split in versions 1 and 2,
LLCP22V1B <- LLCP22V1[LLCP22V1$STATE %in% c(24,26), ]
#FINALWT assigned from LCPWTV1 and divide by 2
LLCP22V1B$FINALWT <- LLCP22V1B$LCPWTV1/2
#Combine version 1 questionnaire datasets for Nebraska, Ohio,
#Maryland, Michigan
SDOHLLCP22V1 <- rbind(LLCP22V1A, LLCP22V1B)
#Keep Oklahoma (40) - used version 2 questionnaire
LLCP22V2A <- LLCP22V2[LLCP22V2$STATE %in% c(40), ]
#FINALWT assigned from LCPWTV2 - weight variable
LLCP22V2A$FINALWT <- LLCP22V2A$LCPWTV2
#Keep states Maryland (24) and Michigan (26) - used version 2
#questionnaire, split in versions 1 and 2
LLCP22V2B <- LLCP22V2[LLCP22V2$STATE %in% c(24,26), ]
#FINALWT assigned from LCPWTV2 and divide by 2
LLCP22V2B$FINALWT <- LLCP22V2B$LCPWTV2/2
#Combine version 2 questionnaire datasets for Oklahoma, Maryland,
#Michigan
SDOHLLCP22V2 <- rbind(LLCP22V2A, LLCP22V2B)
#Combine all data sets for analysis
SDOHBRFSS2022 <- bind rows(SDOHLLCP2022, SDOHLLCP22V1, SDOHLLCP22V2)
```

Variable Recoding

We suggest creating the following recoded variables from participants' original response options to each of the questions in the SDOH/HE module. The recoded variables are presented in Table

3. Participants who respond "don't know/not sure," refuse to answer, or have missing responses to any of the questions will be set as missing.

Table 3. Calculated Variables from Responses to the Questions in the SDOH/HE Module, BRFSS, 2022

Recoded Variable	2022 SDOH/HE Question with Recoding
M_LSATISFY	In general, how satisfied are you with your life? Are you
	SAS Code:
	If LSATISFY in (1,2) then M_LSATISFY=2;
	else If LSATISFY in (3,4) then M_LSATISFY=1;
	else M_LSATISFY=.;
	Label M_LSATISFY='Life satisfaction: 1=Dissatisfied/Very dissatisfied,
	2=Satisfied/Very satisfied';
	R Code:
	M_LSATISFY <- case_when(
	LSATISFY %in% 1:2 ~ 2,
	LSATISFY %in% 3:4 ~ 1)
	M_LSATISFY <- factor(M_LSATISFY, levels = c(1:2), labels = c("Life satisfaction:
	Dissatisfied/Very dissatisfied", "Satisfied/Very satisfied"))
M_EMTSUPRT	How often do you get the social and emotional support that you need? Is that
	SAS Code:
	If EMTSUPRT in (1,2) then M_EMTSUPRT=3;
	else If EMTSUPRT in (3) then M_EMTSUPRT=2;
	else If EMTSUPRT in (4,5) then M_EMTSUPRT=1;
	else M_EMTSUPRT=.;
	Label M_EMTSUPRT='Get social and emotional Support: 1=Rarely/Never,
	2=Sometimes, 3=Always/Usually';
	R Code:
	M_EMTSUPRT <- case_when(
	EMTSUPRT %in% 1:2 ~ 3,
	EMTSUPRT %in% 3 ~ 2,
	EMTSUPRT %in% 4:5 ~ 1)
	M_EMTSUPRT <- factor(M_EMTSUPRT, levels = c(1:3), labels = c("Get social and
	emotional Support: Rarely/Never", "Sometimes", "Always/Usually"))
M_SDHISOLT	How often do you feel socially isolated from others? Is it
	SAS Code:
	If SDHISOLT in (1,2) then M_SDHISOLT=1;
	else If SDHISOLT in (3) then M_SDHISOLT=2;
	else If SDHISOLT in (4,5) then M_SDHISOLT=3;
	else M_SDHISOLT=.;

```
Label M SDHISOLT='Feel social isolation: 1=Always/Usually, 2=Sometimes,
                   3=Rarely/Never';
                   R Code:
                   M SDHISOLT <- case when(
                   SDHISOLT %in% 1:2 ~ 1,
                   SDHISOLT %in% 3 ~ 2,
                   SDHISOLT %in% 4:5 ~ 3)
                   M SDHISOLT <- factor(M SDHISOLT, levels = c(1:3), labels = c("Feel social isolation:
                   Always/Usually ", "Sometimes", "Rarely/Never"))
M_SDHEMPLY
                   In the past 12 months have you lost employment or had hours reduced?
                   SAS Code:
                        If SDHEMPLY=1 then M_SDHEMPLY=1;
                   else If SDHEMPLY=2 then M SDHEMPLY=2;
                   else M_SDHEMPLY=.;
                   Label M SDHEMPLY='Loss or reduced employment: 1=Yes, 2=No';
                   R Code:
                   M SDHEMPLY <- case when(
                   SDHEMPLY %in% 1 \sim 1,
                   SDHEMPLY %in% 2 ~ 2)
                   M_SDHEMPLY \leftarrow factor(M_SDHEMPLY, levels = c(1:2), labels = c("Loss or reduced")
                   employment: "Yes ", "No"))
M FOODSTMP
                   During the past 12 months, have you received food stamps, also called SNAP, the
                   Supplemental Nutrition Assistance Program on an EBT card?
                   SAS Code:
                        If FOODSTMP=1 then M FOODSTMP=1;
                   else If FOODSTMP=2 then M FOODSTMP=2;
                   else M FOODSTMP=.;
                   Label M_FOODSTMP='Receive SNAP: 1=Yes, 2=No';
                   R Code:
                   M_FOODSTMP <- case_when(
                   FOODSTMP %in% 1 \sim 1,
                   FOODSTMP %in% 2 ~ 2)
                   M_FOODSTMP \leftarrow factor(M_FOODSTMP, levels = c(1:2), labels = c("Receive SNAP: "Receive SNAP") |
                   During the past 12 months how often did the food that you bought not last, and
M_SDHFOOD1
                   you didn't have money to get more? Was that... Read:
                   SAS Code:
                        If SDHFOOD1 in (1,2) then M SDHFOOD1=1;
                   else If SDHFOOD1 in (3) then M_SDHFOOD1=2;
                   else If SDHFOOD1 in (4,5) then M SDHFOOD1=3;
                   else M SDHFOOD1=.;
                   Label M SDHFOOD1='Food not lasting/no money to buy: 1=Always/Usually,
                   2=Sometimes, 3=Rarely/Never';
```

	R Code:
	M_SDHFOOD1 <- case_when(
	SDHF00D1 %in% 1:2 ~ 1,
	SDHF00D1 %in% 3 ~ 2,
	SDHFOOD1 %in% 4:5 ~ 3)
	M_SDHFOOD1 <- factor(M_SDHFOOD1, levels = c(1:3), labels = c("Food not
	lasting/no money to buy: Always/Usually", "Sometimes", "Rarely/Never"))
M_SDHBILLS	During the last 12 months, was there a time when you were not able to pay your mortgage, rent or utility bills?
	SAS Code: If SDHBILLS=1 then M_SDHBILLS=1;
	else If SDHBILLS=2 then M_SDHBILLS=2;
	else M_SDHBILLS=.;
	Label M_SDHBILLS='Unable to pay for mortgage/rent/utility bills: 1=Yes, 2=No';
	R Code:
	M_SDHBILLS <- case_when(
	SDHBILLS %in% 1 ~ 1,
	SDHBILLS %in% 2 ~ 2)
	M_SDHBILLS <- factor(M_SDHBILLS, levels = c(1:2), labels = c("Unable to pay for mortgage/rent/utility bills: Yes", "No"))
M_SDHUTILS	During the last 12 months was there a time when an electric, gas, oil, or water
	company threatened to shut off services?
	SAS Code:
	If SDHUTILS=1 then M_SDHUTILS=1;
	else If SDHUTILS=2 then M_SDHUTILS=2;
	else M_SDHUTILS=.;
	Label M_SDHUTILS='Threatened to shut off utility services: 1=Yes, 2=No';
	R Code:
	M_SDHUTILS <- case_when(
	SDHUTILS %in% 1 ~ 1,
	SDHUTILS %in% 2 ~ 2)
	M_SDHUTILS <- factor(M_SDHUTILS, levels = c(1:2), labels = c("Threatened to shut
	off utility services: Yes", "No"))
M_SDHTRNSP	During the past 12 months has a lack of reliable transportation kept you from
	medical appointments, meetings, work, or from getting things needed for daily
	living?
	SAS Code:
	If SDHTRNSP=1 then M_SDHTRNSP=1;
	else If SDHTRNSP=2 then M_SDHTRNSP=2;
	else M_SDHTRNSP=.;
	Label M_SDHTRNSP='Lack of reliable transportation: 1=Yes, 2=No';
	R Code:
	M_SDHTRNSP <- case_when(
	SDHTRNSP %in% 1 ~ 1,

	SDHTRNSP %in% 2 ~ 2)
	M_SDHTRNSP <- factor(M_SDHTRNSP, levels = c(1:2), labels = c("Lack of reliable
	transportation: Yes", "No"))
M_SDHSTRE1	Stress means a situation in which a person feels tense, restless, nervous or anxious
	or is unable to sleep at night because their mind is troubled all the time. Within the
	last 30 days, how often have you felt this kind of stress? Was it
	SAS Code:
	If SDHSTRE1 in (1,2) then M_SDHSTRE1=1;
	else If SDHSTRE1 in (3) then M_SDHSTRE1=2;
	else If SDHSTRE1 in (4,5) then M_SDHSTRE1=3;
	else M_SDHSTRE1=.;
	Label M_SDHSTRE1='Feel stress within the last 30 days: 1=Always/Usually,
	2=Sometimes, 3=Rarely/Never';
	R Code:
	M_SDHSTRE1 <- case_when(
	SDHSTRE1 %in% 1:2 ~ 1,
	SDHSTRE1 %in% 3 ~ 2,
	SDHSTRE1 %in% 4:5 ~ 3)
	M_SDHSTRE1 <- factor(M_SDHSTRE1, levels = c(1:3), labels = c("Feel stress within
	the last 30 days: Always/Usually", "Sometimes", "Rarely/Never"))

Analytic Approaches

A few questions in the Social Determinants of Health module—which was included in the 2017 BRFSS—were similar to those in the Social Determinants of Health and Health Equity (SDOH/HE) module used in 2022. In 2017, 17 states collected SDOH data (with data publicly available from only 16 states). Since the public release of the 2017 BRFSS data set, researchers have used the SDOH data to evaluate the associations of SDOH with health indicators. As previously described, either individual SDOH measures (3,4) or a summarizing measure of SDOH (5,6) have been used in those studies. Upon release of the 2022 BRFSS data in 2023, we encourage researchers to analyze the data and disseminate research findings through presentations and publications, focusing on the following aspects:

- 1. Examine the associations between individual SDOH measures and specific health outcomes Using the state-based, cross-sectional, population surveillance data from BRFSS, associations between individual SDOH measures (such as lack of social and emotional support, social isolation, food insecurity, house insecurity, financial insecurity) with health outcome measures could be studied following traditional epidemiologic methods.
- 2. Examine the associations between a summarizing measure of SDOH and specific health outcomes

To calculate the summarizing score of SDOH measures, individual SDOH variables should be recoded as 1/0. Please see Table 4 for recoding.

Table 4. SDOH/HE Measures with Recoding in BRFSS, 2022

Measurement	Calculated Variable	Question with Recoding	
Life satisfaction	R_LSATISFY	In general, how satisfied are you with your life? Are you 1=Dissatisfied/Very dissatisfied 0=Satisfied/Very satisfied	
Social and emotional support	R_EMTSUPRT	How often do you get the social and emotional support that you need? Is that 1=Sometimes/Rarely/Never 0=Always/Usually	
Social isolation	R_SDHISOLT	How often do you feel socially isolated from others? Is it 1=Always/Usually/Sometimes 0=Rarely/Never	
Lost or reduced hours for employment	R_SDHEMPLY	In the past 12 months have you lost employment or had hours reduced? 1=Yes 0=No	
Receiving food stamps or SNAP	R_FOODSTMP	During the past 12 months, have you received food stamps, also called SNAP, the Supplemental Nutrition Assistance Program on an EBT card? 1=Yes 0=No	
Food insecurity	R_SDHFOOD1	During the past 12 months how often did the food that you bought not last, and you didn't have money to get more? Was that Read: 1=Always/Usually/Sometimes 0=Rarely/Never	
Housing insecurity	R_SDHBILLS	During the last 12 months, was there a time when you were not able to pay your mortgage, rent or utility bills? 1=Yes 0=No	
Threatened to shut off utility services	R_SDHUTILS	During the last 12 months was there a time when an electric, gas, oil, or water company threatened to shut off services? 1=Yes 0=No	
Lack of reliable transportation	R_SDHTRNSP	During the past 12 months has a lack of reliable transportation kept you from medical appointments, meetings, work, or from getting things needed for daily living? 1=Yes 0=No	
Mental distress	R_SDHSTRE1	Stress means a situation in which a person feels tense, restless, nervous or anxious or is unable to sleep at night because their mind is troubled all the time. Within the	

last 30 days, how often have you felt this kind of stress?
Was it
1=Always/Usually
0=Sometimes/Rarely/Never

The summarizing score of SDOH measurements can be computed as shown below. The SDOH score ranges from 0 to 10 and can be categorized as having $0, 1, 2, 3, \ge 4$ social risk factors.

SAS Code:

R Code:

```
SDOHSUM1 = R_LSATISFY + R_EMTSUPRT + R_SDHISOLT + R_SDHEMPLY + R_FOODSTMP +
R_SDHFOOD1 + R_SDHBILLS + R_SDHUTILS + R_SDHTRNSP + R_SDHSTRE1

rowwise() %>% mutate(SDOHSUM2 = sum(R_LSATISFY, R_EMTSUPRT, R_SDHISOLT,
R_SDHEMPLY, R_FOODSTMP, R_SDHFOOD1, R_SDHBILLS, R_SDHUTILS, R_SDHTRNSP,
R_SDHSTRE1, na.rm=T))

SDOHCAT5<- case_when(
    SDOHSUM1 %in% 1 ~ 1,
    SDOHSUM1 %in% 2 ~ 2,
    SDOHSUM1 %in% 3 ~ 3,
    SDOHSUM1 %in% 4:10 | SDOHSUM2 %in% 4:10 ~ 4,
    SDOHSUM1 %in% 0 ~ 0)</pre>
```

Please note: A few subjective measures such as life satisfaction (Q1), social and emotional support (Q2), social isolation (Q3), and mental stress (Q10) can be treated as outcome variables in epidemiologic studies, depending on the study purposes (3). In addition, other social risk factors such as lack of health care access or cost barriers for access to care could be counted in

when generating a composite score of SDOH measures, in addition to the SDOH measures described in Table 1, depending on the specific research purposes.

Contact Information:

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For questions on R codes, please contact Dr. Karen Kirtland: gon6@cdc.gov

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