

**BRFSS/ASTHMA SURVEY  
ADULT QUESTIONNAIRE - 2009**

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## Section 1. Introduction

### **INTRODUCTION TO THE BRFSS Asthma call back for Adult respondents with asthma:**

Hello, my name is \_\_\_\_\_. I'm calling on behalf of the {STATE NAME} health department and the Centers for Disease Control and Prevention about an asthma {ALTERNATE: a health} study we are doing in your state. During a recent phone interview {sample person first name or initials} indicated {he/she} would be willing to participate in this study.

#### **ALTERNATE (no reference to asthma):**

Hello, my name is \_\_\_\_\_. I'm calling on behalf of the {STATE NAME} health department and the Centers for Disease Control and Prevention about a health study we are doing in your state. During a recent phone interview {sample person first name or initials} indicated {he/she} would be willing to participate in this study.

#### **1.1 Are you {sample person's name}?**

1. Yes (go to informed consent)
2. No

#### **1.2 May I speak with {sample person's name}?**

1. Yes (go to 1.4 when sample person comes to phone)
2. No

If not available set time for return call in 1.3

#### **1.3 Enter time/date for return call \_\_\_\_\_**

#### **1.4 Hello, my name is \_\_\_\_\_. I'm calling on behalf of the {STATE NAME} state health department and the Centers for Disease Control and Prevention about an asthma study we are doing in your state. During a recent phone interview you indicated that you had asthma and would be able to complete the follow-up interview on asthma at this time.**

#### **ALTERNATE (no reference to asthma):**

Hello, my name is \_\_\_\_\_. I'm calling on behalf of the {STATE NAME} state health department and the Centers for Disease Control and Prevention about a health study we are doing in your state. During a recent phone interview you indicated that you would be able to complete the follow-up interview at this time.

## Section 2: Informed Consent

### INFORMED CONSENT

Before we continue, I'd like you to know that this survey is authorized by the U.S. Public Health Service Act

You were selected to participate in this study about asthma because of your responses to questions in a prior survey.

[If "yes" to lifetime and "no" to still in Core BRFSS survey, read:]

Your answers to the asthma questions during the earlier survey indicated that a doctor or other health professional told you that you had asthma sometime in your life, but you do not have it now. Is that correct?

**(IF YES, READ:) (IF NO, Go to REPEAT (2.0))**

Since you no longer have asthma, your interview will be very brief (about 5 minutes). You may choose not to answer any question you don't want to answer or stop at any time. In order to evaluate my performance, my supervisor may listen as I ask the questions. I'd like to continue now unless you have any questions. [Go to section 3]

[If "yes" to lifetime and "yes" to still in Core BRFSS survey, read:]

Your answers to the asthma questions in the earlier survey indicated that that a doctor or other health professional told you that you had asthma sometime in your life, and that you still have asthma. Is that correct?

**(IF YES, READ:) (IF NO, Go to REPEAT (2.0))**

Since you have asthma now, your interview will last about 15 minutes. You may choose not to answer any question you don't want to answer or stop at any time. In order to evaluate my performance, my supervisor may listen as I ask the questions. I'd like to continue now unless you have any questions. [Go to section 3]

#### **REPEAT (2.0)**

**(Respondent did not agree with previously BRFSS recorded asthma status so double check if correct person from core survey is on phone.)**

Ask:

Is this {sample person's name} and are you {sample person's age} years old?

1. Yes [continue to EVER\_ASTH (2.1)]
2. No
  - a. Correct person is available and can come to phone [return to question 1.1]
  - b. Correct person is not available [return to question 1.3 to set call date/time]
  - c. Correct person unknown, interview ends [disposition code 306 is assigned]

**EVER\_ASTH (2.1) I would like to repeat the questions from the previous survey now to make sure you qualify for this study.**

**Have you ever been told by a doctor or other health professional that you have asthma?**

- (1) YES
- (2) NO [Go to TERMINATE]
  
- (7) DON'T KNOW [Go to TERMINATE]
- (9) REFUSED [Go to TERMINATE]

**CUR\_ASTH (2.2) Do you still have asthma?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**READ: You do qualify for this study, I'd like to continue unless you have any questions.**

You may choose not to answer any question you don't want to answer or stop at any time. In order to evaluate my performance, my supervisor may listen as I ask the questions

**[If YES to 2.2 read:]**

Since you have asthma now, your interview will last about 15 minutes. **[Go to section 3]**

**[If NO to 2.2 read:]**

Since you do not have asthma now, your interview will last about 5 minutes. **[Go to section 3]**

**[If Don't know or refused to 2.2 read:]**

Since you are not sure if you have asthma now, your interview will probably last about 10 minutes. **[Go to section 3]**

**Some states may require the following section before going to section 3:**

**READ: Some of the information that you shared with us when we called you before could be useful in this study.**

**PERMISS (2.3) May we combine your answers to this survey with your answers from the survey you did a few weeks ago?**

- (1) YES (Skip to Section 3)
- (2) NO (GO TO TERMINATE)
  
- (7) DON'T KNOW (GO TO TERMINATE)
- (9) REFUSED (GO TO TERMINATE)

**TERMINATE:**

**Upon survey termination, READ:**

**Those are all the questions I have. I'd like to thank you on behalf of the {STATE NAME} Health Department and the Centers for Disease Control and Prevention for answering these questions. If you have any questions about this survey, you may call my supervisor toll-free at 1 – xxx-xxx-xxxx. If you have questions about your rights as a survey participant, you may call the chairman of the Institutional Review Board at 1-800-xxx-xxxx. Thanks again. Goodbye**

**Section 3. Recent History**

**AGEDX (3.1)**

**How old were you when you were first told by a doctor or other health professional that you had asthma?**

\_\_\_\_\_(ENTER AGE IN YEARS)

- (777) DON'T KNOW
- (888) under one year old
- (999) REFUSED

**INCIDENT (3.2)**

**How long ago was that? Was it .." READ CATEGORIES**

- (1) Within the past 12 months
- (2) 1-5 years ago
- (3) more than 5 years ago
  
- (7) DON'T KNOW
- (9) REFUSED

**LAST\_MD (3.3)**

**How long has it been since you last talked to a doctor or other health professional about your asthma? This could have been in your doctor's office, the hospital, an emergency room or urgent care center.**

**[INTERVIEWER: READ RESPONSE OPTIONS IF NECESSARY]  
[INTERVIEWER: OTHER PROFESSIONAL INCLUDES HOME NURSE]**

- (88) NEVER
- (04) WITHIN THE PAST YEAR
- (05) 1 YEAR TO LESS THAN 3 YEARS AGO
- (06) 3 YEARS TO 5 YEARS AGO
- (07) MORE THAN 5 YEARS AGO
  
- (77) DON'T KNOW
- (99) REFUSED

**LAST\_MED (3.4)**

**How long has it been since you last took asthma medication?**

**[INTERVIEWER: READ RESPONSE OPTIONS IF NECESSARY]**

- (88) NEVER
- (01) LESS THAN ONE DAY AGO
- (02) 1-6 DAYS AGO
- (03) 1 WEEK TO LESS THAN 3 MONTHS AGO
- (04) 3 MONTHS TO LESS THAN 1 YEAR AGO
- (05) 1 YEAR TO LESS THAN 3 YEARS AGO
- (06) 3 YEARS TO 5 YEARS AGO
- (07) MORE THAN 5 YEARS AGO
  
- (77) DON'T KNOW
- (99) REFUSED

**INTRODUCTION FOR LASTSYMP:**

**READ:** Symptoms of asthma include coughing, wheezing, shortness of breath, chest tightness or phlegm production when **you do not** have a cold or respiratory infection.

**LASTSYMP (3.5)**

**How long has it been since you last had any symptoms of asthma?  
[INTERVIEWER: READ RESPONSE OPTIONS IF NECESSARY]**

- (88) NEVER
- (01) LESS THAN ONE DAY AGO
- (02) 1-6 DAYS AGO
- (03) 1 WEEK TO LESS THAN 3 MONTHS AGO
- (04) 3 MONTHS TO LESS THAN 1 YEAR AGO
- (05) 1 YEAR TO LESS THAN 3 YEARS AGO
- (06) 3 YEARS TO 5 YEARS AGO
- (07) MORE THAN 5 YEARS AGO
  
- (77) DON'T KNOW
- (99) REFUSED

**Section 4. History of Asthma (Symptoms & Episodes in past year)**

[SKIP: If the response to last symptoms (LASTSYMP, question 3.5) was 3 months to 1 year ago, then the respondent skips to episode introduction (EPIS\_INT between question 4.4 and 4.5).]

[SKIP: If the response to last symptoms (LASTSYMP) was 1-5+ years ago or “never,” then the respondent skips to Section 5.]

[CONTINUE: If the response to last symptoms (LASTSYMP) was within the past 3 months, “Don’t know” or “Refused” then the respondent continues.]

**SYMP\_30D (4.1) During the past 30 days, on how many days did you have any symptoms of asthma?**

\_\_ \_\_ DAYS

[1-29, 77, 99] [SKIP TO 4.3 ASLEEP30]

(88) NO SYMPTOMS IN THE PAST 30 DAYS [SKIP TO EPIS\_INT]  
(30) EVERY DAY [CONTINUE]

(77) DON’T KNOW [SKIP TO 4.3 ASLEEP30]  
(99) REFUSED [SKIP TO 4.3 ASLEEP30]

**DUR\_30D (4.2) Do you have symptoms all the time? “All the time” means symptoms that continue throughout the day. It does not mean symptoms for a little while each day.**

(1) YES  
(2) NO

(7) DON’T KNOW  
(9) REFUSED

**ASLEEP30 (4.3) During the past 30 days, on how many days did symptoms of asthma make it difficult for you to stay asleep?**

\_\_ \_\_ DAYS/NIGHTS

(88) NONE  
(30) EVERY DAY (Added 1/24/08)

(77) DON’T KNOW  
(99) REFUSED

**SYMPFREE (4.4)**

**During the past two weeks, on how many days were you completely symptom-free, that is no coughing, wheezing, or other symptoms of asthma?**

\_\_\_ \_\_\_ Number of days

(88) NONE

(77) DON'T KNOW

(99) REFUSED

[**RESUME:** If the response to last symptoms (question 3.5) was 3 months to 1 year ago (LASTSYMP = 4) respondent resumes interview here.]

[**CONTINUE:** If the response to last symptoms was within the past 3 months, don't know or refused (LASTSYMP = 1, 2, 3, 77, or 99), respondent continues. (Respondents with no symptoms in the past year were skipped to section 5.)]

**EPIS\_INT**

**READ: Asthma attacks, sometimes called episodes, refer to periods of worsening asthma symptoms that make you limit your activity more than you usually do, or make you seek medical care.**

**EPIS\_12M (4.5)**

**During the past 12 months, have you had an episode of asthma or an asthma attack?**

(1) YES

(2) NO

[SKIP TO INS1 (section 5)]

(7) DON'T KNOW

[SKIP TO INS1 (section 5)]

(9) REFUSED

[SKIP TO INS1 (section 5)]

**EPIS\_TP (4.6)**

**During the past three months, how many asthma episodes or attacks have you had?**

\_\_\_ \_\_\_ \_\_\_

(888) NONE

(777) DON'T KNOW

(999) REFUSED

**DUR\_ASTH (4.7)**

**How long did your MOST RECENT asthma episode or attack last?**

1\_\_ Minutes

2\_\_ Hours

3\_\_ Days

4\_\_ Weeks

5 5 5 Never

7 7 7 Don't know / Not sure

9 9 9 Refused

**COMPASTH (4.8)**

**Compared with other episodes or attacks, was this most recent attack shorter, longer, or about the same?**

- (1) SHORTER
- (2) LONGER
- (3) ABOUT THE SAME
- (4) THE MOST RECENT ATTACK WAS ACTUALLY THE FIRST  
ATTACK
  
- (7) DON'T KNOW
- (9) REFUSED

**Section 5. Health Care Utilization**

[RESUME: All respondents continue the interview here.]

**INS1 (5.01) Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare or Medicaid?**

- |                |                    |
|----------------|--------------------|
| (1) YES        | [continue]         |
| (2) NO         | [SKIP TO NER_TIME] |
| (7) DON'T KNOW | [SKIP TO NER_TIME] |
| (9) REFUSED    | [SKIP TO NER_TIME] |

**INS2 (5.02) During the past 12 months was there any time that you did not have any health insurance or coverage?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

[SKIP: If the respondent does not currently have asthma (responded “no,” “don’t know” or “refused” to the ACBS question CUR\_ASTH, if asked, or if not asked, to the BRFSS core question “do you still have asthma?”) and has not seen a doctor (LAST\_MD), has not had asthma symptoms (LASTSYMP) and has not taken asthma medication (LAST\_MED) in the past year, the respondent skips to section 6.]

[SKIP: If the respondent does not currently have asthma (responded “no,” “don’t know” or “refused” to the ACBS question CUR\_ASTH, if asked, or if not asked, to the BRFSS core question “do you still have asthma?”) and has not seen a doctor (LAST\_MD) in the past year but has had symptoms (LASTSYMP) or taken medication (LAST\_MED) in the past year, the respondent skips to question 5.8A MISS\_DAY.

[CONTINUE: If the respondent does not currently have asthma (responded “no,” “don’t know” or “refused” to ACBS question CUR\_ASTH, if asked, or if not asked, to the BRFSS core question “do you still have asthma?”) and has had asthma symptoms (LASTSYMP) or taken asthma medication (LAST\_MED) in the past year, the respondent continues with section 5, question 5.1 NER\_TIME.

[SKIP: If the respondent currently has asthma (responded “yes” to the ACBS question CUR\_ASTH if asked, or if not asked, to the BRFSS core question “do you still have asthma?”) but has not seen a doctor (LAST\_MD) in the past year the respondent skips to question 5.8A MISS\_DAY.]

[CONTINUE: If the respondent currently has asthma (responded “yes” to the ACBS question CUR\_ASTH if asked, or if not asked, to the BRFSS core question “do you still have asthma?”) and has seen a doctor in the past year, the respondent continues with section 5 question 5.1 NER\_TIME .

NER\_TIME (5.1)

**During the past 12 months how many times did you see a doctor or other health professional for a routine checkup for your asthma?**

\_\_ \_\_ \_\_ ENTER NUMBER

(888) NONE

(777) DON'T KNOW

(999) REFUSED

ER\_VISIT (5.2)

**An urgent care center treats people with illnesses or injuries that must be addressed immediately and cannot wait for a regular medical appointment. During the past 12 months, have you had to visit an emergency room or urgent care center because of your asthma?**

(1) YES

(2) NO

[SKIP TO URG\_TIME]

(7) DON'T KNOW

(9) REFUSED

[SKIP TO URG\_TIME]

[SKIP TO URG\_TIME]

ER\_TIMES (5.3)

**During the past 12 months, how many times did you visit an emergency room or urgent care center because of your asthma?**

\_\_ \_\_ \_\_ ENTER NUMBER

(888) NONE (Skip back to 5.2)

(777) DON'T KNOW

(999) REFUSED

**[HELP SCREEN: An urgent care center treats people with illnesses or injuries that must be addressed immediately and cannot wait for a regular medical appointment.]**

URG\_TIME (5.4)

**[IF ONE OR MORE ER VISITS (ER\_TIMES (5.3)) INSERT "Besides those emergency room or urgent care center visits,"]**

**During the past 12 months, how many times did you see a doctor or other health professional for urgent treatment of worsening asthma symptoms or for an asthma episode or attack?**

\_\_ \_\_ \_\_ ENTER NUMBER

(888) NONE

(777) DON'T KNOW

(999) REFUSED

**[HELP SCREEN: An urgent care center treats people with illnesses or injuries that must be addressed immediately and cannot wait for a regular medical appointment.]**

**[SKIP:** If the response to LASTSYMP is never or more than one year ago, then respondent skips to MISS\_DAY. Respondents who have not had symptoms in the past year skip the questions on hospital stays.]

**HOSP\_VST (5.5) During the past 12 months, that is since [1 YEAR AGO TODAY], have you had to stay overnight in a hospital because of your asthma? Do not include an overnight stay in the emergency room.**

- (1) YES
- (2) NO [SKIP TO MISS\_DAY]
- (7) DON'T KNOW [SKIP TO MISS\_DAY]
- (9) REFUSED [SKIP TO MISS\_DAY]

**HOSPTIME (5.6A) During the past 12 months, how many different times did you stay in any hospital overnight or longer because of your asthma?**

- \_\_ \_\_ \_\_ TIMES
- (777) DON'T KNOW
  - (999) REFUSED

**HOSPPLAN (5.7) The last time you left the hospital, did a health professional TALK with you about how to prevent serious attacks in the future?**

- (1) YES
- (2) NO
- (7) DON'T KNOW
- (9) REFUSED

**[HELP SCREEN: Health professional includes doctors, nurses, physician assistants, nurse practitioners, and health educators. This should not be coded yes if the respondent only received a pamphlet or instructions to view a website or video since the question clearly states "talk with you". ]**

**[RESUME:** Respondents who have not seen an MD in the past year but have had symptoms resume the interview here]

**MISS\_DAY (5.8A) During the past 12 months, how many days were you unable to work or carry out your usual activities because of your asthma?**

**[INTERVIEWER: If response is, "I don't work", emphasize USUAL ACTIVITIES"]**

- \_\_ \_\_ \_\_ ENTER NUMBER DAYS
- (888) ZERO
  - (777) DON'T KNOW
  - (999) REFUSED

**ACT\_DAYS (5.9)**

**During the past 12 months, would you say you limited your usual activities due to asthma not at all, a little, a moderate amount, or a lot?**

- (1) NOT AT ALL
- (2) A LITTLE
- (3) A MODERATE AMOUNT
- (4) A LOT
  
- (7) DON'T KNOW
- (9) REFUSED

**Section 6. Knowledge of Asthma/Management Plan**

[RESUME: All respondents continue the interview here.]

**TCH\_SIGN (6.1) Has a doctor or other health professional ever taught you...**

**a. How to recognize early signs or symptoms of an asthma episode?**

**[HELP SCREEN: Health professional includes doctors, nurses, physician assistants, nurse practitioners, and health educators]**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**TCH\_RESP (6.2) Has a doctor or other health professional ever taught you...**

**b. What to do during an asthma episode or attack?**

**[HELP SCREEN: Health professional includes doctors, nurses, physician assistants, nurse practitioners, and health educators]**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**TCH\_MON (6.3) A peak flow meter is a hand held device that measures how quickly you can blow air out of your lungs. Has a doctor or other health professional ever taught you...**

**c. How to use a peak flow meter to adjust your daily medications?**

**[HELP SCREEN: Health professional includes doctors, nurses, physician assistants, nurse practitioners, and health educators]**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**MGT\_PLAN (6.4)**

**An asthma action plan, or asthma management plan, is a form with instructions about when to change the amount or type of medicine, when to call the doctor for advice, and when to go to the emergency room.**

**Has a doctor or other health professional EVER given you an asthma action plan?**

**[HELP SCREEN: Health professional includes doctors, nurses, physician assistants, nurse practitioners, and health educators]**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**MGT\_CLAS (6.5)**

**Have you ever taken a course or class on how to manage your asthma?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

## Section 7. Modifications to Environment

[All respondents continue the interview.]

**HH\_INT**            **READ: The following questions are about your household and living environment. I will be asking about various things that may be related to experiencing symptoms of asthma.**

**AIRCLEANER (7.1)**    **An air cleaner or air purifier can filter out pollutants like dust, pollen, mold and chemicals. It can be attached to the furnace or free standing. It is not, however, the same as a normal furnace filter.**

**Is an air cleaner or purifier regularly used inside your home?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**DEHUMID (7.2)**      **A dehumidifier is a small, portable appliance which removes moisture from the air.**

**Is a dehumidifier regularly used to reduce moisture inside your home?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**KITC\_FAN (7.3)**      **Is an exhaust fan that vents to the outside used regularly when cooking in your kitchen?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**COOK\_GAS (7.4)**      **Is gas used for cooking?**

- (1) Yes
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED



**WOOD\_STOVE (7.10) Is a wood burning fireplace or wood burning stove used in your home?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**[HELP SCREEN: OCCASIONAL USE SHOULD BE CODED AS "YES".]**

**GAS\_STOVE (7.11) Are unvented gas logs, unvented gas fireplaces, or unvented gas stoves used in your home?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**[HELP SCREEN: "Unvented" means no chimney or the chimney flue is kept closed during operation.]**

**S\_INSIDE (7.12) In the past week, has anyone smoked inside your home?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**[HELP SCREEN: "The intent of this question is to measure smoke resulting from tobacco products (cigarettes, cigars, pipes) or illicit drugs (cannabis, marijuana) delivered by smoking (inhaling intentionally). Do not include things like smoke from incense, candles, or fireplaces, etc."]**

**MOD\_ENV (7.13) INTERVIEWER READ: Now, back to questions specifically about you.**

**Has a health professional ever advised you to change things in your home, school, or work to improve your asthma?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**[HELP SCREEN: Health professional includes doctors, nurses, physician assistants, nurse practitioners, and health educators]**

**MATTRESS (7.14)**

**Do you use a mattress cover that is made especially for controlling dust mites?**

**[INTERVIEWER: If needed: This does not include normal mattress covers used for padding or sanitation (wetting). These covers are for the purpose of controlling allergens (like dust mites) from inhabiting the mattress. They are made of special fabric, entirely enclose the mattress, and have zippers.]**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**E\_PILLOW (7.15)**

**Do you use a pillow cover that is made especially for controlling dust mites?**

**[INTERVIEWER: If needed: This does not include normal pillow covers used for fabric protection. These covers are for the purpose of controlling allergens (like dust mites) from inhabiting the pillow. They are made of special fabric, entirely enclose the pillow, and have zippers.]**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**CARPET (7.16)**

**Do you have carpeting or rugs in your bedroom? This does not include throw rugs small enough to be laundered.**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**HOTWATER (7.17)**

**Are your sheets and pillowcases washed in cold, warm, or hot water?**

- (1) COLD
- (2) WARM
- (3) HOT
  
- DO NOT READ**
- (4) VARIES
  
- (7) DON'T KNOW
- (9) REFUSED

**BATH\_FAN (7.18)**

**In your bathroom, do you regularly use an exhaust fan that vents to the outside?**

- (1) YES
- (2) NO OR "NO FAN"
  
- (7) DON'T KNOW
- (9) REFUSED

**[HELP SCREEN: IF RESPONDENT INDICATES THEY HAVE MORE THAN ONE BATHROOM, THIS QUESTION REFERS TO THE BATHROOM THEY USE MOST FREQUENTLY FOR SHOWERING AND BATHING.]**

## Section 8. Medications

[SKIP: If respondent has never taken asthma medication (LAST\_MED = 88 NEVER), respondent skips to Section 9]

**OTC (8.1)**                    **The next set of questions is about medications for asthma. The first few questions are very general, but later questions are very specific to your medication use.**

**Over-the-counter medication can be bought without a doctor's order. Have you ever used over-the-counter medication for your asthma?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**INHALERE (8.2)**            **Have you ever used a prescription inhaler?**

- (1) YES
- (2) NO                            **[SKIP TO SCR\_MED1]**
  
- (7) DON'T KNOW            **[SKIP TO SCR\_MED1]**
- (9) REFUSED                 **[SKIP TO SCR\_MED1]**

**INHALERH (8.3)**           **Did a doctor or other health professional show you how to use the inhaler?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**[HELP SCREEN: Health professional includes doctors, nurses, physician assistants, nurse practitioners, and health educators]**

**INHALERW (8.4)**           **Did a doctor or other health professional watch you use the inhaler?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED



	<b>Medication</b>	<b>Pronunciation</b>
01	Advair (+ A. Diskus)	ăd-vâr (or add-vair)
02	Aerobid	â-rō'bīd (or air-row-bid)
03	<u>Albuterol</u> (+ A. sulfate or salbutamol)	ăl'-bu'ter-ōl (or al-BYOO-ter-ole) sāl-byū'tə-môl'
04	Alupent	al-u-pent
40	Asmanex (twisthaler)	as-muh-neks twist-hey-ler
05	Atrovent	At-ro-vent
06	Azmacort	az-ma-cort
07	<u>Beclomethasone dipropionate</u>	bek"lo-meth'ah-son dī' pro'pe-o-nāt (or be-kloe-meth-a-son)
08	Beclovent	be' klo-vent" (or be-klo-vent)
09	<u>Bitolterol</u>	bi-tōl'ter-ōl (or bye-tole-ter-ole)
10	Brethaire	breth-air
11	<u>Budesonide</u>	byoo-des-oh-nide
12	Combivent	com-bi-vent
13	<u>Cromolyn</u>	kro'mō-lin (or KROE-moe-lin)
14	Flovent	flow-vent
15	Flovent Rotadisk	flow-vent row-ta-disk
16	<u>Flunisolide</u>	floo-nis'o-līd (or floo-NISS-oh-lide)
17	<u>Fluticasone</u>	flue-TICK-uh-zone
34	Foradil	<i>FOUR-a-dil</i>
35	<u>Formoterol</u>	for moh' te rol
18	Intal	in-tel
19	<u>Ipratropium Bromide</u>	īp-rah-tro'pe-um bro'mīd (or ip-ra-TROE-pee-um)
37	<u>Levalbuterol tartrate</u>	lev-al-BYOU-ter-ohl
20	Maxair	māk-sâr
21	<u>Metaproteronol</u>	met"ah-pro-ter'ē-nōl (or met-a-proe-TER-e-nole)
39	<u>Mometasone furoate</u>	moe-MET-a-son
22	<u>Nedocromil</u>	ne-DOK-roe-mil
23	<u>Pirbuterol</u>	pēr-bu'ter-ōl (or peer-BYOO-ter-ole)
41	Pro-Air HFA	proh-air HFA
24	Proventil	pro"ven-til' (or pro-vent-il)
25	Pulmicort Turbuhaler	pul-ma-cort tur-bo-hail-er
36	QVAR	q -vâr (or q-vair)
03	<u>Salbutamol</u> (or Albuterol)	sāl-byū'tə-môl'
26	<u>Salmeterol</u>	sal-ME-te-role
27	Serevent	Sair-a-vent
42	Symbicort	sim-buh-kohrt
28	<u>Terbutaline</u> (+ T. sulfate)	ter-bu'tah-lēn (or ter-BYOO-ta-leen)
29	Tilade	tie-laid
30	Tornalate	tor-na-late
31	<u>Triamcinolone acetonide</u>	tri"am-sin'o-lōn as"ē-tō-nīd' (or trye-am-SIN-oh-lone)
32	Vanceril	van-sir-il
33	Ventolin	vent-o-lin
38	Xopenex HFA	<i>ZOH-pen-ecks</i>
66	Other, Please Specify	[SKIP TO OTH_I1]

[IF RESPONDENT SELECTS ANY ANSWER <66, SKIP TO ILP01]

- |                               |                 |
|-------------------------------|-----------------|
| (88) NO PRESCRIPTION INHALERS | [SKIP TO PILLS] |
| (77) DON'T KNOW               | [SKIP TO PILLS] |
| (99) REFUSED                  | [SKIP TO PILLS] |

**OTH\_I1 (8.10) ENTER OTHER MEDICATION FROM (8.9) IN TEXT FIELD  
IF MORE THAN ONE MEDICATION IS GIVEN, ENTER ALL MEDICATIONS  
ON ONE LINE.**

[NOTE: QUESTIONS ILP01 THRU ILP10 ARE ADMINISTERED FOR UP TO EIGHT INHALED MEDICATIONS REPORTED IN INH\_MEDS, BUT NOT FOR 66 (OTHER). THE SPECIFIC MEDICATION NAME IS REFERRED TO IN EACH QUESTION, ILP01 THROUGH ILP10]

[SKIP: IF THE MEDICATION FROM THE INH\_MEDS SERIES IS 03, 04, 21, 24, OR 33 ASK ILP01 OTHERWISE SKIP TO ILP02]

**ILP01 (8.11) Are there 80, 100, or 200 puffs in the [MEDICINE FROM INH\_MEDS SERIES] inhaler that you use?**

[INTERVIEWER: A puff is a single inhalation or a single dose. Inhalers sometimes say "100 metered doses". Instructions are to use 2-3 inhalations (doses, puffs) each time. The 80 puff canister may say 6.8 g. The 100 puff canister may say 9 g and the 200 puff canister may say 17 g. or 18 g. depending on the brand being used. If it says 90 mcg (micrograms) it is referring to the individual puff, not the size of the canister.]

- (1) 80 PUFFS
- (2) 100 PUFFS
- (3) 200 PUFFS
- (4) Other number of puffs
- (5) USED DIFFERENT SIZES OF THIS MEDICATION IN PAST 3 MONTHS
- (7) DON'T KNOW
- (9) REFUSED

**ILP02 (8.12) How long have you been taking [MEDICINE FROM INH\_MEDS SERIES]? Would you say less than 6 months, 6 months to 1 year, or longer than 1 year?**

- (1) Less than 6 months
- (2) 6 months to 1 year
- (3) Longer than 1 year
- (7) DON'T KNOW
- (9) REFUSED

[SKIP: IF [MEDICINE FROM INH\_MEDS SERIES] IS ADVAIR (01) OR FLOVENT ROTADISK (15) OR MOMETASONE FUROATE (39) OR ASMANEX (40) SKIP TO 8.14. These inhalers are not used with spacers.]

**ILP03 (8.13)**

**A spacer is a small attachment for an inhaler that makes it easier to use. Do you use a spacer with [MEDICINE FROM INH\_MEDS SERIES]?**

- (1) YES
- (2) NO
- (3) Medication is a disk inhaler not a canister inhaler
  
- (7) DON'T KNOW
- (9) REFUSED

**[HELP SCREEN: A spacer is a device that attaches to a metered dose inhaler. It holds the medicine in its chamber long enough for you to inhale it in one or two slow, deep breaths. The spacer makes it easy to take the medicines the right way.]**

**[HELP SCREEN: The response category 3 (disk not canister) is primarily intended for medications Serevent (27), Salmeterol (26) and Flovent (14) which are known to come in disk type inhalers (which do not use a spacer). However, new medications may come on the market that will need this category so it can be used for other than 14, 26, and 27.]**

**ILP04 (8.14)**

**In the past 3 months, did you take [MEDICINE FROM INH\_MEDS SERIES] when you had an asthma episode or attack?**

- (1) YES
- (2) NO
- (3) NO ATTACK IN PAST 3 MONTHS
  
- (7) DON'T KNOW
- (9) REFUSED

**ILP05 (8.15)**

**In the past 3 months, did you take [MEDICINE FROM INH\_MEDS SERIES] before exercising?**

- (1) YES
- (2) NO
- (3) DIDN'T EXERCISE IN PAST 3 MONTHS
  
- (7) DON'T KNOW
- (9) REFUSED

**ILP06 (8.16)**

**In the past 3 months, did you take [MEDICINE FROM INH\_MEDS SERIES] on a regular schedule everyday?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED



PILLS\_MD (8.21)

What prescription asthma medications do you take in pill form?

[INTERVIEWER: IF NECESSARY, ASK THE RESPONDENT TO SPELL THE NAME OF THE MEDICATION. MARK ALL THAT APPLY. PROBE: Any other prescription asthma pills?]

[Note: For the following pills the respondent can report up to five medications; each medication can only be reported once. Number 48 and 49 were added in 2008.]

	Medication	Pronunciation
01	Accolate	ac-o-late
02	Aerolate	air-o-late
03	<u>Albuterol</u>	āl'-bu'ter-ōl (or al-BYOO-ter-all)
04	Alupent	al-u-pent
49	Brethine	breth- <b>een</b>
05	Choledyl (oxtriphylline)	ko-led-il
07	Deltasone	del-ta-sone
08	Elixophyllin	e-licks-o-fil-in
11	Medrol	Med-rol
12	Metaprel	Met-a-prell
13	<u>Metaproteronol</u>	met"ah-pro-ter'ě-nōl (or met-a-proe-TER-e-nole)
14	<u>Methylprednisolone</u>	meth-ill-pred-niss-oh-lone (or meth-il-pred-NIS-oh-lone)
15	<u>Montelukast</u>	mont-e-lu-cast
17	Pediapred	Pee-dee-a-pred
18	<u>Prednisolone</u>	pred-NISS-oh-lone
19	<u>Prednisone</u>	PRED-ni-sone
21	Proventil	pro-ven-til
23	Respid	res-pid
24	Singulair	sing-u-lair
25	Slo-phyllin	slow- fil-in
26	Slo-bid	slow-bid
48	<u>Terbutaline (+ T. sulfate)</u>	ter byoo' ta leen
28	Theo-24	thee-o-24
30	Theochron	thee -o-kron
31	Theoclear	thee-o-clear
32	Theodur	thee-o-dur
33	Theo-Dur	thee-o-dur
35	<u>Theophylline</u>	thee-OFF-i-lin
37	Theospan	thee-o-span
40	T-Phyl	t-fil
42	Uniphyl	u-ni-fil
43	Ventolin	vent-o-lin
44	Volmax	vole-max
45	<u>Zafirlukast</u>	za-FIR-loo-kast
46	Zileuton	zye-loo-ton
47	Zyflo Filmtab	zye-flow <b>film</b> tab
66	Other, please specify	[SKIP TO OTH_P1]

**[IF RESPONDENT SELECTS ANY ANSWER FROM 01-49 SKIP TO PILLX]**

(88) NO PILLS [SKIP TO SYRUP]

(77) DON'T KNOW [SKIP TO SYRUP]

(99) REFUSED [SKIP TO SYRUP]

**OTH\_P1**

**ENTER OTHER MEDICATION IN TEXT FIELD  
IF MORE THAN ONE MEDICATION IS GIVEN, ENTER ALL  
MEDICATIONS ON ONE LINE.**

[QUESTION PILLX IS ADMINISTERED FOR UP TO FIVE PILLS 01-49 REPORTED IN PILLS\_MD, BUT NOT FOR 66 (OTHER). THE REPORTED MEDICINE NAME FROM PILLS\_MD SERIES IS INSERTED INTO PILLX]

**PILLX (8.22)**

**How long have you been taking [MEDICATION LISTED IN PILLS\_MD]?  
Would you say less than 6 months, 6 months to 1 year, or longer than 1  
year?**

(1) Less than 6 months

(2) 6 months to 1 year

(3) Longer than 1 year

(7) DON'T KNOW

(9) REFUSED

**SYRUP (8.23)**

**In the past 3 months, have you taken any prescription asthma medication in  
syrup form?**

(1) YES

(2) NO [SKIP TO NEB\_SCR]

(7) DON'T KNOW [SKIP TO NEB\_SCR]

(9) REFUSED [SKIP TO NEB\_SCR]

SYRUP\_ID (8.24)

What prescription asthma medications have you taken as a syrup?

[INTERVIEWER: IF NECESSARY, ASK THE RESPONDENT TO SPELL THE NAME OF THE MEDICATION. MARK ALL THAT APPLY. PROBE: Any other prescription syrup medications for asthma?]

[For the following syrups the respondent can report up to four medications; each medication can only be reported once.]

	Medication	Pronunciation
01	Aerolate	air-o-late
02	<u>Albuterol</u>	ăl'-bu'ter-ōl (or al-BYOO-ter-ole)
03	Alupent	al-u-pent
04	<u>Metaproteronol</u>	met"ah-pro-ter'ě-nōl (or met-a-proe-TER-e-nole)
05	<u>Prednisolone</u>	pred-NISS-oh-lone
06	Prelone	pre-loan
07	Proventil	Pro-ven-til
08	Slo-Phyllin	slow-fil-in
09	<u>Theophyllin</u>	thee-OFF-i-lin
10	Ventolin	vent-o-lin
66	Other, Please Specify:	[SKIP TO OTH_S1]

- (88) NO SYRUPS [SKIP TO NEB\_SCR]
- (77) DON'T KNOW [SKIP TO NEB\_SCR]
- (99) REFUSED [SKIP TO NEB\_SCR]

OTH\_S1

ENTER OTHER MEDICATION.  
IF MORE THAN ONE MEDICATION IS GIVEN, ENTER ALL MEDICATIONS ON ONE LINE.

NEB\_SCR (8. 25)

Read: A nebulizer is a small machine with a tube and facemask or mouthpiece that you breathe through continuously. In the past 3 months, were any of your prescription asthma medicines used with a nebulizer?

- (1) YES
- (2) NO [SKIP TO Section 9]
- (7) DON'T KNOW [SKIP TO Section 9]
- (9) REFUSED [SKIP TO Section 9]

NEB\_PLC (8.26)

I am going to read a list of places where you might have used a nebulizer. Please answer yes if you have used a nebulizer in the place I mention, otherwise answer no.

In the past 3 months did you use a nebulizer...

(8.26a)

AT HOME

- (1) YES
- (2) NO
- (7) DK
- (9) REF

- (8.26b) **AT A DOCTOR'S OFFICE**  
(1) YES (2) NO (7) DK (9) REF
- (8.26c) **IN AN EMERGENCY ROOM**  
(1) YES (2) NO (7) DK (9) REF
- (8.26d) **AT WORK OR AT SCHOOL**  
(1) YES (2) NO (7) DK (9) REF
- (8.26e) **AT ANY OTHER PLACE**  
(1) YES (2) NO (7) DK (9) REF

NEB\_ID (8.27) **In the past 3 months, what prescriptions asthma medications have you taken using a nebulizer?**

**[INTERVIEWER: IF NECESSARY, ASK THE RESPONDENT TO SPELL THE NAME OF THE MEDICATION. [MARK ALL THAT APPLY. PROBE: Have you taken any other prescription asthma medications with your nebulizer in the past 3 months?]**

[For the following nebulizers the respondent can report up to five medications; each medication can only be used once.]

	<b>Medication</b>	<b>Pronunciation</b>
01	<u>Albuterol</u>	ăl'-bu'ter-ōl (or al-BYOO-ter-ole)
02	Alupent	al-u-pent
03	Atrovent	At-ro-vent
04	<u>Bitolterol</u>	bi-tōl'ter-ōl (or bye-tole-ter-ole)
05	<u>Budesonide</u>	byoo-des-oh-nide
06	<u>Cromolyn</u>	kro'mō-lin (or KROE-moe-lin)
07	DuoNeb	DUE-ow-neb
08	Intal	in-tel
09	<u>Ipratropium bromide</u>	īp-rah-tro'pe-um bro'mīd (or ip-ra-TROE-pee-um)
10	<u>Levalbuterol</u>	lev al byoo' ter ol
11	<u>Metaproteronol</u>	met"ah-pro-ter'ē-nōl (or met-a-proe-TER-e-nole)
12	Proventil	Pro-ven-til
13	Pulmicort	pul-ma-cort
14	Tornalate	tor-na-late
15	Ventolin	vent-o-lin
16	Xopenex	ZOH-pen-ecks
66	Other, Please Specify:	[SKIP TO OTH_N1]

(88) NO Nebulizers [SKIP TO Section 9]

(77) DON'T KNOW [SKIP TO Section 9]  
(99) REFUSED [SKIP TO Section 9]

OTH\_N1 **ENTER OTHER MEDICATION  
IF MORE THAN ONE MEDICATION IS GIVEN, ENTER ALL  
MEDICATIONS ON ONE LINE.**

## Section 9. Cost of Care

[**SKIP:** If the respondent does not currently have asthma (responded “no,” “don’t know” or “refused” to the ACBS question CUR\_ASTH, if asked, or if not asked, to the BRFSS core question “do you still have asthma?”) the respondent skips to section 10.]

[**CONTINUE:** If the respondent currently has asthma (responded “yes” to the ACBS question CUR\_ASTH if asked, or if not asked, to the BRFSS core question “do you still have asthma?”) then the respondent continues here.]

**ASMDCOST (9.1)** Was there a time in the past 12 months when you needed to see your primary care doctor for your asthma but could not because of the cost?

- (1) YES
- (2) NO
  
- (7) DON’T KNOW
- (9) REFUSED

**ASSPCOST (9.2)** Was there a time in the past 12 months when you were referred to a specialist for asthma care but could not go because of the cost?

- (1) YES
- (2) NO
  
- (7) DON’T KNOW
- (9) REFUSED

**ASRXCOST (9.3)** Was there a time in the past 12 months when you needed to buy medication for your asthma but could not because of the cost?

- (1) YES
- (2) NO
  
- (7) DON’T KNOW
- (9) REFUSED

**Section 10. Work Related Asthma**

[RESUME: All respondents continue the interview here.]

**EMP\_STAT (10.1)**      **Next, we are interested in things that affect asthma in the workplace. However, first I'd like to ask how you would describe your current employment status? Would you say ...**

**[INTERVIEWER: Include self employed as employed. Full time is 40+ hours.]**

- |                        |                            |
|------------------------|----------------------------|
| (1) Employed full-time | [SKIP TO WORKENV1]         |
| (2) Employed part-time | [SKIP TO WORKENV1]         |
| (3) Not employed       |                            |
| (7) DON'T KNOW         | [SKIP TO EMPL_EVER (10.3)] |
| (9) REFUSED            | [SKIP TO EMPL_EVER (10.3)] |

**UNEMP\_R (10.2)**      **What is the main reason you are not now employed?**

- (01) KEEPING HOUSE
- (02) GOING TO SCHOOL
- (03) RETIRED
- (04) DISABLED
- (05) UNABLE TO WORK FOR OTHER HEALTH REASONS
- (06) LOOKING FOR WORK
- (07) LAID OFF
- (08) OTHER
  
- (77) DON'T KNOW
- (99) REFUSED

**EMP\_EVER (10.3)**      **Have you ever been employed outside the home?**

- |                |                      |
|----------------|----------------------|
| (1) YES        | [SKIP TO WORKENV3]   |
| (2) NO         | [SKIP TO SECTION 11] |
| (7) DON'T KNOW | [SKIP TO SECTION 11] |
| (9) REFUSED    | [SKIP TO SECTION 11] |

**WORKENV1 (10.4) Was your asthma CAUSED by chemicals, smoke, fumes or dust in your CURRENT job?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**[HELP SCREEN: THE INTENT HERE IS TO INCLUDE CONDITIONS BOTH SPECIFIC TO THE JOB AND ALSO TO INCLUDE THINGS THAT HAPPEN AT WORK. FOR EXAMPLE, FLOUR DUST IN A BAKERY, AND ALSO NORMAL DUST IN AN OFFICE; FUMES FROM PAINT IN A PAINT MANUFACTURING COMPANY, AND ALSO PAINT FUMES FROM REPAINTING AN OFFICE; SMOKE FROM A MANUFACTURING PROCESS AND ALSO SMOKE FROM A COWORKER'S CIGARETTE]**

[SKIP: If the respondent does not currently have asthma (responded "no," "don't know" or "refused" to the ACBS question CUR\_ASTH, if asked, or if not asked, to the BRFSS core question "do you still have asthma?") the respondent skips over question 10.5 to question 10.6]

[CONTINUE: If the respondent currently has asthma (responded "yes" to the ACBS question CUR\_ASTH if asked, or if not asked, to the BRFSS core question "do you still have asthma?") the respondent continues with question 10.5. Question 10.5 is asked only if the respondent is currently employed and currently has asthma.]

**WORKENV2 (10.5) Is your asthma MADE WORSE by chemicals, smoke, fumes or dust in your CURRENT job?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

[SKIP: If the respondent's current job initially caused their asthma (10.4 WORKENV1=yes) respondent skips to 10.8 WORKSEN1. A previous job could not cause asthma, exacerbate asthma, or cause a job change if their current job caused it so questions 10.6, 10.7 and 10.75 on previous jobs are skipped.]

[RESUME: Formerly employed resume interview here.]

**WORKENV3 (10.6) Was your asthma CAUSED by chemicals, smoke, fumes or dust in any PREVIOUS job you ever had?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**WORKENV4 (10.7) Was your asthma MADE WORSE by chemicals, smoke, fumes or dust in any PREVIOUS job you ever had?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**[SKIP:** If a previous job did not cause the respondent's asthma (10.6 WORKENV3 is not YES) and if a previous job did not make the respondent's asthma worse (10.7 WORKENV4 is not YES) then skip question 10.75 WORKQUIT and ask 10.8 WORKSEN1.

**[CONTINUE:** If a previous job caused the respondent's asthma (10.6 WORKENV3 = YES) or if a previous job made asthma worse (10.7 WORKENV4 = YES) then ask 10.75.

**WORKQUIT (10.75) Did you ever change or quit a job because chemicals, smoke, fumes, or dust caused your asthma or made your asthma worse?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**WORKSEN1 (10.8) Were you ever told by a doctor or other health professional that your asthma was related to any job you ever had?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**WORKSEN2 (10.9) Did you ever tell a doctor or other health professional that your asthma was related to any job you ever had?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**Section 11. Comorbid Conditions**

[RESUME: All respondents continue the interview here.]

**We have just a few more questions. Besides asthma we are interested in some other medical conditions you may have.**

**COPD (11.1) Have you ever been told by a doctor or health professional that you have chronic obstructive pulmonary disease also known as COPD?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**EMPHY (11.2) Have you ever been told by a doctor or other health professional that you have emphysema?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**BRONCH (11.3) Have you ever been told by a doctor or other health professional that you have Chronic Bronchitis?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**[HELP SCREEN: Chronic Bronchitis is repeated attacks of bronchitis over a long period of time. Chronic Bronchitis is not the type of bronchitis you might get occasionally with a cold.]**

**DEPRESS (11.4) Have you ever been told by a doctor or other health professional that you were depressed?**

- (1) YES
- (2) NO
  
- (7) DON'T KNOW
- (9) REFUSED

**Section 12. Complimentary and Alternative Therapy**

[SKIP: If the respondent does not currently have asthma (responded “no,” “don’t know” or “refused” to the ACBS question CUR\_ASTH, if asked, or if not asked, to the BRFSS core question “do you still have asthma?”) the respondent skips to the end of the interview.]

[CONTINUE: If the respondent currently has asthma (responded “yes” to the ACBS question CUR\_ASTH if asked, or if not asked, to the BRFSS core question “do you still have asthma?”) then the respondent continues here.]

**READ:** Sometimes people use methods other than prescription medications to help treat or control their asthma. These methods are called non-traditional, complementary, or alternative health care. I am going to read a list of these alternative methods. For each one I mention, please answer “yes” if you have used it to control your own asthma in the past 12 months. Answer “no” if you have not used it in the past 12 months.

**In the past 12 months, have you used ... to control your asthma?**  
**[INTERVIEWER: repeat prior phrasing as needed]**

CAM_HERB (12.1)	herbs	(1) YES	(2) NO	(7) DK	(9) REF
CAM_VITA (12.2)	vitamins	(1) YES	(2) NO	(7) DK	(9) REF
CAM_PUNC (12.3)	acupuncture	(1) YES	(2) NO	(7) DK	(9) REF
CAM_PRES (12.4)	acupressure	(1) YES	(2) NO	(7) DK	(9) REF
CAM_AROM (12.5)	aromatherapy	(1) YES	(2) NO	(7) DK	(9) REF
CAM_HOME (12.6)	homeopathy	(1) YES	(2) NO	(7) DK	(9) REF
CAM_REFL (12.7)	reflexology	(1) YES	(2) NO	(7) DK	(9) REF
CAM_YOGA (12.8)	yoga	(1) YES	(2) NO	(7) DK	(9) REF
CAM_BR (12.9)	breathing techniques	(1) YES	(2) NO	(7) DK	(9) REF
CAM_NATR (12.10)	naturopathy	(1) YES	(2) NO	(7) DK	(9) REF

**[INTERVIEWER: If respondent does not recognize the term “naturopathy” the response should be no”]**

**[HELP SCREEN: Naturopathy (nay-chur-o-PATH-ee) is an alternative treatment based on the principle that there is a healing power in the body that establishes, maintains, and restores health. Naturopaths prescribe treatments such as nutrition and lifestyle counseling, dietary supplements, medicinal plants, exercise, homeopathy, and treatments from traditional Chinese medicine.]**

**CAM\_OTHR (12.11) Besides the types I have just asked about, have you used any other type of alternative care for your asthma in the past 12 months?**

- (1) YES
- (2) NO [SKIP TO CWEND]
  
- (7) DON'T KNOW [SKIP TO CWEND]
- (9) REFUSED [SKIP TO CWEND]

**CAM\_TEXT (12.13) What else have you used?**

**ENTER OTHER ALTERNATIVE MEDICINE IN TEXT FIELD  
IF MORE THAN ONE IS GIVEN, ENTER ALL MEDICATIONS ON  
ONE LINE.**

**CWEND**

**Those are all the questions I have. I'd like to thank you on behalf of the {STATE NAME} Health Department and the Centers for Disease Control and Prevention for the time and effort you've spent answering these questions. If you have any questions about this survey, you may call my supervisor toll-free at 1 – xxx-xxx-xxxx. If you have questions about your rights as a survey participant, you may call the chairman of the Institutional Review Board at 1-800-xxx-xxxx. Thanks again.**