



Project FIRST

Dear Panel Member:

I have enclosed a special questionnaire for the Project FIRST panel. As part of Project FIRST, the Food and Drug Administration (FDA) would like to learn more about what new mothers eat. Some of you may recall receiving this questionnaire while you were pregnant. I thank you for your participation and am asking you to complete this questionnaire again so the FDA can learn about your eating habits at the two different time periods. If you have not received this questionnaire before, I would like to thank you for your participation in Project FIRST and I look forward to receiving your responses.

This questionnaire, called the Diet History Questionnaire, asks you about the foods you have eaten in the past month. I think you will find it easy to answer since most questions ask you to simply check a box. There are no right or wrong answers. It will take about an hour to complete. Because the Diet History Questionnaire will take longer than the other questionnaires for Project FIRST, I will send you a gift of \$10 as a token of my appreciation when I receive it. Please return it to me as soon as possible so I can send you your \$10 gift!

Cordially,



Marie Brighton