

DNPAO mPINC Ten Steps Assessment Tool Overview Video Transcript

This video will provide an overview of the mPINC Ten Steps Assessment Tool. This video and tool are intended for state and local health departments, hospitals, breastfeeding coalitions, and institutions and organizations working with hospitals on quality improvement in maternity care. The World Health Organization and UNICEF's Ten Steps to Successful Breastfeeding, often known simply as the Ten Steps, is a set of evidence-based maternity care practices and policies that support breastfeeding.

CDC's Maternity Practices in Infant Nutrition and Care survey, or mPINC survey, is a national survey that examines maternity care practices and policies across birthing hospitals in the United States.

About every other year, hospitals routinely providing maternity care across the United States and territories are invited to participate in the survey. Following completion of the survey, CDC calculates a total mPINC score and subscores for each participating hospital to indicate the hospital's overall level of maternity care practices and policies that support optimal infant feeding.

The mPINC Ten Steps Assessment Tool helps to assess a hospital's implementation of each of the Ten Steps using data from CDC's mPINC survey. The tool identifies which items from the mPINC survey align with each of the Ten Steps and is available in multiple formats to best suit each user's needs.

Once the assessment tool has been completed, results can be used to help assess a hospital's implementation of each of the Ten Steps. Alignment with each Step can be assessed by noting how often the hospital selected the ideal response for the corresponding mPINC items. Findings can be used to identify gaps, celebrate achievements, plan for improvement, and bring together partners to prioritize next steps.

Please note that this tool does not correspond to or replace Baby-Friendly USA's on-site assessments or Baby-Friendly designation.

For any questions or comments on this tool, please contact us at mPINC@cdc.gov.

Be sure to also watch our mPINC Ten Steps Assessment Tool Demonstration video for a step-by-step explanation of how to identify and enter data into the tool.