

CHACHAJI AWIB' CHI UWACH LE YAB'IL AVIAR H5N1

Chachupu uwach ri Chakub'al rech Uchajixik Ib' qas utz ub'anik

Jas rajawaxik kaweta'maj nab'e mojq'qa kinwesaj ri personal protective equipment (PPE)
[Chakub'al rech Uchajixik Ib']

- Chawesaj ri PPE [Chakub'al rech Uchajixik Ib'] mojq'qa katok pa apachike saq k'olib'al, chi'l taq le eleb'al, k'olib'al rech uxlanem xuquje' ri chak rech rilik taq wuj
- Chak'olo le PPE [Chakub'al rech Uchajixik Ib'] utz kakoj chi jumul chech uch'ajik xuquje' relesaxik apachike yab'il chech xuquje' chak'aqa b'l le PPE [Chakub'al rech Uchajixik Ib'] kak'aq b'ik ruk' utaqanik le a ya'ol chak

Chawesaj le PPE [Chakub'al rech Uchajixik Ib'] jewa' ucholajil:

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| 1. Chawesaj le tasb'al q'ab'aj ri kakoj chi uwach uwaq'ij rech chak, we akojom |  | 7. Chawesaj le ch'uqb'al wachaj, we akojom |  |
| 2. Chamub'a' le atz'iyag rech uwaq'ij (ch'uqb'al b'otax o b'otax xuquje' utasb'al uwach awa') |  | 8. Chawesaj le ch'uqb'al jolomaj o ch'uqb'al wi'aj |  |
| 3. Chawesaj le to'b'al jolomaj, we akojom |  | 9. Chawesaj le ch'uqb'al b'aq'wachaj |  |
| 4. Chawesaj le ch'uqb'al uwach awa' man kach'aqi' taj, we akojom |  | 10. Chawesaj le jek'b'al uxlab' |  |
| 5. Chawesaj le ch'uqb'al b'otax o b'otax |  | 11. Chawesaj ri tasb'al q'ab'aj ri kak'aq b'ik |  |
| 6. Chawesaj le rij atz'iyag ri man kuya ta b'e katch'aqi'k |  | 12. Chach'aja' taq ri aq'ab' ruk' 20 alaj kajb'al ruk' ch'ipaq xuquje' ja' o, we maj joron xuquje' ch'ipaq, chakojo jun kamisab'al tz'il rech q'ab'aj ri k'o tzam chi upam |  |

Are taq kawesaj ri PPE [Chakub'al rech Uchajixik Ib']:

- Man kakoj ta PPE [Chakub'al rech Uchajixik Ib'] utz kakoj chi jumul we man ch'aoj taj xuquje' elesam ri yab'il chech
- Chajosq'ij xuquje' chawesaj ri yab'il chech ri PPE [Chakub'al rech Uchajixik Ib'] utz kakoj chi jumul are tzij utaqanem ri ya'ol chak
- We utz, chab'ana awatin pa ri achak are taq k'isnaq chi ri q'ij rech achak xuquje' chakojo saq awatz'iyag. We man atinib'al pa le achak, utz ujosq'ixik chab'ana', chakojo' saq awatz'iyag xuquje' are taq kato'panik nab'e kab'an awatin.
- Chaya kan ronojel ri awatz'yaq xuquje' ri jastaq awech pa le achak rech kelesax ri uchikopil yab'il chech

