

# CHACHAJIJ AWIB' CHI UWACH LE YAB'IL AVIAR H5N1

TAQ K'OLIB'AL  
RECH NIMALAJ  
K'AXK'OLAL

Chakojo ri chakub'al rech uchajixik ib' pa taq le k'olib'al rech elesab'al uwa'l tu'

Jas rajawaxik kaweta'maj mojq'qa kinkoj taq le chakub'al chech uchajixik wib' personal protective equipment (PPE) [Chakub'al rech Uchajixik Ib']

- Chatch'aw ruk' le q'atul chak chech reta'maxik we kaya wa' chi awech
- Chaya kan le awatz'iyag saq xuquje' ri jastaq awech, rikil xuquje' uk'ya' pa le saq k'olib'al ya'om rumal le ya'ol chak
- Chaterne'j taq le taqanem rech le ya'ol chak chech okem xuquje' elem pa le k'olib'al rech chak
- Chakojo taq le k'olib'al ya'om chi tukelal chech ukojik le PPE [Chakub'al rech Uchajixik Ib'] saq xuquje' chawesaj le PPE [Chakub'al rech Uchajixik Ib'] tz'il
- Chach'aja' taq ri aq'ab' ruk' 20 alaj kajb'al ruk' ch'ipag xuquje' ja' o, we maj, chakojo jun kamisab'al tz'il ri k'o tzam chi upam

Are taq ach'ajom chi aq'ab', chakojo le PPE [Chakub'al rech Uchajixik Ib'] pa le k'olib'al saq pa we ucholajil ri':

1. Tasb'al q'ab'al ri kak'ag b'ik



2. Ch'uqb'al b'otax o b'otax



3. Ch'uqb'al uwach awa' k'o uq'ab' kuch'ij chi uwach taq jastaq katixik



4. Jek'b'al uxlab' rech taq partículas ya'om b'e chech rumal NIOSH® [Wokaj rech Tinamitalil rech Chajinem xuquje' Utzwachil rech chak]



5. Ch'uqb'al b'aq'wachaj rech uchajixik ib'



6. Ch'uqb'al jolomaj o ch'uqb'al wi'aj



7. Ch'uqb'al wachaj, we rajawaxik



8. To'b'al jolomaj, we rajawaxik



9. Tasb'al q'ab'aj ri kakoj chi uwach uwaq'ij rech chak, we rajawaxik



Chawesaj ri PPE [Chakub'al rech Uchajixik Ib'] mojq'qa katok pa apachike saq k'olib'al, chi'l taq le eleb'al, k'olib'al rech uxlanem xuquje' ri chak rech rilik taq wuj



U.S. CENTERS FOR DISEASE  
CONTROL AND PREVENTION

CHAQ'AXWACHIB'EJ  
CHECH URIQIK NIK'AJ  
CHI USAQIL TZIJ →

