

Implementing Evaluations

LEARNING AND GROWING THROUGH EVALUATION

> **MODULE 2** 2021 Updates



National Center for Environmental Health Division of Environmental Health Science and Practice

MODULE 2

TABLE OF CONTENTS

TABLE OF CONTENTS	Page
Chapter 1 Transitioning from Planning to Implementation	
Where We Started—Strategic Evaluation Planning	
Where We Left Off—Individual Evaluation Planning	
Where We're Going—Evaluation Implementation	
Next Steps	
Chapter 2 Implementing Evaluations – Strategies for Success	2-1
Strategies to Promote Effective Evaluation Implementation	
Strategy 1 – Working with Stakeholders	
Strategy 2 – Developing a Process for Managing the Evaluation	
Strategy 3 – Pilot Testing	
Strategy 4 – Training Data Collection Staff Members	
Strategy 5 – Monitoring Progress and Promoting Ongoing Communication	
Strategy 6 – Interim Reporting and Dissemination of Final Results	
Strategy 7 – Developing an Action Plan	
Strategy 8 – Documenting Lessons Learned	
Strategy 9 – Linking Back to the Strategic Evaluation Plan	2-13
Checklist to Assess Your Preparation for Successful Implementation	

LIST OF TABLES

Table 1.1 Summary and Comparison of Evaluation Planning and Implementation Phases	. 1-5
Table 2.1 Ways to Work with Stakeholders	. 2-3
Table 2.2 Evaluation Management Strategies	. 2-7
Table 2.3 Checklist for Successful Implementation of an Individual Evaluation Plan	2-14

LIST OF FIGURES

Figure 1.1	Connections Between Planning Phases and Implementation	1-2
Figure 2.1	Communication Format	-11

LIST OF APPENDICES

Appendix A.	Chapter Notes	A-1
Appendix B.	Glossary	B-1
Appendix C.	Meeting Evaluation Challenges	C-1
Appendix D.	Evaluation Anxiety	D-1
Appendix E.	Common Evaluation Designs	E-1
Appendix F.	Budgeting for Evaluation	F-1
Appendix G.	Evaluation Management Toolkit	G-1
Appendix H.	Gathering Credible Evidence	H-1
Appendix I.	Training and Supervising Data Collectors	I-1
Appendix J.	Effective Communication and Reporting	J-1
Appendix K.	Developing an Action Plan	K-1

Copies of Learning and Growing through Evaluation: Asthma Program Evaluation Guide can be viewed or downloaded from <u>http://www.cdc.gov/asthma/program_eval/guide.htm</u>

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Chapter 1 Transitioning from Planning to Implementation

After reading Chapter 1, users should be able to:

- Identify methods for using information from evaluation planning to inform evaluation implementation and vice versa.
- Describe the differences between various planning and implementation teams as well as appropriate team members.

odule 1 of *Learning and Growing through Evaluation* focused on the importance of evaluation planning—both at a macro level (i.e., strategic evaluation planning) and a micro level (i.e., individual evaluation planning). The next step is to implement what you and your team members have strived so hard to plan. In this chapter, we discuss how the planning processes and products connect to implementation. As we move into implementation, it may be helpful to think about evaluation practice itself as a continuous learning cycle. Throughout the planning process, what we learn from the dialogue we have with **STAKEHOLDERS** can help us to improve our implementation of an evaluation. In addition, the lessons we learn from implementing these plans can help us to refine existing and future evaluation plans at both the macro and micro levels. **Figure 1.1** provides a pictorial description of the connections between planning and implementation. This figure represents the big picture; in the following sections, we will provide some additional details to help you think through where other, perhaps less obvious, connections may emerge or might be facilitated.

In Module 1 of *Learning and Growing through Evaluation*, we describe two phases of evaluation planning: (1) strategic evaluation planning and (2) individual evaluation planning. Each phase engages different stakeholders in distinct planning activities with the intention of developing specific end products. Both of these phases are briefly recapped below and summarized at the end of this chapter in **Table 1.1**.



Figure 1.1 Connections Between Planning Phases and Implementation

TEAMS RESPONSIBLE

Lessons Learned & Programmatic Change

Where We Started—Strategic Evaluation Planning

Strategic evaluation planning is quite similar, conceptually, to the type of strategic planning one might engage in for a public health program. Strategic evaluation planning has a narrower focus than strategic planning for public health programs because it only focuses on evaluation. The purpose of the strategic evaluation planning process is to collaboratively work with asthma program stakeholders to systematically identify high priority aspects of the program. You should evaluate the high priority aspects during the lifecycle of your cooperative agreement. As seen in Figure 1.1, the product of the first phase is a STRATEGIC EVALUATION PLAN that briefly outlines a portfolio of evaluations you propose to conduct over an extended period (i.e., the lifecycle of your CDC cooperative agreement). Your strategic evaluation plan helps ensure that your proposed evaluations are conducted in an appropriate sequence, with a reasonable timeline, and within existing resource or budget constraints. A well-developed strategic evaluation plan helps make sure that all of the major components of your program receive attention, while also permitting evaluation of emerging issues as they arise. This is a living document that you will likely need to modify over time based upon the changes that occur during the natural course of your program and what you learn from subsequent evaluation planning and implementation efforts.

As seen at the top of **Figure 1.1**, the team responsible for strategic evaluation planning is called the Strategic Evaluation Planning Team. Individuals on this team are familiar with the overarching purpose of the asthma program and the breadth of **ACTIVITIES** that are used to achieve these ends. In Module 1 of *Learning and Growing through Evaluation*, we suggested that asthma programs consider including an asthma program coordinator, an asthma program evaluator, an asthma program epidemiologist, and one or two key opinion leaders on the jurisdiction-wide partnership on this team. This should be a small team, led or co-led by an asthma program evaluator.

Where We Left Off—Individual Evaluation Planning

The next step to implementing the priority evaluations is to describe, in greater detail, the purpose and plans for carrying out each evaluation. We suggest you use each step outlined in the *CDC Framework for Program Evaluation in Public Health* to produce an **INDIVIDUAL EVALUATION PLAN** for each priority evaluation proposed (see middle box in **Figure 1.1**). As written, each individual evaluation plan becomes a comprehensive roadmap for everyone working on that evaluation. The individual evaluation plan can help the team achieve agreement on **EVALUATION QUESTIONS**, methodologies to be employed, **DATA COLLECTION INSTRUMENTS** to be used, procedures to be followed, analyses to be performed, and reporting or dissemination formats. A detailed budget and timeline are critical components of an individual evaluation plan.

Since the individual evaluation plans are much more focused and specific than the strategic evaluation plan, asthma programs should engage specific planning teams to develop each individual evaluation plan. These teams, **EVALUATION PLANNING TEAMS**, should consist of stakeholders who have an interest in or who are affected by the specific programmatic aspect being evaluated. It is possible that these teams could have some overlap with the Strategic Evaluation Planning Team. However, by and large, the Evaluation Planning Team members should be selected anew to reflect the specific program knowledge, skills, and experience necessary to design a specific evaluation.

Now, you might ask about the relationship between the Strategic Evaluation Planning Team and each of the Evaluation Planning Teams. From **Figure 1.1**, you can see that the product of the Strategic Evaluation Planning Team feeds directly into the Evaluation Planning Team's process. However, this does not need to be the only way that these teams relate to each other. For example, while drafting their plan, the individual evaluation plan team might solicit feedback from the Strategic Evaluation Planning Team members to see if their ideas and plans are in alignment. Alternatively, the Evaluation Planning Team might furnish a draft of the individual evaluation plan for the members of the Strategic Evaluation Planning Team may then provide comments. Communication between members of the Evaluation Planning Team is likely to provide valuable insights for the future. Communication is also important for developing and finalizing the individual evaluation plans.

Where We're Going—Evaluation Implementation

It may be helpful to view the individual evaluation plan as a "bridge" between planning and implementation. An effective evaluation planning process results in a product that describes the major components of implementation—how to collect data; what analyses to perform; when, with whom, and how to communicate the progress and findings from the evaluation; and what the evaluation budget and timeline include. Since the evaluation plan is essentially an "implementation plan," it is important for evaluation planning teams to think about implementation when creating and finalizing individual evaluation plans. Once an individual evaluation plan has been finalized, it can be implemented.

Implementing an evaluation involves convening a team of carefully selected people who have the combined knowledge and skills to carry out the procedures that are described in the individual evaluation plan. The **EVALUATION IMPLEMENTATION TEAM** includes individuals with direct responsibility for implementing the evaluation—obtaining access to existing data, overseeing new data collection, analyzing the data, synthesizing the findings, preparing the evaluation report or other dissemination materials, and working with stakeholders to create a plan of action once the evaluation is complete. In some cases, these will be the same people who served on the Evaluation Planning Team; however, they may represent only a subset of the Evaluation Planning Team or be a different set of people entirely. In addition to being responsible for carrying out the evaluation articulated in the plan, the Evaluation Implementation Team is responsible for documenting any changes made from what was proposed in the evaluation plan and gathering lessons learned to improve future evaluations.

We can see from **Figure 1.1** how the strategic evaluation planning process and individual evaluation planning process both contribute to the implementation of a specific evaluation. There are also many ways in which the process of implementing an individual evaluation plan can inform future efforts undertaken in both planning phases. For example, the communications plan in the individual evaluation plan may include the Strategic Evaluation Planning Team as a stakeholder for the evaluation. The Strategic Evaluation Planning Team may be made aware of the progress of the implementation of the individual evaluation plan via monthly email correspondence and at regularly scheduled meetings. As a result, the Evaluation Implementation Team provides information to the Strategic Evaluation Planning Team on a regular basis—letting them know the progress made to date but also the lessons they are learning about the implementation planning Team will have the information increases the likelihood that the Strategic Evaluation Planning Team will have the information it needs to update the Strategic Evaluation Plan if necessary—perhaps resulting in fewer evaluations or emphasizing certain methodologies over others based upon feasibility.

	Strategic Evaluation Planning	Individual Evaluation Planning	Implementation
Title of Team	Strategic Evaluation Planning Team	Evaluation Planning Team	Evaluation Implementation Team
Description of Team Members	Interested in and knowledgeable about the breadth of the asthma program	Have a stake in the specific aspect of the asthma program for which the plan is being developed	Have the combined knowledge and skills to carry out the procedures described in the individual evaluation plan
General Process	Collaborative and systematic process for describing the whole asthma program and prioritizing programmatic aspects for evaluation	Collaborative and engaged process through which a range of stakeholder values and perspectives are captured to develop an evaluation	Team process through which the outlined procedures are carried out, as well as the changes and lessons learned documented in the field setting
Intended Products	Strategic Evaluation Plan	Individual Evaluation Plan	 Action plan Evaluation report or other mode(s) of disseminating the evaluation findings

	Table 1.1 Summar	y and Comparison	of Evaluation Planning	g and Im	plementation Phases
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Next Steps

The focus of Module 2 is on *learning* how to improve your asthma program by *growing* your capacity to plan and carry out effective evaluations for the major components of your program. In the remainder of this module, we offer guidance to help you develop and implement your evaluation plans, regardless of their focus. Chapter 2 suggests strategies that can be considered during evaluation planning to facilitate the transition to implementation, while also ensuring that the evaluation itself proceeds smoothly. Following Chapter 2 is a series of appendices that present additional details and resources likely to be helpful as you move into implementation.

- Appendix A provides Chapter Notes for all the words or concepts in blue bold and marked with the leaf icon in Chapter 1 and 2.
 - Appendix B contains a GLOSSARY for all terms marked by green bold text in small caps.
 - Appendix C contains a comprehensive list of challenges you may face in conducting your evaluations and summarizes steps you can take during planning and implementation to address those challenges—a kind of "trouble-shooting guide" for evaluations.
 - Appendix D introduces the topic of "evaluation anxiety" and ways to minimize it.
 - **Appendix E** discusses some common **EVALUATION DESIGN** options available for your evaluations.
 - Appendix F provides assistance with budgeting for evaluation.

- Appendix G offers some useful tools and practices for managing an evaluation.
- Appendix H offers some useful tips for gathering credible evidence.

- Appendix I presents guidance on training data collection staff members.
- Appendix J contains guidance on communicating evaluation findings.
- Appendix K contains an ACTION PLAN template to help you and your stakeholders put evaluation recommendations to good use.

NOTES

Chapter 2 Implementing Evaluations – Strategies for Success

After reading Chapter 2, users should be able to:

- Incorporate strategies for effectively implementing evaluations from individual evaluation plans.
- Implement an individual evaluation plan in a manner that conforms to professional evaluation standards.
- O Convert evaluation findings into action.

he CDC Framework is a way of linking evaluation to action. It ensures that you design a sound and feasible evaluation that meets your program's information needs. The framework also helps you implement evaluation in a careful and ethical way that produces credible results. Finally, the framework helps you disseminate the evaluation findings and promote their use. Once the findings have been translated into action, evaluation can again be helpful in revisiting your Strategic Evaluation Plan or assessing the implementation of any program changes that were made as part of ongoing program improvement. In this chapter, we present a number of implementation strategies that have been shown to strengthen the link between evaluation and action.

The nine **evaluation implementation strategies** presented here represent important steps you can take during evaluation planning to implement your plans more smoothly.

Reading through this chapter will remind you of things you will want to incorporate as you prepare your individual evaluation plan. We hope this chapter will also serve as a useful reference as you implement your individual evaluation plans. In addition to discussing these helpful implementation strategies, we also provide a checklist (see **Table 2.3** below) that you can use to keep track of your own progress in preparing for implementation.

Strategies to Promote Effective Evaluation Implementation

Each evaluation is a complex undertaking that requires the cooperation and coordination of multiple people and other resources. By managing the evaluation carefully, by paying attention to the **EVALUATION STANDARDS (UTILITY, FEASIBILITY, PROPRIETY, ACCURACY, and EVALUATION ACCOUNTABILITY)**, and by closely following the steps in the CDC Framework, you can help the evaluation run more smoothly. Key strategies developed by practitioners to minimize potential challenges and promote effective evaluation implementation include

- *Strategy 1.* Work with stakeholders throughout the evaluation lifecycle—from design through action planning and implementation—in order to focus on questions of interest and to incorporate their perspectives.
- *Strategy 2*. Develop a process for managing the tasks, resources, and activities necessary for the evaluation.
- *Strategy 3.* **PILOT TEST** data collection instruments and procedures.
- *Strategy 4.* Train data collection staff members.

- *Strategy 5.* Monitor evaluation progress, budget, timeline, and scope, and communicate frequently and effectively with the Evaluation Implementation Team and key stakeholders.
- *Strategy 6.* Disseminate results to evaluation stakeholders in an accessible manner. Consider **INTERIM REPORTING** where appropriate.
- *Strategy* 7. Develop an action plan to implement evaluation recommendations that includes clear roles, responsibilities, timeline, and budget.
- *Strategy 8.* Document lessons learned throughout the evaluation for use in future evaluations.
- *Strategy 9.* Link findings from the evaluation back to the Strategic Evaluation Plan in case there are implications for revising the plan.

In the pages that follow, we highlight what is involved in each of these general strategies, which aspects of evaluation they can help you address, and what benefits you can expect from each strategy. Luckily, the majority of these strategies are simply part of good project management, something most public health practitioners do on a daily basis.

Strategy 1 - Working with Stakeholders

When program stakeholders are included in discussions at various points throughout the evaluation, many of the causes of misunderstandings and barriers to productive use of evaluation findings can be avoided or minimized. Including those who are important to your program in conversations can make them feel included and less anxious about the results (see **Appendix D** on Evaluation Anxiety). Your conversations may address the evaluation, what you hope to learn from it, and issue management. To better understand stakeholders' expectations and potential reservations about evaluation, you may find it helpful to inquire about their previous experiences with evaluation. Their involvement can also offer you fresh perspectives on what the evaluation can potentially accomplish and ways to make the evaluation process run more smoothly.

Some stakeholders you may want to consider involving in your evaluation, or with whom you will want to communicate about it in other ways, include, but are not limited to, immediate frontline managers of the asthma program, asthma program partners, partners who are involved in designing or implementing asthma strategies or **INTERVENTIONS**, funders, and individuals in the community who participate in or who are the intended beneficiaries of asthma program efforts. **Table 2.1** presents a variety of ways to work with stakeholders throughout your evaluation. Note that to engage stakeholders effectively, you will first need to gauge their level of knowledge and experience regarding evaluation. It may also be necessary to provide them with an overview of **PROGRAM EVALUATION** basics.

	Category	Detail (if appropriate to your case)
	Upfront Discussions with Stakeholders	Previous experiences with evaluation
		Plans for the evaluation (yours and theirs)
		Program priorities
		Information needs and evaluation questions to explore
		When information is needed
		What evidence would be considered credible
		How the data to be collected will answer the evaluation questions
		How findings can be used
		Community member perspectives to consider
		Privacy, confidentiality, and cultural sensitivity
		Limitations of evaluation
>		What to do if findings suggest immediate need for program modifications
		A proactive approach to public relations, referred to as issues management , if the evaluation may reflect negatively on program or community
	Frequent Communication throughout the Evaluation with Stakeholders about	Reactions to and actions on mock findings
		Results from pilot tests
		Implementation progress
		Early findings
		Successes achieved
		Challenges encountered
		Other topics
	Post-evaluation Discussions with Stakeholders about	Turning findings into conclusions
		Celebrating strengths
		Developing recommendations grounded in findings
		Developing strategies for disseminating results
		Lessons learned
		Limitations of the evaluation
		Implications of the current evaluation for changes needed in the Strategic Evaluation Plan
		Designing an action plan with clear information on recommended strategies, roles and responsibilities, timeline, and budget

Table 2.1 Ways to Work with Stakeholders

Perhaps you are wondering how you will manage the involvement of so many people in your evaluation: program director, program personnel, partners, evaluator(s), **EVALUATION PLANNING TEAM** members, Evaluation Implementation Team members, and other program stakeholders.

Who will play what role(s)? Who is in charge of which aspects of the evaluation? Who has decision-making authority over which aspects of the evaluation? As you explore working with your stakeholders, it is important to recognize that you have a range of options for how you structure these relationships, and that there is no "correct" or "incorrect" structure. The first step is to consider what you want the roles, responsibilities, and lines of authority to look like for those involved in your evaluation. Here the evaluation literature can help you.

For example, King and Stevahn (2002) have put considerable thought into the various roles an evaluator can play. These roles are in relation to other evaluation stakeholders, within the organization sponsoring the evaluation, and in terms of managing interpersonal conflict. **Appendix D** offers more information about these evaluator roles. Another helpful resource is the *CDC's Finding the Right People for Your Program Evaluation Team: Evaluator and Planning*

Team Job Descriptions, which provides information on evaluator responsibilities and competencies (see

https://www.cdc.gov/asthma/pdfs/Finding_the_Right_People_for_Your_Program_Evaluation_T eam.pdf).

The second step is to clarify roles and responsibilities for everyone involved in order to avoid misunderstandings. This can be done through creating a Roles and Responsibilities Table such as that shown in **Appendix G**, which lays out in detail who is responsible for what.

As discussed further under Strategy 5, open and ongoing communication among evaluation stakeholders is paramount in conducting a successful evaluation. Appendix G provides suggestions on ways to keep team members and other stakeholders informed about the progress of the evaluation. Another important aspect of communication is devising fair and minimally burdensome ways to obtain feedback. For example, depending on the size of your jurisdiction and the dispersion of your stakeholders, you may need to come up with creative ways for participants to provide input remotely, whether they are formally serving on an evaluation planning team or whether their expertise is being sought for other reasons. Meeting by teleconference, video conference, or web conference, rather than in person, or allowing stakeholders to provide input electronically are some ways to ease the burden of participation. Web conferencing software, such as Zoom, Skype for Business, and GoToMeeting, allows for both one-way (e.g., webinar) and two-way communication between hosts and remote participants. Most web conferencing software permits collaborative editing of documents, polling participants, and video or audio recording so that participants can access presented materials at their convenience. Additionally, private blogs allow for the asynchronous review of materials. Stakeholders can access and post comments during times that work best for them.

Once you have drafted the final version of your Individual Evaluation Plan, you will want to revisit the composition of your Evaluation Planning Team to see if you wish to restructure the team as you move toward implementation of the evaluation. The evaluation design may have evolved in unexpected directions during planning or new individuals or organizations may have joined your partnership with a stake in the proposed evaluation. Should additional stakeholders review your individual evaluation plan? Should some of them join the Evaluation Implementation Team? Addressing concerns these individuals raise will help ensure the plan is feasible and that the evaluation receives the support it needs.

Benefits of working with stakeholders:

- Encourages positive community response to evaluation.
- Builds "political will" to support evaluation.
- Develops support among program leadership for the program and/or for the evaluation.
- Facilitates appropriate timing of evaluation in relation to information needs.
- Leads to development of relevant evaluation questions, which in turn supports use.
- Promotes findings that are credible, are used, and are understood and accepted by stakeholders.
- Develops evaluation capacity, including evaluative thinking.

Strategy 2 – Developing a Process for Managing the Evaluation

Running an evaluation is much like running any other project. The things you "worry about" for an evaluation may be a little different than for other kinds of projects, but the good management practices that help you elsewhere in your professional life will also work well for you with evaluation. Good management includes thinking ahead about what is most important, which activities precede other activities, who will do what, what agreements and clearances are needed, when important products are due, how far your budget will stretch, and how to make the budget stretch further. Throughout the evaluation, you will also want to monitor progress and communicate frequently and efficiently with others on the Evaluation Implementation Team (see **Strategy 5**).

As part of your evaluation planning process, think ahead to implementation. For example, if your own staff resources are lacking, either in terms of skill level or time available, you may want to reach out to partners or contractors to fill that gap. You may also need to develop a Memorandum of Agreement or contract to engage this external support in a timely fashion. Clearances for the protection of **HUMAN SUBJECTS** (study participants) such as those that may be needed from an **INSTITUTIONAL REVIEW BOARD (IRB)**,¹ as a result of the **HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT (HIPAA)**, or a result of the Family Educational Rights and Privacy Act (FERPA) may be required by your agency or one of your partners to access existing data or solicit study participation. In such circumstances, your finalized methodology and your instruments, **ADVANCE LETTERS**, and other forms must be submitted and reviewed by the required entities before you can begin your evaluation. Finally, you need to anticipate things that could cause problems down the road—such as the potential evaluation challenges presented in **Appendix C**. When potential challenges are identified,

¹ While IRB review is often associated with research projects (for which the NOFO prohibits using CDC funds), many IRBs have an expedited or exempt process to review evaluation projects. These types of reviews may determine whether the project is program evaluation (not research) and that the procedures and methods proposed are ethically sound. For more information on the differences between research and evaluation, please see "Distinguishing Public Health Research and Public Health Nonresearch"

^{(&}lt;u>https://www.cdc.gov/os/integrity/docs/cdc-policy-distinguishing-public-health-research-nonresearch.pdf</u>) or discuss with your ETA. For additional guidelines from the NIH Office of Human Subjects Research, reference the attached link to Title 45, part 46.

https://grants.nih.gov/grants/peer/guidelines_general/Guidelines_for_the_Review_of_the_Human_Subjects.pdf

safeguards should be put in place to prevent them from happening, with contingency plans in mind in case things do not go as planned.

Planning for the management of the evaluation should be undertaken with Evaluation Implementation Team members, program stakeholders, and individuals experienced in evaluation in the areas outlined in **Table 2.2** below. Depending on your own level of familiarity with evaluation logistics, you may or may not feel the need for outside help in working through this process. In either case, it is important to consider how you will document the decisions made as part of this process so that you or others can refer back to them at a later date. How you do this is up to you and your Evaluation Implementation Team. You may find it helpful to integrate information on managing evaluation logistics into the Individual Evaluation Plan, perhaps as an appendix. Or you may want to produce a separate document containing this information. The tools in **Appendix G** have been provided to help you with this process, though you are not required to use them; they are there to use or not as you see fit.

Benefits of good evaluation management practice:

- Maintains clarity among team members about roles and responsibilities.
- Identifies and secures resources to complete the evaluation.
- Keeps evaluation on track in terms of timeline, budget, or scope.
- Provides a sound plan for managing incoming data.
- Enables team to follow clear procedures for working with contractors or consultants and partners.

Category	What to Look For
Logistics	Staff members and others involved in the implementation of the evaluation (e.g., stakeholders, volunteers) have skills required for evaluation tasks and are aware of their roles and responsibilities
	Staff members and others involved in the implementation of the evaluation (e.g., stakeholders, volunteers) are available to work on evaluation activities or alternatives have been considered
	Estimates of the likely cost of evaluation in the individual evaluation plans are complete and feasible
	Efficiencies possible across evaluations have been identified*
	Other sources of financial or staff support for evaluation (e.g., partner organizations, local universities, grant funding) have been identified
	Actions to expand staff resources—such as contracting externally, training existing staff members in needed skills, "borrowing" partner staff members, interns from local colleges and universities—have been established
	Agreements have been developed and executed if needed to contract out a portion of the work (e.g., specific data collection activities, data analysis, development or distribution of reports), to access data sources, to facilitate meetings with partners (i.e., schools, workplaces, etc.)
	Clearances or permissions that may be needed (such as IRB clearance, data- sharing agreements, permission to access schools or medical facilities) are in place
Data Collection	Appropriate data storage, data system capacity, data cleaning, and data preparation procedures are established and communicated
	Procedures for protection of data are in place (considering such safeguards as frequent data backups, use of more than one audio recorder for interviews and focus groups, encryption of data that is stored on a cloud service or software)
	Safeguards for respondent confidentiality and privacy have been developed (e.g., data encryption and security measures)
	Those collecting or compiling data have been trained in the procedures
	Monitoring systems are in place to assess progress and increase adherence to procedures for data protection, assurance of privacy and confidentiality
	Cultural sensitivity of instruments has been tested
	Translation of instruments into applicable languages with appropriate accuracy checks (e.g., back translation) have been performed
	Respondent burden has been minimized (e.g., length of instrument considered, data collection strategies designed to be optimally appealing and minimally burdensome)
	Ways to maximize respondent participation are in place
	Existing data that are useful for the evaluation have been identified

Table 2.2 Evaluation Management Strategies

Category	What to Look For
Data Analysis	Access to appropriate data analysis software, whether quantitative (e.g., SAS, R) or qualitative (e.g., NVivo, MaxQDA), is in place
	Procedures for how incoming data will be analyzed to answer the evaluation questions are in place
	Table shells showing analyses to be conducted are developed
	Standards with which to compare the results are established or other procedures for determining what constitutes "success" are in place
Use	Recommendations grounded in findings have been developed
	Strategies for disseminating results have been developed
	Lessons learned have been documented
	Limitations of the evaluation have been documented
	Implications of the current evaluation for changes needed in the Strategic Evaluation Plan have been identified
	Action plan with clear information on recommended strategies, roles and responsibilities, timeline, and budget has been designed

Table 2.2 Evaluation Management Strategies (continued)

*Module 1, Chapter 2, Step E presents examples of some possible cross-evaluation efficiencies (see **Table 2.6** in Module 1).

Strategy 3 – Pilot Testing

You should plan to pilot test your data collection instruments and procedures. This is one good way to preempt some of the implementation challenges you might otherwise face. Pilot testing also helps to ensure that the evidence you gather is accurate (see **Appendix H** for more information on gathering credible evidence). Pilot testing is important whether you are conducting a survey, carrying out interviews and focus groups, or abstracting data from **ARCHIVAL SOURCES**. During the pilot test, you will be looking at such issues as clarity of instructions, appropriateness and feasibility of the questions, sequence and flow of questions, and feasibility of the data collection procedures. Techniques such as cognitive interviewing can help you evaluate question validity and response error by exploring participants' comprehension and interpretation of questions. Additional information on cognitive interviewing can be found at https://www.cdc.gov/nchs/ccqder/evaluation/CognitiveInterviewing.htm.

Use lessons learned during the pilot test to modify your instruments and or your training materials for data collectors. See **Appendix I** for additional information on training data collectors.

Benefits of pilot testing:

- Generates high-quality data collection instruments that gather required information and work with the analysis plan as designed.
- Clarifies procedures for all data collection, whether carried out by your staff or by contractors or consultants and other data collection partners.
- Improves the accuracy of data collected.

Strategy 4 – Training Data Collection Staff Members

Even if you are working with experienced individuals, training those who will use the specific instruments and procedures in this evaluation is another good way to avoid difficulties during the data collection phase. Training ensures that all personnel with data collection responsibilities are familiar with the instruments, abstraction forms, advance letters, procedures, and safeguards that will be employed in implementing the plan. Training also promotes consistency in data collection procedures across data collectors, thereby increasing the **RELIABILITY** of data.

Training should be required whether data collection is being done by your own staff, by partner staff members, or by contractors or consultants. Sessions should cover not only the logistics of the work, but also the ethical aspects, such the protection of study participants, maintenance of **CONFIDENTIAL INFORMATION**, and observance of **CULTURAL SENSITIVITY. Appendix I** presents guidelines to help you develop and deliver training to data collection staff members. *Practical Strategies for Culturally Competent Evaluation* is also a useful training resource for building awareness about the role of culture in evaluation and incorporating cultural responsiveness into evaluation work (DHHS, 2014).

Benefits of training data collection staff members:

- Maintains consistency in data collection procedures.
- Prevents loss of data and corruption of data integrity.
- Guards against ethical breaches.

Strategy 5 – Monitoring Progress and Promoting Ongoing Communication

As mentioned earlier, an evaluation, like any other project, needs to be carefully managed. Management includes thinking ahead during planning about what needs to be accomplished, who will do what, and what time and budget constraints exist (per **Strategy 2**). It also includes monitoring progress and maintaining open lines of communication among members of the Evaluation Implementation Team as the evaluation proceeds.

Tools such as those in the Evaluation Management Toolkit, in **Appendix G**, are useful strategies for project tracking and ongoing communication. These tools are equally helpful in managing an evaluation with lots of "moving parts." You are not required to use these tools. However, you may find them helpful in identifying emerging issues that require your attention and staying on track in terms of timeline and budget. The tools are designed to help you track progress overall and against your established budget and timeline, identify performance issues by your staff or your contractor, identify implementation issues such as data access and data collection, and monitor the quality of your evaluation. Information to help you budget for your evaluation is included in **Appendix F**.

Benefits of tracking and ongoing communication:

- Maintains clarity among team members regarding roles and responsibilities.
- Keeps evaluation on track in terms of timeline, budget, and scope.
- Promotes effective communications with your stakeholders and maintains their engagement.

Strategy 6 – Interim Reporting and Dissemination of Final Results

Interim reporting. Sharing interim findings, where appropriate, helps maintain stakeholder interest in the evaluation and increases the likelihood that stakeholders have the information they need in a timely manner. Additionally, stakeholders may offer new and different interpretations of the findings that would have otherwise been missed. If you decide to share findings midway through the evaluation, be sure to specify that the data are only preliminary at this point. Furthermore,

- Only share the information you are comfortable sharing at any given point in time.
- Focus on information you feel is important for stakeholders to begin thinking about.
- Consider presenting the information as "food for thought" based on what you are seeing thus far.

Disseminating final results. You should disseminate the final results to based on their information needs. While final reports are a common way to share findings, it is important to consider whether a large, formal report is the most appropriate way to disseminate findings to the specific stakeholders with whom you are working.

An "appropriate way" tailors both message and format to the information needs of a given **AUDIENCE.** That is, you should consider the best way(s) to make the information you plan to share accessible to that specific audience. For example, some stakeholders may strongly desire a final report—they may even need it for documentation or accountability purposes. However, for other stakeholders, a final report may include more information than they need or want. In **Figure 2.1**, we present a list of some alternative ways to disseminate evaluation findings. Depending on the composition of your stakeholder groups, you may want to experiment with one or more of these alternative approaches. Additional guidance for presenting results is provided in **Appendix J**.



Figure 2.1 Communication Format

Remember to set aside resources in your budget to support communication activities. The communications portion of your budget can be based on the communication ideas put forward in your strategic and individual evaluation plans. Depending on the communication venue(s) you choose, costs for communication activities might include such things as staff member time for materials development and attendance at stakeholder meetings, meeting space, refreshments, printing costs, and website maintenance. Also remember to check with your ETA about which of these costs are allowable under your cooperative agreement. Communication may be something your partners can help with in various ways, but if tight resources limit you, then focus on the primary evaluation stakeholders.

Benefits of interim and final reporting:

- Facilitates appropriate timing of evaluation in relation to information needs.
- Facilitates the interpretation and use of findings.
- Helps ensure, through interim reporting, that there are few or no "surprises" in final reporting.

Strategy 7 – Developing an Action Plan

Another important step in linking evaluation to action involves developing an action plan containing strategies for implementing evaluation recommendations. The action plan should, at a minimum, contain the following items

- Rationale for recommended strategies
- Clear roles and responsibilities for implementing the elements of the action plan
- Timeline
- Sources of funding for program or intervention modifications, if needed

Define roles for stakeholders and community members with respect to how they engage in the process of action planning. For example, you can convene a "working session" that combines a briefing on findings for stakeholders, joint planning on next steps, and the development of an action plan. Involving a variety of stakeholders in the action planning process will facilitate stakeholder and decision-maker buy-in and, thus, will facilitate implementation of any recommendations that make sense for your program. **Appendix K** contains an action planning template you can adapt to the needs of your own program.

Benefits of action planning:

- Facilitates the interpretation and use of findings.
- Engages stakeholders in program improvement.
- Promotes accountability for use of findings.

Strategy 8 – Documenting Lessons Learned

History repeats itself because we weren't listening the first time. That's as true for evaluation as it is anywhere else. You can begin building a historical record of knowledge about evaluation to pass on to future "generations" in your program by documenting lessons learned from an evaluation. Consider adopting the habit of closing your Evaluation Implementation Team meetings by asking attendees "what have we learned?" or "what can we do better next time?" Document these discussions to make your next evaluation go more smoothly. In this way, you are encouraging your team members to reflect on their evaluation practice, which will lead to professional growth and learning.

As your various evaluations proceed, make sure you and your team commit to continuous learning through reflective and reflexive practice. These practices typically involve critically examining one's actions and decisions, as well as the values and knowledge that inform them. Doing so will facilitate deeper learning, promote innovative approaches to problems, identify areas of strength and improvements, and, most importantly, support transformative change.

Benefits of documenting lessons learned:

- Avoids repeating past mistakes.
- Builds evaluation capacity among you and your stakeholders.
- Transfers knowledge to those who come after you.
- Creates an archive of good evaluation practices over time.

Strategy 9 – Linking Back to the Strategic Evaluation Plan

Linking your evaluation findings back to your Strategic Evaluation Plan is a critical final strategy to ensure evaluation use and promote ongoing program improvement. It is not uncommon for an evaluation report to raise more questions than it answers. This is actually a good thing. In a sense, each evaluation you conduct helps you set the agenda for future evaluations. Findings from an evaluation may suggest, for example, that the aspect of the program you evaluated was functioning well, but that another aspect you only tangentially touched on is not functioning well and should be looked into more closely. Or findings may demonstrate that one aspect of the program is not working well, yet not really explain why that is so or how the problem could be remedied. The why and how of what isn't working may then become the basis of a new evaluation. Furthermore, issues encountered with the logistics of the evaluation itself may suggest that alternative approaches need to be tried in upcoming evaluations.

This is not to say that you need to completely revamp your Strategic Evaluation Plan every time you complete another individual evaluation. Rather, we propose that new information gleaned from each successive evaluation be viewed within the context of your long-range evaluation plans to see if any mid-course corrections are warranted.

While it is possible that recent findings may indicate that a planned evaluation should be scrapped and replaced with one of greater urgency, it is far more likely that your revised approach will involve only minor modifications to one or more proposed evaluations. Findings may also help you generate ideas for an evaluation "wish list," pending the next evaluation cycle—or the sudden availability of additional evaluation resources. Ideally, your evaluation will continually inform both your immediate program improvement efforts and your longer-range strategies for evaluations. That's why linking evaluation findings back to the Strategic Evaluation Plan is so critical.

Checklist to Assess Your Preparation for Successful Implementation

As a last check, before you call an individual evaluation plan "final" and begin to implement your evaluation, use the checklist in **Table 2.3** to see if you have covered all the steps that will help lead to successful implementation.

Spending some quality time with your Individual Evaluation Plan will pay off in the long run as you move forward to implementation. With a solid Individual Evaluation Plan in hand, you will be in the best possible position to implement an evaluation that meets the standards of utility, feasibility, propriety, accuracy, and evaluation accountability. And you will be better able to translate your evaluation findings into shared action by following the strategies that relate to

stakeholder engagement and sharing results—"Working with Stakeholders," "Monitoring Progress and Promoting Ongoing Communication," "Interim Reporting and Dissemination of Final Results," "Developing an Action Plan," "and "Linking Back to the Strategic Plan."

Table 2.3 Checklist for Successful Implementation of an Individual Evaluation Plan

	Yes	No
Do we have an Evaluation Planning Team composed of individuals with the knowledge, skills, and experience relevant to planning this evaluation?		
Do we have an Evaluation Implementation Team of individuals who will take responsibility for implementing the evaluation, providing access to data, overseeing data collection, analyzing, and interpreting the data, and preparing the evaluation report and other communication materials?		
Have we identified our key stakeholders for this evaluation?		
 Managers of the asthma program? 		
Asthma partners? Intervention partners? Funders?		
 Community members or intended beneficiaries of the program services? 		
Additional stakeholders who could facilitate or obstruct the evaluation?		
Other?		
Will the evaluation design and data collection methods result in		
(Appendices E and H)		
 Methodology that is feasible given resource and practical constraints? 		
 Data that are credible and useful to stakeholders? 		
Data that are accurate?		
 Data that will help answer the evaluation questions in a timely manner? 		
Are we prepared logistically? (Table 2.2) Do we have plans for		
Staffing?		
Budget (Appendix F)? Funding?		
 Data sharing and other types of contracts or agreements? 		
 Human subjects (IRB), HIPAA, FERPA and organizational clearances or permissions? 		
Are we prepared for data collection? (Table 2.2) Have we addressed		
 Finalization and approval of data collection instruments? 		
 Propriety of the evaluation, including protection of study participants? 		
 Cultural sensitivity, clarity, and user friendliness of instruments? 		
 Translation of instruments into other languages present in the respondent population? 		
Respondent burden?		
 Methods to obtain high response rates or complete data? Data handling, processing, storage? 		
Data confidentiality, security?		
Did we pilot test our instruments and procedures?		
Did we train the data collection staff? (Appendix I)		
Will the data analyses answer our evaluation questions? Have we specified them?		
Are there planned analyses to answer each evaluation question?		
Table shells that show how the results will be presented?		
Do we have tools in place (Appendix G) to track evaluation implementation and to promote communication within the Evaluation Implementation Team? For example,		

do we have a	
• Timeline?	
Budget?	
Roles and responsibilities table?	
 Project description? Project status form? 	
Have we planned for sharing interim results (if appropriate) and for disseminating the final results? (Appendix J; Figure 2.1 for format alternatives)	

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NOTES

Appendix A. Chapter Notes

Chapter 2. Implementing Evaluations – Strategies for Success

> Linking Evaluation to Action

When we think of evaluation questions, we typically think of variations on the central themes, "How does our program work?" and "What can we do to make our program work better?" Understanding programs and making them work better is a major focus of program evaluation in general. CDC's Asthma and Community Health Branch (ACHB) stresses the

Linking Evaluation to Action:

- The desired goal is informed action.
- Every step should work toward this goal.

importance of using the information generated through evaluations of asthma programs to better understand and enhance these programs—thereby "learning and growing" through evaluation. In this view, evaluation isn't "over" until informed action has been taken based on the evaluation findings. Therefore, when we speak of linking evaluation to action, we intend to emphasize the following: (1) informed action is a desired goal of evaluation and (2) every step taken in planning and implementing an evaluation should help ensure this goal is achieved.

The steps in the *CDC Framework for Program Evaluation in Public Health* (CDC, 1999) emphasize this link between evaluation and informed action by explicitly supporting a utilization-focused view of evaluation (Patton, 2008). The six Framework steps will guide you in designing a sound and feasible evaluation that meets your program's information needs (Steps 1–3), so you can implement it in a careful and ethical way that produces accurate and credible results (Step 4), and interpret and disseminate the evaluation findings to encourage their use (Steps 5–6). The steps of the Framework are intentionally presented in a circle. The framework illustrates how evaluation findings should be used to inform program improvement efforts and future evaluations. Thus, our final evaluation implementation strategy suggests that you not only develop a plan of action after each evaluation (**Strategy 7**), but that you also revisit your Strategic Evaluation Plan in light of the findings from each new evaluation you conduct (**Strategy 9**).

Evaluation Implementation Strategies

In the chapters of Module 1, we concentrated on planning for evaluation at both the forest level (i.e., strategic evaluation planning) and the tree level (i.e., planning for an individual evaluation). In this module, we are thinking about evaluation implementation. We have distilled the combined experience of a number of evaluation practitioners into nine evaluation implementation strategies that we believe will help support your evaluation success and that of the other asthma programs.

Although these are implementation strategies, we still talk about planning in this module. By doing so, we are asking that you "plan for implementation" by incorporating these nine strategies into the planning document(s) to guide your team in conducting a specific evaluation.

Nine Evaluation Strategies

- Working with stakeholders throughout the evaluation lifecycle.
- Developing a process for managing the evaluation.
- Pilot testing data collection instruments and procedures.
- Training data collection staff members.
- Monitoring evaluation progress and communicating with the Evaluation Implementation Team.
- Making the best use of interim and final reporting.
- Developing an action plan.
- Documenting lessons learned.
- Linking findings from the evaluation back to the Strategic Evaluation Plan.

Why is it important to plan for implementation? Take a look at some of the strategies—working with stakeholders, for example. What if you are about to begin data collection when you learn that several layers of approval are needed before your data collectors can enter schools to conduct focus groups with students who have asthma? You are then faced with several weeks of delay while the approvals are obtained. Having a knowledgeable representative from the school system on your Evaluation Planning Team might have alerted you to obtain these approvals earlier—resulting in a more realistic timeline for implementing this evaluation.

An ounce of prevention is worth a pound of cure! With this in mind, we recommend

you give some thought to each of the nine implementation strategies listed here. The appendices in Module 2 provide rich detail, along with tips and tools, on a number of these strategies. In addition to considering these strategies, we also recommend that you document implementation decisions that are made during the course of your evaluation. These decisions should be written down and housed in a location where the Evaluation Implementation Team members can readily access them throughout the course of the evaluation.

Although it may seem counterintuitive, your implementation strategies should be included within your evaluation planning documents. This might be in the form of your Individual Evaluation Plan or it might be a supplemental document that accompanies your Individual Evaluation Plan (perhaps as an appendix). The more thought you give to implementation in advance, the more procedures and safeguards you can put into place from the outset.

lssues Management

If you find yourself needing to address a potentially challenging issue with stakeholders brought upon by negative evaluation findings, you might find issues management useful. Issues management "is one tool that helps organizations to identify trends, select courses of action, and guide external communication with a variety of publics" (Taylor, Vasquez, & Doorley, 2003, p. 257). Issues management arises out of the field of public relations and has most often been used by business and industry to "manage" relations with the public. However, the techniques of issues management can be used by almost any group that needs to communicate with external audiences. There are five main steps advocated in an issues management approach: (1) identification of issues, (2) prioritization of issues, (3) response strategy, (4) implementation of the strategy, and (5) evaluation.

• *Identification of issues* begins with three essential steps: (1) tracking trends in the economic, social, political, technological, or other areas to see what issues may arise; (2) comparing those trends against your organizational goals; and (3) identifying any issues that may arise in completing your goals.

- **Prioritization of issues** or "issue analysis" helps you think through how the issues you identify may impact your organization. This prioritization can be based on past experience, stakeholder opinion, or the potential severity or consequences of an issue.
- *Response strategy* involves developing a plan for how you will respond to change the impact the issue has on your organization. Your strategy may differ based on the issue and the audiences (or "publics") affected. For example, you may need to change how you operate, improve how or what you communicate to change the potentially negative perceptions held by the audiences or stakeholders, and or change policies to lessen the impact of the issue in the future.
- *Implementing your strategy* may involve working with many different stakeholders. Think strategically and broadly about whom you may need to include in order to implement your strategy and how you will gain the buy-in of the individual(s) or organization(s). Stakeholders considered may include leadership of your own organization, your partners, funders, community members, and the media, among others.
- *Evaluating your strategy* involves examining the impact produced by implementing your issues management strategy. Were you able to address or lessen the impact of the issue? What could you have done differently? Did your strategy work or do you need to change your approach for the future?

Issues management² techniques are not needed often in asthma work. However, these techniques may be useful if your evaluation findings negatively impact some stakeholder group or other constituency. For example, your evaluation of a home environment intervention may find that certain housing or environmental standards are not being complied with in one or more housing developments. Although you may want to work with housing authorities to remediate these issues, your issue identification might indicate that some residents are resistant to the required changes for fear that renovations will be disruptive or will raise rents. By sharing the residents' concerns with the landlord, they can communicate more effectively with residents about the cost implications, if any, and timetable for changes, or they can conduct renovations when housing units are empty. These communications go a long way toward reducing resistance and allowing you to implement your action plan without conflict.

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² Additional information on issues management can be found from the Issues Management Council (<u>http://www.issuemanagement.org/</u>). This website is geared toward a business or industry audience but goes through some of the basics of this approach.

NOTES

Appendix B. Glossary

Definitions included in the glossary can be found in the sources referenced at the end of the appendix. Note that glossary terms are often close paraphrases or excerpts from sources. Words highlighted in **GREEN**, **BOLD**, **SMALL CAPS** indicate cross-references to other terms included in the Glossary.

Accuracy	One of the program EVALUATION STANDARDS developed by the Joint Committee on Standards for Educational Evaluation. The extent to which an evaluation is truthful or valid in what it says about a program, project, or material (Yarbrough, Shulha, Hopson, & Caruthers, 2011). See also FEASIBILITY, PROPRIETY, UTILITY, EVALUATION ACCOUNTABILITY.
Action Plan	The steps to be taken to complete an objective or implement a recommendation. An action plan outlines specific tasks, resource requirements, responsible parties, and a timeline for completion (Center for Community Health and Development, n.d).
Activities	The actual events or actions that take place as a part of the program (CDC, 2011).
Advance Letters	Letters or other materials sent out in advance of a survey or similar data collection effort to inform potential participants about the purpose of the survey, its sponsor(s), and their rights as study participants, as well as the protection afforded them (Lavrakas, 2008).
Archival Sources	A place or collection containing records, documents, or other materials of historical interest to a program (CDC, 2009).
Audience	The individuals (such as your STAKEHOLDERS and other evaluation users) with whom you want to communicate the results of an evaluation (Salabarría-Peña, Apt, & Walsh, 2007).
Comparison Group	A group not exposed to a program or treatment. Sometimes referred to as a CONTROL GROUP , comparison group is a term used more frequently in QUASI-EXPERIMENTAL DESIGNS than in EXPERIMENTAL DESIGNS (DHHS, 2005; EPA, 2007).
Confidential Information	Any identifiable information <i>or information associated with</i> <i>identifiable</i> information about a person or establishment collected under an assurance that restricts the degree to which the information can be shared with others.

	It is important to understand that information that by itself would not lead to the identity of a respondent, but which could do so if combined with information already released (e.g., the identities of areas in which a survey was conducted), must also be considered confidential. (CDC, 2004, p. 3)
Control Group	A group whose characteristics are similar to those of a program's participants but who do not receive the program services, products, or ACTIVITIES being evaluated. Participants are randomly assigned to either the experimental group (those receiving program services) or the control group. A control group is used to assess the effect of program activities on participants who are receiving the services, products, or activities being evaluated. The same information is collected for people in the control group and those in the experimental group (EPA, 2007). See also RANDOM ASSIGNMENT.
Cultural Sensitivity	Understanding and appreciation displayed by a culturally competent individual toward cultural differences and similarities within, among, and between groups (EPA, 2007).
Data Collection Instrument	A form or set of forms used to collect information for an evaluation. Forms may include interview instruments, intake forms, case logs, and attendance records. They may be developed specifically for an evaluation or modified from existing instruments (EPA, 2007).
Evaluation Accountability	One of the program EVALUATION STANDARDS developed by the Joint Committee on Standards for Educational Evaluation. This standard encourages increased transparency in planning and implementation of evaluation as well as how conclusions are drawn through documentation and metaevaluation (Yarbrough, et al., 2011). See also FEASIBILITY, ACCURACY, PROPRIETY, and UTILITY.
Evaluation Capacity Building	"the intentional work to continuously create and sustain overall organizational processes that make quality evaluation and its uses routine" (Stockdill, Baizerman, & Compton, 2002, p. 14).
Evaluation Design	The overarching plan for collecting data, including when and from whom. This includes the use of comparison or CONTROL GROUPS , sampling methods, and measures that are used (or proposed) to address the specified EVALUATION QUESTIONS. Evaluation designs address information sources, data collection methods, the timing and frequency of data collection, and data analysis plans. Evaluation designs fall into one of three broad categories:

	EXPERIMENTAL DESIGN, QUASI-EXPERIMENTAL DESIGN, and NON-EXPERIMENTAL DESIGN (DHHS, 2003; GAO, 2012; Issel, 2009).
Evaluation Implementation Team	As used in this guide, this term refers to a small group of evaluation STAKEHOLDERS convened by an asthma program to implement or supervise implementation of an INDIVIDUAL EVALUATION PLAN. This group may include external evaluation contractors.
Evaluation Planning Team	As used in this guide, this term refers to a small group of evaluation STAKEHOLDERS convened by an asthma program to develop and implement a STRATEGIC EVALUATION PLAN and or INDIVIDUAL EVALUATION PLAN .
Evaluation Question	A question generated by your STAKEHOLDERS to ascertain information about a program's implementation, OUTPUTS , or OUTCOMES , depending on where on the continuum of the logic model the evaluation is focused. The goal of an evaluation effort is to answer one or more evaluation question(s) (Russ-Eft & Preskill, 2009).
Evaluation Standards	Developed by the Joint Committee on Standards for Educational Evaluation, evaluation standards are the criteria upon which the quality of PROGRAM EVALUATIONS can be judged (Yarbrough et al., 2011). See also ACCURACY, EVALUATION ACCOUNTABILITY, FEASIBILITY, PROPRIETY, and UTILITY.
Evaluation Technical Advisor	ACHB staff or contractor assigned responsibility for providing evaluation technical assistance, training, and resource documents with an aim of building evaluation capacity in an asthma control program.
Experimental Design	Designs that try to ensure the initial equivalence of one or more CONTROL GROUPS to a treatment group by administratively creating the groups through RANDOM ASSIGNMENT , thereby ensuring their mathematical equivalence. Examples of experimental or randomized designs are randomized block designs, Latin square designs, fractional designs, and the Solomon four-group (DHHS, 2005).
Feasibility	One of the program EVALUATION STANDARDS developed by the Joint Committee on Standards for Educational Evaluation. The feasibility standards are intended to ensure that an evaluation will be realistic, prudent, diplomatic, and frugal (Yarbrough et al., 2011). See also ACCURACY , PROPRIETY, UTILITY , and EVALUATION ACCOUNTABILITY .

Health Insurance Portability and Accountability Act (HIPAA)	The Health Insurance Portability and Accountability Act of 1996 (HIPAA) consists of two Titles. Title I protects health insurance coverage for workers and their families when they change or lose their jobs. Title II requires the Department of Health and Human Services (DHHS) to establish national standards for electronic health care transactions and addresses the security and privacy of health information. HIPAA was first proposed with the simple objective to ensure health insurance coverage after leaving a job. In addition to these portability provisions, however, Congress added an Administrative Simplification section, with the goal of saving money in mind. The Administrative Simplification section was requested and supported by the health care industry because it standardized electronic transactions and required standard record formats, code sets, and identifiers. Following this standardization effort, Congress recognized the need to enhance the security and privacy of individually identifiable health information in all forms. In 1999, Congress directed DHHS Services to develop privacy and security requirements in accordance with HIPAA's Title II (CDC, 2018). To learn more please go to https://www.cdc.gov/phlp/publications/topic/hipaa.html.
Human Subjects	Individuals whose physiologic or behavioral characteristics and responses are the object of study in a research project. Under the federal regulations, human subjects are defined as living individual(s) about whom an investigator conducting research obtains data through intervention or interaction (Office of the Federal Registrar, 2018). Current practice in program evaluation is to use "participant" language such as "study participants" or "people".
In-Kind	Payment made in the form of goods and services rather than cash.
Indicator	A specific, observable, and measurable characteristic or change that shows the progress a program is making toward achieving a specified OUTCOME (DHHS, 2005).
Individual Evaluation Plan	As used in this guide, a written document describing the overall approach or design that will be used to guide an evaluation. It includes what will be done, how it will be done, who will do it, when it will be done, why the evaluation is being conducted, and how the findings will likely be used. It may also be called an evaluation protocol (EPA, 2007).
Institutional Review Board (IRB)	A specially constituted review body established or designated by an entity to protect the welfare of people
Annonalise D	Daga P 4

	recruited to participate in biomedical or behavioral research (Office of the Federal Registrar, 2018).
Interim Reporting	Periodic reporting to sponsors and other STAKEHOLDERS regarding the progress of an evaluation to keep them informed during the period prior to issuance of the final evaluation report or other method of dissemination (Russ- Eft & Preskill, 2009).
Intervention	Any group of ACTIVITIES that are coordinated by the asthma program to achieve OUTCOMES . Service interventions are those that are targeted to individual people with asthma and their families and other caregivers. Health systems interventions address issues more broadly, often at the population level.
Non-experimental Design	An EVALUATION DESIGN in which participant information is gathered during or after an INTERVENTION. There is no COMPARISON GROUP, CONTROL GROUP, or repeated measurements of the treatment group (DHHS, 2005; Salabarría-Peña et al., 2007).
Outcomes	The results of program operations or ACTIVITIES ; the effects triggered by the program, such as increased knowledge or skills, changed attitudes, reduced asthma morbidity and mortality (DHHS, 2005).
Outputs	The direct products and services delivered by a program, such as number of messages aired, number of trainings offered, or number of meetings held (DHHS, 2005).
Pilot Test	A pretest or trial run of a program, evaluation instrument, or sampling procedure for the purpose of correcting any problems before it is implemented or used on a larger scale (EPA, 2007).
Program Evaluation	The systematic collection of information about the ACTIVITIES , characteristics, and OUTCOMES of programs to make judgments about the program, improve program effectiveness, and or inform decisions about future program development (Patton, 2008).
Propriety	One of the program EVALUATION STANDARDS developed by the Joint Committee on Standards for Educational Evaluation. The extent to which the evaluation has been conducted in a manner that evidences uncompromising adherence to the highest principles and ideals, including professional ethics, civil law, moral code, and contractual agreements (Yarbrough et al., 2011). See also ACCURACY , FEASIBILITY, UTILITY, and EVALUATION ACCOUNTABILITY.
Quasi-experimental Design	Study structures that make comparisons to draw causal inferences but do not use randomization to create the treatment and COMPARISON GROUPS. The treatment group is usually given the treatment or program, whereas the comparison group is not; comparison groups may be selected to match the treatment group as closely as possible, selected as non-equivalent comparison groups which must be corrected for statistically, selected based on a specified pre-program cutoff score, or the treatment group may serve as its own comparison group over time to observe changes in an outcome; in this way inferences on the incremental impacts of the program can be made (Campbell & Stanley, 1966; Trochim, 2020).
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Random Assignment	The assignment of individuals in the pool of all potential participants to either the experimental (treatment) group or the CONTROL GROUP in such a manner that their assignment to a group is determined entirely by chance (GAO, 2012; GAO, 2005).
Reliability	The extent to which a measurement, when repeatedly applied to a given situation, consistently produces the same results if the situation does not change between the applications. Reliability can refer to the stability of the measurement over time or to the consistency of the measurement from place to place (DHHS, 2005).
Stakeholders	People or organizations that are invested in the program (program stakeholders) or that are interested in the results of the evaluation or what will be done with results of the evaluation (evaluation stakeholders) (DHHS, 2005).
Strategic Evaluation Plan	As used in this guide, this term refers to a written document describing the rationale, general content, scope, and sequence of the evaluations to be conducted over time.
Utility	One of the program EVALUATION STANDARDS developed by the Joint Committee on Standards for Educational Evaluation. The extent to which an evaluation produces and disseminates findings that inform relevant AUDIENCES and have beneficial impact on their work (Yarbrough et al., 2011). See also ACCURACY , FEASIBILITY , PROPRIETY , and EVALUATION ACCOUNTABILITY .

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NOTES

Appendix C. Meeting Evaluation Challenges

Good planning and strategies such as those discussed in the main text of this module can help you anticipate and minimize potential evaluation challenges. Yet, no matter how well you plan, challenges can and will occur. By promptly identifying and actively confronting evaluation challenges, you can help each of your evaluations meet the evaluation standards of utility, feasibility, propriety, accuracy, and evaluation accountability.

The series of tables in this appendix provides practical suggestions for meeting evaluation challenges you might encounter. The challenges are organized by type: evaluation context (Section C.1), evaluation logistics (Section C.2), data collection (Section C.3), data analysis (Section C.4), and dissemination of evaluation findings (Section C.5). For each potential challenge, we suggest actions you can take to meet these challenges proactively during the planning phase. We also suggest actions you can take during implementation to minimize the effects of any challenges that arise despite your best planning.

C.1 Evaluation Context

No program—and no evaluation—occurs in a vacuum. Asthma programs, and hence, asthma program evaluations, exist within an organizational hierarchy and are embedded within a community that can influence their conduct and their ultimate success. Asthma interventions occur in multiple settings, such as homes, schools, workplaces, hospital emergency departments, clinics), and therefore, evaluations of interventions may require access to these places to collect critical data. To gain this access, you will need to identify and cultivate "champions" for your evaluation in your organization and in the community at large. These champions can also encourage key program stakeholders to consider and eventually act upon evaluation findings.

This type of political will in support of evaluation is extremely valuable and should be thoughtfully and actively fostered. Think upfront about where reliance on your organization, its leadership, and your community will be most critical and incorporate ways to facilitate that interaction into your evaluation plan. **Table C.1** offers steps you can take to address challenges relating to evaluation context.

	Mosting Challenges during	Monting Challenges during	Polovant
Cha <u>llenge</u>	Planning	Implementation	Stan <u>dard(s)</u>
Negative community response to evaluation	 Discuss information needs and evaluation plans with stakeholders. Include one or more stakeholders from the community, including program beneficiaries, on evaluation team, if appropriate. Meet with stakeholders, or a sample of stakeholders, to discuss the source of their negative response. 	 Discuss evaluation findings with stakeholders and explore implications for program and community. Include stakeholders in developing an action plan to implement evaluation findings. Use an issues management approach to public relations if findings may reflect negatively on the community (See Appendix A). 	Utility Propriety Evaluation Accountability
Lack of "political will" to support evaluation	 Discuss information needs with stakeholders and incorporate their needs into the evaluation. Discuss strategies to increase awareness of the importance of evaluation, as well as increase support for the evaluation. 	 Discuss evaluation successes, findings, and implications for the program with stakeholders and organizational leadership post-evaluation. Consistently send messages about the importance of evaluation. 	Utility Feasibility Evaluation Accountability
Changes in program priorities	 Discuss program priorities with stakeholders and incorporate into the evaluation. 	 When priorities shift, frankly discuss whether the evaluation should continue as planned or whether modifications need to be made. If evaluation continues to completion, discuss implications for program priorities with stakeholders after completion. 	Utility Feasibility
Lack of support from program leadership	 At the start of strategic evaluation planning, include frontline program leadership in stakeholder discussions about the evaluation. 	 Keep leaders informed about the evaluation through progress reports and solicit their input. Consider alternate methods of dissemination that may be more useful to busy leaders. Should leadership change, inform new leaders about the evaluation and its progress and solicit their input. Include leaders in briefings on evaluation results and implications for program improvement. 	Utility Feasibility

Table C.1 Meeting Challenges in Evaluation Context

C.2 Evaluation Logistics

An evaluation needs to be managed like any other project. Those working on the evaluation need to know who is doing what, when, how, and why. They also need clear guidelines about how many hours and other resources can and should be spent on individual work assignments. Evaluation progress should be carefully monitored through a variety of means, and contingency plans should be developed if evaluation components, such as the timeline, budget, and or scope, lose their trajectory. Good project management processes and tools such as the ones presented in **Appendix G** will support those managing the evaluation in reaching a successful conclusion. These good management practices and tools should be built into your Individual Evaluation Plan. **Table C.2** offers steps you can take to address logistical challenges in evaluation.

Evaluation Challenge	Meeting Challenges during Planning	Meeting Challenges during Implementation	Relevant Standard(s)
Difficulty communicating with evaluation personnel, evaluation team members, and stakeholders	• Develop a communication plan about whom you will need to communicate with at various stages of the evaluation and the best modes of communication for each audience type.	 Consult regularly with the communication plan to help make sure you are on track. Develop ways to obtain regular feedback from various audience types to ensure adequate communication. 	Utility Feasibility Propriety Accuracy Evaluation Accountability
Confusion among team members about roles and responsibilities	 Plan around staff skills and availability, including looking across evaluations during strategic evaluation planning. Clearly document team member roles and responsibilities in Individual Evaluation Plan. 	 Hold regular meetings with the Evaluation Implementation Team to discuss progress and address emerging issues. 	Feasibility Accuracy Evaluation Accountability
Insufficient financial resources to complete the evaluation	 Have resource estimates developed by individuals experienced in evaluation. Consider efficiencies across evaluations during strategic evaluation planning. Identify additional resources for evaluation; engage partners in understanding potential additional funding sources. Consider delays in evaluation schedule to 	 Regularly monitor evaluation budget during implementation. Consider reduction in scope and other cost- saving measures if budget monitoring indicates a need to economize. Document effectiveness of cost- saving measures. Keep track of resources spent to help generate more realistic estimates in future evaluations. 	Feasibility

Table C.2 Meeting Challenges in Evaluation Logistics

Evaluation Challenge	Meeting Challenges during Planning	Meeting Challenges during Implementation	Relevant Standard(s)
	 accommodate funding cycle. Allow for some wiggle room in your budget in case surprises occur. 		
Inadequate staff resources to complete evaluation	 Plan around staff skills and availability, including looking across evaluations during strategic evaluation planning. Consider alternatives during strategic evaluation planning if staffing falls short of requirements, such as contracting externally, training existing staff members in needed skills, "borrowing" partner personnel, involving interns from local colleges and universities. 	 Implement previously developed contingency plans to deal with staff shortages. 	Feasibility
Evaluation off track in terms of timeline, budget, or scope	 Examine commitments across proposed evaluations during strategic evaluation planning. Consider involving an evaluation colleague in reviewing and providing feedback on the practicality of the evaluation workplan outlined in your Individual Evaluation Plan. 	 Monitor timeline, budget, and scope. Hold regular meetings with the Evaluation Implementation Team to discuss progress and emerging issues. Respond quickly to emerging issues; include Evaluation Implementation Team members in developing solutions. Revise timeline, budget, and scope as feasible, considering any fixed deadlines. Document effectiveness of procedures used to address emerging issues. 	Feasibility

C.3 Data Collection

There are many aspects of data collection activities to consider while planning for and implementing an evaluation. This is true whether you are collecting new data through surveys, interviews, or focus groups; systematically reviewing archival data such as medical records; or compiling and analyzing surveillance data from existing sources. Any of these types of data

collection activities require that you have a clear plan, or protocol, for how the work will proceed and as many safeguards as necessary to ensure the consistency, accuracy, and reliability of your findings.

Some important safeguards include documenting procedures to use, pilot testing procedures and instruments, training individuals involved in data collection or compilation, and carefully cleaning the data in preparation for analysis. In addition, you will want to ensure procedures are in place to monitor the quality and consistency of incoming data. Protecting the rights of any participants involved in the evaluation is another critical consideration that must be planned for upfront and managed carefully during implementation. **Table C.3** offers steps you can take to address several potential data collection challenges.

Evaluation Challenge	Meeting Challenges during Planning	Meeting Challenges during Implementation	Relevant Standard(s)
Ineffective data collection instruments or data collection strategies	 Consider using or modifying existing instruments that have already been tested. Where new instruments are needed, include stakeholders and individuals experienced in evaluation in the design of effective, culturally sensitive instruments. Consider meeting with members of respondent population to inform instrument development. Pilot test instruments before launch of full data collection and revise instruments as needed. Use multiple methods, where possible, to triangulate findings and in case any one method or instrument does not work well. 	 Train all data collection personnel (even those with extensive experience) on written data collection protocol for this evaluation. Regularly monitor data collection activities to ensure that the processes are proceeding smoothly and to detect any emerging problems. If problems surface, particularly early in data collection, consider modifying the instrument or data collection strategy. 	Feasibility
Lack of access to data	 Identify potential data sources and determine the availability and accessibility of any existing data required for the evaluation. Develop memoranda of understanding and data- sharing agreements for access to required data prior to launch. 	 Discuss with Evaluation Implementation Team and stakeholders how to work around failures or divisions in data- sharing agreements. If necessary, revise evaluation scope to accommodate lack of access and tap alternative data sources. 	Feasibility

Table C.3 Meeting Challenges in Data Collection

Evaluation Challenge	Meeting Challenges during Planning	Meeting Challenges during Implementation	Relevant Standard(s)
Difficulties recruiting participants	 Include stakeholders and individuals experienced in evaluation in planning to maximize respondent participation in the evaluation. In designing instruments and recruitment materials, consider respondent burden and the costs and benefits to respondents in participating. Budget permitting, consider offering incentives (non-monetary only) to participants. Identify and minimize barriers to recruitment or participation in the evaluation (e.g., reduce length of instrument, change data collection strategies to be more appealing or less burdensome). 	 Train data collectors in effective recruitment techniques. Solicit support from community members in identifying and gaining the cooperation from eligible respondents. Solicit support from community members and explain to them the importance of the program and the importance of evaluation for improving the program. 	Feasibility Propriety Accuracy Evaluation Accountability
Difficulties working with contractors	 Plan for which evaluation tasks will need to be contracted out and identify funds available for this work. Identify contractors whose evaluation approach and style align with your expectations and preferences. Develop detailed agreements that clearly outline contractors' roles, responsibilities, products, timeline, and budget; include requirements and funds for regular meetings and progress reports. 	 Train contract personnel to be involved in data collection on the written data collection protocol. Monitor contractor timeline, budget, and performance through regular meetings and or written progress reports. Have a "back up" list of contractors to call in the event services cannot be rendered. 	Feasibility Accuracy Evaluation Accountability

C.4 Data Analysis

Nothing is more frustrating than approaching the end of an evaluation, only to discover that the data collected cannot be analyzed or do not meet the needs of program staff members and stakeholders. With so many precious human and monetary resources invested in an evaluation, planning ahead for data analysis and use—and documenting these in the Individual Evaluation Plan—is critical. To the extent that such plans are developed in consultation with program leadership and stakeholders, the likelihood that evaluation findings will meet their information needs increases. **Table C.4** offers steps you can take to address data analysis challenges.

Evaluation Challenge	Meeting Challenges during Planning	Meeting Challenges during Implementation	Relevant Standard(s)
Data collected are not useful	 Discuss with stakeholders their information needs and priorities, and incorporate these into the Individual Evaluation Plan. Identify what types of data potential end users view as credible evidence (e.g., qualitative, quantitative, mixed). Identify a study design that will provide credible evidence for end users (e.g., pre-post, pre-post with control). Specify how each data element collected, and data analyses, will help answer each evaluation question. Draft table shells to show how data will be displayed. Pilot test instruments and revise as needed. 	 If feasible, revise data collection strategies or instruments, or clarify instructions, to enhance data quality. Conduct preliminary analysis of pilot data to check for usefulness of data and feasibility of analysis plan; revise data collection and analysis plans as necessary (including possible revisions to the sampling plan). 	Utility
Uncertainty about how to analyze the data	 Include stakeholders and individuals experienced in evaluation and in data analysis in planning for data analysis. Cross check analysis plans with evaluation data collection instruments to ensure data are collected in an appropriate manner for intended analyses. Document data analysis approach in Individual Evaluation Plan. Ensure availability of individuals (either staff members or contractors) with the requisite skills and experience to implement the analysis plan. 	 Consult with analysts on staff or in partner organizations. If data cannot or will not be analyzed, consider dropping the data elements from data collection instruments. Do not report data with small cell sizes that might result in inadvertent disclosure of confidential information (e.g., when small numbers of cases further broken down by demographic factors could lead to identification of individuals). In these situations, it may be advisable to note the 	Feasibility Accuracy Propriety

Table C.4 Meeting Challenges in Data Analysis

Evaluation Challenge	Meeting Challenges during Planning	Meeting Challenges during Implementation	Relevant Standard(s)
		reason for not reporting on certain analyses.	
Preliminary findings indicate need for program modifications	 Discuss with stakeholders how to handle the situation if preliminary findings suggest need for program modification. Consider preparing for a "mock" findings session in which possible results scenarios are presented. 	 Discuss preliminary findings with stakeholders to decide whether the program should be modified immediately or after evaluation concludes. If the program is modified, consider with evaluation team and stakeholders any implications this has for the remainder of the evaluation. 	Utility

C.5 Dissemination of Evaluation Findings

We conduct evaluations in order to put the information collected to good use in the service of improving our programs and providing accountability to funders, program participants, and other decision makers. Yet evaluation findings that are not believable or come too late to meet a specific information need are unlikely to be able to inform programmatic decision making. Fortunately, there are things that can be done to help ensure use, while planning for and implementing an evaluation. **Table C.5** offers steps you can take to address evaluation challenges relating to dissemination of findings.

Evaluation Challenge	Meeting Challenges during Planning	Meeting Challenges during Implementation	Relevant Standard(s)
Late timing of evaluation in relation to information needs	• Discuss with stakeholders to learn when information is needed.	 Monitor evaluation timeline to ensure it stays on track. If appropriate, disseminate interim findings prior to completion of 	Utility
		evaluation along with caveats that the information is not final.	

Evaluation Challenge	Meeting Challenges during Planning	Meeting Challenges during Implementation	Relevant Standard(s)
Findings not used	 Hold discussion with program stakeholders upfront about information needs and intended use of evaluation findings. Incorporate stakeholder information needs into the evaluation plan. Develop plans for dissemination of findings (including interim findings). 	 Ensure that findings are communicated to decision makers in useful formats at strategic times; share interim findings if appropriate. Hold post-evaluation discussion with program stakeholders about evaluation findings and implications for the program. Document proposed strategies to address evaluation findings in an action plan with clear roles, responsibilities, timeline, and budget. 	Utility
Findings not viewed as credible	 Discuss with program stakeholders and decision makers any design and data collection preferences they may have and incorporate this into the Individual Evaluation Plan. Document design and data collection strategies in Individual Evaluation Plan and share with intended end users for feedback. 	 Post-evaluation, discuss findings alongside methodology used and related rationale. Respond to stakeholder questions about methodology used. 	Utility Accuracy
Findings from one evaluation have implications for later evaluations in the Strategic Evaluation Plan	 During strategic evaluation planning, be aware of potential relationships and interdependencies between the various evaluations proposed. Plan "check-ins" with Strategic Evaluation Planning Team and Evaluation Implementation Teams to discuss implications for 	 As part of post- evaluation discussions, address whether any of the evaluation findings affect future planned evaluations (e.g., which evaluations to conduct, how to conduct them, or how much of the resources have been expended). If necessary, revise the Strategic Evaluation Plan. 	Utility Feasibility

Evaluation Challenge	Meeting Challenges during Planning	Meeting Challenges during Implementation	Relevant Standard(s)
	future evaluations.		
Findings not welcomed by some stakeholders	 Discuss with stakeholders what their information needs are and how this can be addressed in the evaluation plans. Discuss with stakeholders how to handle a situation where findings do not show the program in a positive light or suggest a need for program modification. Consider modes of dissemination that are most accessible to stakeholders. 	 Communicate with stakeholders throughout the evaluation to avoid surprises at the end. Post-evaluation, discuss evaluation findings with stakeholders and explore implications for program and community, emphasizing positive, constructive action that can be taken. 	Utility Feasibility

NOTES

Appendix D. Evaluation Anxiety

Evaluation anxiety—feeling anxious about an evaluation and its potential impacts—is quite common. It can affect the staff members and other stakeholders of a program being evaluated, as well as the evaluators, and its effects can be detrimental to the quality of the evaluation. In this appendix, we provide you with some practical suggestions to minimize evaluation anxiety.

D.1 Anxiety Among Evaluation Stakeholders

Most people experience anxiety when they believe that their behavior or achievements are being evaluated and are afraid that the results will reflect poorly on them. If you are aware of and take steps to address this perception at the outset of your evaluation, you can minimize the chance that stakeholder anxiety will lead to obstruction of an evaluation or render its findings useless. Helping stakeholders understand the clear distinction between personnel evaluation and program evaluation is an important first step.

Several prominent evaluators have analyzed the phenomenon of evaluation anxiety and offer a number of practical strategies to recognize and address it. According to Donaldson, Gooler, and Scriven (2002), anxiety among personnel and stakeholders of a program being evaluated may be caused by such factors as lack of experience with program evaluation, negative past experiences with program evaluation, and fear of negative consequences of evaluation.

Some Sources of Program Personnel & Stakeholder Anxiety:

- Lack of experience.
- Negative past experiences.
- Fear of negative consequences.

When anxiety is extreme, it may lead to conflict with the evaluator; avoidance of or refusal to work with the evaluator; stalling, protesting, or failing to use evaluation results; hiding weaknesses; and displays of anger at negative findings. At its worst, excessive evaluation anxiety can result in difficulty gaining access to required information, lack of cooperation by critical stakeholders, false reporting, challenges to the validity of evaluation results, lack of program improvement, decrease in performance and productivity in general, and dissatisfaction with program evaluation.

Donaldson and colleagues (p. 265) offer the following strategies for addressing excessive evaluation anxiety:

- Expect and accept: Be prepared for some evaluation anxiety and accept that you will have to account for and respond to it throughout the evaluation.
- Work through hangovers from bad evaluation experiences.
- Make sure the anxiety isn't legitimate opposition to bad evaluation.
- Determine the program psychologic (i.e., how the success or failure of the program being evaluated will affect stakeholders personally).
- Discuss purposes of the evaluation.
- Discuss the professional standards for program evaluation.
- Discuss why honesty with the evaluator is not disloyalty to the group or the program.
- Discuss the risk or benefit ratio of cooperation for individuals.
- Provide balanced continuous improvement feedback.
- Allow stakeholders to discuss and affect the evaluation.

- Be prepared to wear your psychotherapy hat (i.e., in terms of trying to understand how stakeholders connected to the evaluation think and feel throughout the process).
- Engage in role clarification on an ongoing basis (i.e., at a given moment are you functioning as a critic, a co-author, a trainer?).
- Be a role model (i.e., allow stakeholders to evaluate the evaluation and accept criticism gracefully). Distinguish the blame game from the program evaluation game.
- Facilitate learning communities or organizations (i.e., stakeholder receptivity to evaluation as a means to enhance learning).
- Push for culture change (i.e., toward a view of evaluation as routine and valuable).
- Use multiple strategies.

One particularly challenging area may be anxiety associated with communicating negative evaluation findings. To address this type of challenge, Torres, Preskill, and Piontek (2005) suggest these additional strategies:

- Hold regular debriefing sessions with program leadership throughout the evaluation to ensure that evaluation results are known early and are not sprung on participants at the end.
- Conduct mock sessions early in the evaluation to discuss what if scenarios, should negative results be obtained.
- Ensure balanced reporting of both positive and negative findings.
- Promote the use of evaluation findings as learning opportunities for program improvement.
- Engage stakeholders in evaluation decision making and communicate throughout the evaluation.
- Keep stakeholder perspectives in mind and directly address anxiety issues.

In addition to the strategies mentioned above, it may be beneficial to discuss the potential for negative findings, as well as the perceived implications of such findings with stakeholders. Doing so may help prepare stakeholders for the likelihood of negative findings, as well as address misinformation or misconceptions regarding the implications of these findings prior to the implementation of the evaluation.

If you are interested in further detail about how to recognize and cope with stakeholder evaluation anxiety, we refer you to Donaldson and colleagues (2002). If you are a member of the American Evaluation Association (AEA), this article is available to you online at <u>www.eval.org</u> and can be accessed using your membership ID and password. If you need assistance, please contact your CDC EVALUATION TECHNICAL ADVISOR.

D.2 Anxiety Among Evaluators

Until now, we have focused on anxiety among evaluation stakeholders. However, we recognize that the evaluator can also experience anxiety when planning for and conducting an evaluation. Anxiety may arise from a number of factors: the relationship the evaluator has with an organization; competing priorities or roles; competing demands of different stakeholders; workload stress; personal conflicts; and time, budget, or logistical constraints.

Some Sources of Evaluator Anxiety:

- Relationship of evaluator to organization.
- Competing priorities or roles.
- Competing demands of different stakeholders.
- Workload stress.
- Personal conflicts.
- Time, budget, or logistical constraints.

You can address or minimize many of these issues by applying some of the strategies listed in Appendix D.1 and in Chapter 2 of this module. You may find that as evaluation becomes routine and its value has been demonstrated, competing demands may lessen. In the following section, we elaborate on some additional techniques that may be helpful in reducing evaluator anxiety.

Evaluators who are aware of their role going into the evaluation and how it may change in relation to stakeholder needs may be better able to recognize potential sources of anxiety and address them throughout the evaluation process. Three models presented by King and Stevahn (2002) describe the types of roles played by evaluators:

- *Interactive Evaluation Practice Continuum*. This model describes the role of the evaluator in relation to other evaluation participants by emphasizing the extent to which evaluation stakeholders "are involved in evaluation decision making and implementation" (p. 7). King and Stevahn lay out a continuum from "traditional evaluation" (where the evaluator takes primary responsibility for the evaluation design and conduct with input from stakeholders), to "participatory evaluation" (where there is joint responsibility for the evaluation), to "action-research" evaluation (where evaluation stakeholders direct the evaluation, with the evaluator serving as a consultant or coach). Being clear about the relative involvement of the evaluator and other stakeholders in evaluation decision making and implementation can clarify expectations for all parties, although these roles may shift during the evaluation.
- *Evaluation Capacity Building (ECB) Framework*. This framework describes the relationship between the evaluator and the organization sponsoring the evaluation, specifically with respect to the "evaluator's commitment to building within the organization the continuing capacity to conduct evaluation studies" (p. 7). This continuum places the evaluator in a range of roles from primarily providing evaluation findings, to actively promoting evaluation participants' capacity to evaluate, or even to explicitly act as an organizational change agent to promote organizational development. The authors suggest that being explicit about the extent to which the evaluator will be engaged in building evaluation capacity in the organization will help to clarify relationships and expectations and reduce conflict related to the evaluator's role.
- **Dual Concerns Model**. This model provides a framework for examining interpersonal conflict. Two "concerns" are arrayed on a matrix that looks at the value placed on maintaining interpersonal relationships (from low to high) versus the value placed on achieving goals (from low to high). Each cell in the resulting schema suggests a

"strategy" for minimizing or addressing conflict. In this framework, the strategies that emphasize equal attention to both relationships and goals are seen as most beneficial for evaluation. These strategies are labeled "compromising" (medium, medium) and "cooperative problem solving" (high, high). Other strategies known as "withdrawing" (low, low), "smoothing" (high, low), and "forcing" (low, high) are seen as unproductive strategies for dealing with conflict in an evaluation. Conflict is an inevitable part of evaluation practice. Recognizing and acknowledging the emphasis on relationships and goal attainment, as well as the strategies being used to resolve conflict by all participants, can move the group towards a more productive resolution of conflict. This resolution can sustain relationships while maintaining focus on evaluation goals.

Several evaluators suggest specific strategies that can help address the concerns raised above about evaluator anxiety and the role of the evaluator. In her 2001 Presidential Address to AEA, Laura Leviton offered the following suggestions to address role-based anxiety:

- Look for mentoring relationships with other evaluators who may have more experience.
- Become more engaged with the "community" of evaluators; for example, by joining a local AEA affiliate.
- Work to strengthen individual evaluator strengths and weaknesses in methodological areas, in "people skills," "organizational expertise," and partnering with others who have these skill sets (Leviton, 2001).

Additional suggestions for asthma programs include

- Obtain assistance from the asthma program director to manage conflicting demands among stakeholders.
- Clarify and be explicit about the evaluator role in relation to that of other program personnel and other evaluation stakeholders.
- Share challenges and brainstorm solutions with other asthma program evaluators.
- Talk with your evaluation technical advisor about your concerns.
- Engage in reflective practice to examine anxieties and their sources, as well as the actions that can be taken to alleviate them.

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NOTES

Appendix E. Common Evaluation Designs

Once your Evaluation Planning Team has identified the specific questions your evaluation should address, the next step is to decide how to answer those questions. This decision-making process has two main steps: (1) deciding on the evaluation's overarching design and (2) deciding how to collect the data. In this appendix, we cover the first step, while **Appendix H** provides information about the second. Our goal is to present a general introduction to evaluation design, whet your appetite for further information, and direct you to resources that will supply the level of detail required to construct a sound evaluation design.

E.1 General Description of Evaluation Designs

Evaluators often join the profession through a back door. Many people engaged in evaluation might describe themselves as an "accidental evaluator" or a "Monday morning evaluator"—that is, they have been asked to engage in evaluation work, but their training and professional experiences lie elsewhere.

Three Categories of Evaluation Designs:

- Randomized or true experiments.
- Quasi-experiments.
- Non-experiments.

As a result, the evaluation designs in use today have often come to us through a variety of disciplines, such as psychology, sociology, anthropology, epidemiology, and health services research. While having so many designs to choose from can seem overwhelming, the diversity of designs offers us opportunities to be creative in seeking answers to our evaluation questions. Given the various origins of evaluation designs, there are many possible ways to categorize them. Here we adopt a categorization scheme proposed by Trochim (2020) for classifying a closely related set of designs—social research method design.³ (His online Research Methods Knowledge Base is a useful resource: <u>http://www.socialresearchmethods.net/kb/intval.php</u>). Under this framework, evaluation designs fall into one of three categories: (1) randomized or true experiments, (2) quasi-experiments, or (3) non-experiments. Descriptions of these categories follow, along with examples of specific design types that fall within each.

Randomized or true experiments

EXPERIMENTAL DESIGNS are characterized by **RANDOM ASSIGNMENT** of participants into groups. In evaluation, this type of design is often referred to as a randomized controlled trial. The most basic design of this type consists of random assignment of participants to a group that receives an intervention (intervention group) and a second group that does not (**CONTROL GROUP**). However, there are many ways a randomized or true experiment can be designed that move beyond this basic structure. According to Shadish, Cook, and Campbell (2002), "The variations are limited only by the researcher's imagination" (p. 259). For example, these designs can be "spiced up" in a number of ways, depending upon the evaluation questions at hand.

• **The number of groups.** Participants can be randomized to more than two groups. For example, a control condition (which receives the standard intervention) could be compared to multiple intervention groups, each with a slightly different "take" on the intervention being evaluated (e.g., two groups might both receive a training intervention,

³ Research and evaluation share many of the same methods, and so merely using a particular method does not indicate that a project is necessarily research, which is not permitted in the cooperative agreement. For more information on CDC's distinction between research and evaluation, talk with your evaluation technical advisor.

but one would receive a longer training [nine sessions over three weeks] than the other [six sessions over three weeks]).

- The number of time points when data are collected. Data can be collected at many different times during a randomized controlled trial. For example, data might be collected at a time after the intervention has occurred (i.e., post-only), before and after the intervention occurs (i.e., pre-post), or at multiple time points before and after the intervention has taken place.
- The number of "factors" that vary (factorial design). In the basic design, only one factor is intentionally "varied" between the intervention and the control group, namely the administration of the intervention itself. However, you could also vary another "factor" of interest—such as the administration of a pre-test. For example, let's assume two groups receive the intervention and two do not. Further, for one intervention and one control group, data will be collected through a pre- and a post-test, rather than only a post-test. This allows you to see whether administering a pre-test is related to a change in the outcome of interest (i.e., Solomon Four Group design).

Shadish and colleagues (2002) discuss in detail additional variations on the randomized/true experiment and the pros and cons associated with each in *Experimental and Quasi-experimental Designs for Generalized Causal Inference*.

Quasi-experiments

QUASI-EXPERIMENTAL DESIGNS are characterized by the use of one or both of the following: (1) the collection of the same data at multiple points in time or (2) the use of a **COMPARISON GROUP**. Quasi-experimental designs differ from the experimental design in that they do not include random assignment of participants to conditions. Many designs fall under this heading, including but not limited to pre-post tests without a comparison group, a nonequivalent comparison group design with a pre-post test or post-test only, interrupted time series, and regression discontinuity.

Similar to the randomized experiment, many variations on the basic quasi-experimental design are possible. For example, the interrupted time-series design includes collection of the same data at many time points for a single group prior to and after the intervention. However, your Evaluation Planning Team may decide it is appropriate to collect these same data on a second group that does not receive the intervention, perhaps a group similar to the first on many factors that have the potential to influence change in the outcome of interest (e.g., age, socioeconomic status, grade level). How you choose to select this comparison group or "match" on selected factors can also vary; for example, you can decide to perform one-to-one matching using demographic data at the participant level or match on broader factors at the group level (e.g., zip code to zip code, city to city). Shadish and colleagues (2002) discuss other ways an interrupted time-series design can be structured, including measuring additional **OUTCOMES**; introducing, removing, and reintroducing the intervention to the same group over time; and introducing and removing a treatment to two similar groups at different time points (i.e., switching replications).

For further detail about quasi-experimental design options and their variants, see *Experimental* and *Quasi-experimental Designs for Generalized Causal Inference* by Shadish and colleagues (2002).

Non-experiments

Similar to designs under the quasi-experimental heading, non-experimental designs do not involve random assignment. Referred to as "observational" or "descriptive," the designs in this category include (1) data collection at a single time point (i.e., one-shot designs) or (2) collection of data over time, although the same **INDICATOR** is not collected over time as would be the case with an interrupted time-series or pre-post quasi-experiment (i.e., repeated measure). Many evaluation designs are considered "non-experimental" because they do not comfortably fit under the previous two definitions.

Some examples of non-experimental evaluation designs include post-test only, cross-sectional, retrospective pre-tests, case studies (single or multiple), ethnography, and phenomenology. Unlike "randomized/true experiment" or "quasi-experiment" type designs, the designs under the "non-experimental" heading are most frequently considered in evaluations that do not attempt to answer questions of a causal nature. While this is not always the case, it is how they have been viewed historically within the evaluation field. Some evaluation scholars assert that carefully constructed non-experimental designs (e.g., case study) can indeed provide valuable information to answer causal questions (see Campbell, 1978; Yin, 2018).

Whether used to answer causal or non-causal evaluation questions, non-experimental designs are among the most common designs and offer a wide variety of options. Further details on some of the designs in this category are provided in **Table E.1**.

	Randomized/True Experiment	Quasi-Experiment	Non-Experimental
Random assignment	Yes	No	No
Comparison/control group	Yes	Possibly	No
Repeated measures	Possibly	Possibly	No

Table E.1 Summary of Evaluation Design Features

Additional options

Some designs do not fit neatly under any of the three categories mentioned above yet build upon their foundations. We include *economic evaluations* and *mixed-method evaluations* under this heading.

Economic evaluations: Because many evaluation questions center on the topic of cost, economic evaluation is often a useful approach⁴. The following describe two characteristics of true, full-scale economic evaluations (Drummond, Sculpher, Torrance, O'Brien & Stoddart, 2005):

- An alternative to the intervention that is the primary focus of the evaluation is examined. In other words, you are examining a choice—is Option A (e.g., intervention of interest) better than Option B (e.g., the status quo)?
- The comparison that is made between the intervention of primary interest and the potential alternatives considers both the costs and the *consequences* of the options. When it comes to evaluating interventions, consequences are typically considered to be the outcomes (short, intermediate, or long-term) associated with the intervention.

⁴ Drummond et al. (2005) also refers to economic evaluations as efficiency evaluations.

Full-scale economic evaluations include *cost-effectiveness analysis (CEA)*, *cost-benefit analysis (CBA)*, and *cost-utility analysis (CUA)*. These three types of evaluations differ in terms of the metric used to quantify the consequence (i.e., outcome) of interest in the evaluation. For example, cost-benefit analysis examines outcomes in monetary units. In contrast, cost-effectiveness analysis examines outcomes in non-monetary units, such as hospitalizations or symptom-free days.

According to Drummond and colleagues (2005), partial economic evaluations solely consider cost, without attending to outcomes. For instance, an evaluator, together with stakeholders, may decide that they wish to only explore the costs associated with one specific program or intervention. However, they may decide that the evaluation will examine the costs for more than one alternative intervention, referred to as a *cost analysis*. They could also choose to examine both costs and outcomes, but only for a single intervention (i.e., no comparison made to an alternative intervention)—this design is known as a *cost-outcome description*.

Mixed methods. Earlier we mentioned that evaluation designs have been borrowed from a number of different disciplines. Mixed-method evaluations blend various designs and data collection strategies. In these evaluations, "the investigator collects and analyzes and integrates the findings, and draws inferences using both qualitative and quantitative approaches or methods in a single study or program of inquiry. A key concept in this definition is integration ..." (Tashakkori and Teddlie, 2010).

Mixed-method approaches to evaluation are still fairly new and so different authors' descriptions of the various approaches vary widely. Some focus on why and how you would use a mixture of qualitative and quantitative data within an evaluation (Greene, 2007), while others present options such as mixing at the level of the *design* itself (Creswell, 2009; Tashakkori & Teddlie, 2010). An example of this "mixing" would be nesting a case study within a randomized controlled trial to better understand whether a given medical treatment improved particular health outcomes, as well as to understand the treatment experience from the patients' perspectives (Creswell, 2009, p. 215). In the brief overview of mixed-method designs below, we discuss the approaches that are most likely to apply to asthma program evaluations—those at the data collection level.

One important consideration in selecting a mixed-method evaluation is articulating why a mixture of methods would make sense for a given evaluation. Although it is important to consider the rationale when selecting any evaluation design, it is particularly important when choosing whether to use a mixed-method design. Mixing methods may require more time and effort than other approaches, so it is important to think through whether the approach is appropriate to address the evaluation questions. Additionally, evaluators often collect different types of data (such as, qualitative and quantitative) without stepping back to consider how these data will be used *together*. Understanding the potential purposes behind integrating these different types of data in a specific evaluation may bring to light ways to strengthen an evaluation.

Greene's discussion of the reasons for employing a mixed-method design may help you to identify creative ways to use different types. Because many asthma programs have indicated that they are likely to use this approach, we cover it in some detail. Greene (2007) identifies the a few

considerations: triangulation, complementarity, development, initiation, and expansion—each of which we describe next, leveraging the explanations provided in her text.

Triangulation: Triangulating data—collecting data about a construct in multiple ways—can increase the validity associated with measuring a specific construct, such as, attitude toward asthma self-management. Many of the constructs used in asthma programs such as attitudes and beliefs can only be measured indirectly. As a result, each measure has some sort of associated error—in other words, we do not get a perfect picture of the concept we are measuring. How far "off the mark" we are can be considered a form of error. As a result, collecting data about the construct using multiple methods or from multiple sources can be helpful—such as using both closed-ended questions on a survey and open-ended questions in an interview. Since these data collection methods likely have erred in different ways, combining information from both sources can give us a more complete or accurate measure of the construct. When examining data for the purpose of triangulation, evaluators are often looking for how the findings converge.

Complementarity: The purpose of mixed-method evaluations that have a complementarity design is to "elaborate, enhance, deepen, and broaden the overall interpretations and inferences from the study" (Greene, 2007, p. 101). As a result, different perspectives are sought on a problem of interest, like in an evaluation examining healthier lunchtime food options in a school cafeteria (Greene, 2007). In this example, the evaluator chooses to collect data by observing the food choices that students make in the cafeteria and then decides to gather additional data from students about these food choices through interviews. The interviews reveal the extent to which peers influence what a student chooses to eat in the cafeteria. Here we see that the topic of interest for both data collection efforts is the choice made in selecting from the available lunch options; however, different aspects of this topic are examined (i.e., the choice and a potential influence).

Development: When development is the purpose for a mixed-method evaluation, one data collection method informs another. For example, imagine your program conducts an intervention designed to improve physician communication with patients. Your evaluation question may be "to what extent do physicians in this intervention demonstrate improvements in patient communications?" To answer the evaluation question, your evaluation team collects survey data from a random sample of patients who visit the participating physicians before and after the intervention. Ten percent of patients who demonstrate the largest and smallest change in quality ratings between the pre- and post-measures are then selected for telephone interviews to learn more about the interactions with their physicians. In this case, the findings from the pre-post surveys provide the sample for follow-up interviews.

Initiation: When mixing methods for the purpose of initiation, we are looking for differences that emerge with respect to a problem of interest. Once differences are uncovered, further exploration is often warranted to help understand why these differences exist. For example, an asthma program partner may implement a series of trainings for school nurses to enhance their ability to work with students on their asthma self-management behaviors. The training evaluation includes the collection of data from a subset of attendees through semi-structured interviews and a self-assessment exit survey that is completed by the instructors at the end of the course. Evaluation findings indicate that the attendees' comments about the courses are much more favorable than the instructors'. Furthermore, these differences do not appear to occur specifically within a given training site. Such a finding creates a paradox of sorts—why do such extreme

differences exist between the instructors and students? This might encourage the evaluator to dig deeper to better understand the discrepancy.

Expansion: When using a combination of methods for the purpose of expansion, an evaluation team often strives to answer questions about various aspects of the program being evaluated to get an expanded understanding of it. A classic example is the use of quantitative methods to explore the extent to which program outcomes occurred paired with qualitative methods to better understand the process of implementing the program (Greene, 2007, p. 103). In this case, the evaluation team is essentially answering different evaluation questions about a specific program through the use of different methodologies. In the example of a hypothetical healthier eating program for children: "… the evaluator could assess student knowledge gains with a standardized pre-post test of nutrition knowledge, possible changes in lunchroom norms via a modest ethnographic inquiry component, and parental awareness of the program through a random selection of families for phone interviews" (Greene, 2007, p. 104). In this example, we can see that the evaluator is seeking a rich understanding of the program (i.e., nutrition knowledge, norms, and parental awareness), rather than focusing on one specific topic (e.g., food choices made by students).

Beyond purpose, other considerations regarding mixed-method designs include the weight given to each method used in a mixed-method evaluation, the timing or sequencing of the various data collection methods, as well as how the evaluator chooses to connect the various methods throughout the course of the evaluation (Greene, 2007).

E.2 When to Use Which Design

With all of the designs just covered (not to mention their potential variants), you might be wondering how to go about choosing the most appropriate design(s). Unfortunately, there is no cookbook to help us decide which design options to use for a given evaluation. However, two general principles can be very helpful in trying to make your decisions:



- 1. Always begin the decision-making process with the evaluation questions.
- 2. Refer to the evaluation standards for guidance.

Although it is often tempting to select a design based solely on familiarity or feasibility, it is important to *first consider the evaluation questions your Evaluation Planning Team is trying to answer*. The questions often suggest a specific design option.

For example, suppose your Evaluation Planning Team discovers, during the logic modeling process, that the asthma program is implementing a self-management program very similar to one offered by program partners. Given the similarity between the intended outcomes of these interventions, the evaluation stakeholders would like to know if they would be better off focusing their efforts on improving and expanding one of the interventions, and if so, which one. With this set of questions about the costs and outcomes of two interventions that aim to influence the same outcomes, a cost-benefit or cost-effectiveness analysis would likely be most useful.

Your evaluation questions, however, will not always suggest one specific design. Rather, in these instances, multiple designs will be plausible. When you find yourself in this situation, referring to the standards for program evaluation—utility, feasibility, propriety, accuracy, and evaluation accountability—may help you sort through your options.

Consider that the Strategic Evaluation Planning Team in your jurisdiction has decided that a high priority is evaluating an intervention designed to increase asthma self-management knowledge and skills among people who have been diagnosed with asthma at a local federally qualified health center (FQHC). A question of interest to the Evaluation Planning Team is, "To what extent did our asthma management training lead to improvements in asthma self-management knowledge among those who completed the training?"

Since this question asks about causation, a number of potential design options are available, including a randomized/true experiment; various quasi-experimental approaches; mixed methods; and, some might even argue, a case study design. Each of these designs has strengths and limitations related to the standards for program evaluation depending upon the context in which the intervention is being conducted. Consider the following examples:

- The primary end users of this evaluation are very familiar with randomized/true experiments and view the results of such evaluations to be highly credible. Where randomization is not possible, these stakeholders may acknowledge that an evaluation design using comparison groups would still be useful for their purposes. Yet they would be uncomfortable making decisions in the absence of some sort of reasonable comparison. This is an example of examining the design with respect to the utility standard.
- Mixed-method and case study designs would include the collection of data through multiple avenues. This would likely make these designs more time intensive than the other options being considered. Stakeholders debate whether the expanded scope of these types of evaluation is worth the greater investment of time and resources. This is an example of examining design with respect to the feasibility standard.
- Some of the evaluation stakeholders may raise concerns about randomly assigning individuals to a control group that receives the standard treatment when there is a convincing argument that the intervention leads to improved self-management knowledge and skills that may translate into improvements in health outcomes. These stakeholders might argue that all patients who receive services from the FQHC should receive the intervention. An option that would address this concern is providing the control group with the intervention at a later time. The Evaluation Planning Team decides that other design options are preferable because they allow for individuals to determine on their own whether they should enroll in the intervention. This is an example of examining design with respect to the propriety standard.
- In our last example, the Evaluation Planning Team would like to know whether an intervention is causing a specific outcome. This requires an assessment of the "internal validity" associated with each design option. Internal validity refers to the certainty with which we can state that an action (e.g., intervention) results in a change in a specific outcome (e.g., knowledge gain). There are many known threats to internal validity⁵, some

⁵ A thorough explanation of numerous threats to internal validity is provided by Trochim (2020) through the online Research Methods Knowledge Base (<u>http://www.socialresearchmethods.net/kb/intval.php</u>).

of which are better dealt with by using specific evaluation designs (Trochim, 2020). For example, one of the reasons your stakeholder group may find the randomized/true experiment to be more credible and useful for their purposes is that, when implemented well, the design itself combats threats to internal validity. Yet discussions may reveal that certain design options also produce levels of internal validity sufficient for the needs of primary stakeholders. This is an example of examining design with respect to the accuracy standard.

As is illustrated by this hypothetical exploration of evaluation design options, numerous considerations go into selecting an evaluation design. The decision requires carefully balancing multiple ideas, perspectives, and criteria. We encourage you to be creative and flexible in selecting the design that is most appropriate to the information and other important needs you identify while planning for the evaluation.

E.3 Some Helpful Resources

There are many good resources that discuss the various design options briefly explained in this appendix. Below are some references you may find useful as you continue to plan and implement various evaluation designs.

Experimental and Quasi-Experimental Designs

Shadish, W.R, Cook T.D, & Campbell, D.T. (2002). *Experimental and quasi-experimental designs for generalized causal inference*. Boston, MA: Houghton Mifflin Co.

Economic Evaluation

- Drummond, M.F., Sculpher, M.J., Torrance, G.W., O'Brien, B.J., & Stoddart, G.L. (2005). *Methods for the economic evaluation of health care programmes*. (3rd ed.). New York, NY: Oxford University Press.
- Haddix, A.C., Teutsch, S.M., & Corso, P.S. (2005) *Prevention Effectiveness: A guide to decision analysis and economic evaluation* (2nd ed.). New York, NY: Oxford University Press.
- Gold, M.R., Siegel, J.E., Russell, L.B., & Weinstein, M.C. (1996). *Cost-effectiveness in health and medicine*. New York, NY: Oxford University Press.

Mixed Methods

- Creswell, J.W., & Plano Clark, V.L. (2007). *Designing and conducting mixed methods research*. Thousand Oaks, CA: Sage Publications.
- Greene, J.C. (2007). Mixed methods in social inquiry. San Francisco, CA: Jossey-Bass.
- Tashakkori, A., & Teddlie, C. (Eds). (2010). *Handbook of mixed methods in social and behavioral research*. Thousand Oaks, CA: Sage Publications.
- Teddlie, C., & Tashakkori, A. (2009). Foundations of mixed methods research: Integrating quantitative and qualitative approaches in the social and behavioral sciences. Thousand Oaks, CA: SAGE Publications.

Other Aspects of Design

Creswell, J.W. (2006). *Qualitative inquiry and research design: Choosing among five approaches*. Thousand Oaks, CA: Sage Publications, Inc.

- Creswell, J.W. (2009). *Research design: Qualitative, quantitative, and mixed methods approaches*. Thousand Oaks, CA: Sage Publications, Inc.
- Patton, M.Q. (2001). *Qualitative research and evaluation methods*. Thousand Oaks, CA: Sage Publications, Inc.

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Greene, J.C. (2007). Mixed Methods in social inquiry. San Francisco, CA: Jossey-Bass.

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- Trochim, W.M.K. (2020). *Research methods knowledge base: Sampling*. Retrieved from <u>https://socialresearchmethods.net/kb/sampling-in-research/</u>
- Yin, R.K. (2018). *Case Study Research and Applications: Design and Methods* (6th ed.). Los Angeles, CA: SAGE.

NOTES

Appendix F. Budgeting for Evaluation

Conducting an evaluation requires careful allocation of resources, including time and money. This appendix provides information that will help you anticipate and plan for the resources you will need.

F.1 How to Budget for Evaluation

Developing accurate budgets for evaluation takes both planning and expertise. How do you come up with an appropriate estimate, especially if you have little direct experience? Two approaches to budget estimation you may want to consider are the historical and roundtable methods. For both approaches you will need to think through the justification for the estimate, the assumptions you make, and the known requirements of the current evaluation.

Historical budgeting method

If you have information on actual expenditures from prior evaluations, this is often the best place to start. Think carefully about the assumptions and requirements of these prior evaluations compared with the current requirements. Where do you need to make adjustments? Are you now conducting data collection over four months rather than six months? Do you have more or fewer staff members than in the past? Do you have more or fewer respondents? As a rule of thumb, you may want to develop a "per unit" price from prior efforts (e.g., if you conducted five focus groups in a prior effort, how much did it cost to recruit, conduct, analyze, and report on each group?). Keep in mind that you may experience increased efficiency "per unit" when you conduct the same activity more than once. This means that you may tend to overestimate costs if you simply multiply by the number of additional "units." The more evaluations you conduct over time, the more historical budget data you will have to work with and the more accurate your estimates will become.

Roundtable budgeting method

If you do not have historical data available as a guide for estimating the costs of your new evaluation or if prior evaluations were too different from current efforts, you can use "expert" opinions to help you develop your budget. Bring together three to four experienced staff members or partners with knowledge of the level of effort required. For example, you may want to bring in a staff member who has experience working with your priority population to help you estimate how much time will be needed for recruitment. Or you may want to engage your asthma epidemiologist to help you think about the analysis requirements. As you work with these experts, carefully document and describe the elements of your evaluation that will affect the costs (How many units? How long will each last? Who will be involved? What experience level is needed? How many and what types of supplies, equipment, and materials will be required? Are there any fixed costs? What are the variable costs?). Work as a group to come up with your best estimates of personnel time and additional resources needed for each component of the evaluation. As before, consider efficiencies in your evaluation processes as you add "units" to ensure you are not overestimating your resource needs.

It may be advantageous to combine these two approaches to come up with a more accurate estimate. A roundtable group can usually provide a better estimate when it is based on historical data. Historical estimates can benefit from the input of several experienced staff members to assess where and how to make adjustments based on the requirements of the current evaluation.

Whichever approach you choose, the most important step in preparing an accurate estimate is to ensure that you are matching your estimated costs to current evaluation requirements or plans. If you find that your estimated costs are more than you currently have available to support the evaluation, you will need to scale back the evaluation plans to fit the available resources or identify additional resources to conduct the evaluation as planned. For multi-year evaluations, comparing your estimated costs against your actual expenditures each year can also help ensure that you are still on track to complete your evaluation.

F.2 Types of Costs to Consider in Budgeting for Evaluation

Generally, the largest cost in conducting an evaluation is personnel time. As you estimate the level of effort required to complete an evaluation, consider each of the CDC Framework steps. Often, we tend to focus on the time it will take to collect data but underestimate the time it takes to

When budgeting for evaluation, think in terms of the tasks that need to be accomplished and the hours and costs these tasks will take.

complete other tasks such as planning the evaluation (especially when working with larger stakeholder groups), pilot testing data collection instruments, cleaning and preparing the data, analyzing the data, communicating the results, and working with stakeholders on action planning to facilitate use. By carefully thinking through each step, you are more likely to generate a realistic cost estimate. Initially, it may help to think in terms of the tasks that need to be accomplished and the hours they will take to implement. Then, translate the hours into dollars, while assessing the level of expertise required for each specific task.

Monitoring evaluation progress is another aspect of evaluation often missed during budget planning. Remember to allot staff member and contractor time for regular team meetings and the preparation of progress reports.

In addition to staff member time, there are a number of additional costs you may incur. We list some categories of costs frequently encountered below. You can use **Table F.1** (appended at the end of this section) to record these costs.

- *Consultants or contractors:* Consultants or contractors used to extend staff capacity or to provide special skills or experience.
- *Communications:* Postage or telephone charges.
- *Travel:* Long distance or local travel for evaluation staff members to conduct the evaluation or present the evaluation results.
- *Printing and duplication:* Preparation of documents, data collection materials, reports, and other printed materials.
- *Materials:* Purchased data collection instruments, library services, or datasets.
- *Supplies:* Office supplies or software that must be purchased or leased for the evaluation.
- *Specialized equipment:* Equipment needed to conduct the evaluation or data collection (e.g., laptop computers, digital recording devices).
- *Purchased services:* Services purchased from outside vendors with a "fixed" per unit price (e.g., transcription or translation, monthly or annual cost for online survey platform). These types of service relationships typically do not require a consultant type of arrangement.

- *Incentives:* Nonmonetary items provided to participants to encourage participation in the evaluation. Small monetary or non-monetary items might be used for incentives; however, you need to check with your project officer regarding monetary incentives.
- *Institutional Review Board review (if necessary):* If submission to an Institutional Review Board (IRB) applies to your evaluation, check with your specific IRB to find out their fee structure if any applies.
- *Training (if necessary):* Training associated with building staff capacity (e.g., analysis training, data collection training, software training) or to provide specific training instructions for the evaluation.
- *Dissemination (e.g., conferences):* Costs associated with meeting or conference registration or for local facilities if you plan to convene a stakeholder session.
- *Overhead costs and fees:* Any overhead fees or costs associated with staff member time or other resource usage.
- *Other:* Any other costs necessary for conducting the evaluation.

Not all of these types of costs apply to every evaluation. You should tailor the template at the end of this section (**Table F.1**) to fit your evaluation. If you are using different sources of funds for the evaluation, you will also want to consult cost restrictions or budgeting requirements associated with each source.

If you hire an external evaluator for part or all of an evaluation, be sure to request an itemized work plan and budget that details labor hours/costs and other expenses using similar categories. Having these documents will avoid misunderstandings about what was and was not included in the consultant or contractor's scope of work and budget.

Also, you may obtain **IN-KIND** contributions to help you with an evaluation, whether in the form of staff member time (e.g., secretarial support) or material support (e.g., space, incentives, telephone, copying). In-kind contributions should be carefully recorded at each stage in the evaluation. This will help you document the actual costs of the evaluation and will serve to illustrate the support and buy-in you have obtained for doing the evaluation. It will also ensure that you do not overlook people or organizations when acknowledging contributions.

Lastly, systematically keep track of your time and expenditures as you go along. By recording labor, expenditures, and in-kind contributions on every evaluation that you conduct, your ability to accurately estimate an evaluation budget will improve with time as you feed these data back into future estimation processes. The record you keep will also help you answer to your funders, managers, and other stakeholders about how program resources were used.

You can find additional information to guide your budget planning in *A Checklist for Developing and Evaluating Evaluation Budgets*, which is available online from the Evaluations Checklist Project at <u>https://wmich.edu/evaluation/checklists</u>. The checklist includes other considerations such as required budget formats and detailed breakdowns that may be required by an agency or funder. Another good resource is Chapter 5, Step 3, of the *W.K. Kellogg Foundation Evaluation Handbook* available at <u>http://www.wkkf.org/knowledge-center/resources/2010/W-K-Kellogg-Foundation-Evaluation-Handbook.aspx</u>.

Resource	Year 1 (\$)	Year 2 (\$)	Year 3 (\$)	Year 4 (\$)
Evaluation staff salary and benefits				
Consultants or contractors				
Communications (e.g., postage, telephone)				
Travel				
Printing and duplication				
Materials				
Supplies				
Specialized equipment				
Purchased services (e.g., transcription)				
Incentives				
IRB Review fees (if necessary)				
Training (if necessary)				
Dissemination (e.g., conferences)				
Other				
Overhead costs and fees				
Total				

Adapted from Worthen, B.R, Sanders, J.R., and Fitzpatrick, J.L. (1997).

References

Worthen, B.R., Sanders, J.R., & Fitzpatrick, J.L. (1997). *Program evaluation: Alternative approaches and practical guidelines* (2nd ed.). White Plains: NY: Longman Inc.
NOTES

Appendix G. Evaluation Management Toolkit

Basic project management principles, concepts, and tools that you may have used on other projects are also useful in managing evaluations. Effective project management requires applying a set of techniques and principles in a disciplined way while simultaneously being ready to adapt your plans as unanticipated issues arise. Good management practices will help you make sure your evaluation is on track, and if you encounter problems, will help you respond quickly. In this appendix, we provide a few simple management tools to help you implement your evaluation successfully:

- Evaluation overview statement
- Evaluation roles and responsibilities
- Evaluation timeline
- Periodic evaluation reports

The tools we include in this appendix are meant to be illustrative but are by no means the only tools that may be useful for managing your evaluation. You may have similar tools you typically use that will work well for your evaluations. Or, you may choose to modify one or more of these tools to fit your needs. Whatever management tools you choose to use, we recommend that you include them as appendices or integrate them into the body of your Individual Evaluation Plan so that you and your stakeholders have a common understanding of how you will manage the evaluation as you begin to implement it.

Remember, if you have or develop other tools that you find helpful and would like to share them with other asthma programs, please contact your ETA.

G.1. Evaluation Overview Statement

An evaluation overview statement may be one of the most important pieces of text you write about your evaluation. It provides a concise but comprehensive summary of your evaluation and what you hope to gain by conducting it. In a few short sentences it should convey the main purpose of the evaluation, what is being evaluated, the major activities to be undertaken, and the proposed uses of the evaluation results. The evaluation overview statement should be consistent with the evaluation purpose you described in your Individual Evaluation Plan. However, we recommend that you provide additional detail in the statement that will make it suitable for broader communication with stakeholders who may never read your evaluation plan. Template G.1 provides an example overview statement.

You might consider using your evaluation overview statement in

- Materials for recruiting participants into the evaluation
- Communications with funders
- Communications with partners, such as newsletters
- Communications with decision makers (e.g., briefings or elevator speeches)
- Communications with the general public (e.g., on websites or press releases)

Developing the evaluation overview statement is a valuable planning exercise to ensure that all stakeholders agree about your evaluation goals. The statement should be crafted with input from

your evaluation planning and implementation teams and should be widely used by team members and other partners when discussing the evaluation. This ensures the messages that are disseminated to various audiences about the evaluation are accurate and consistent. Remember that it may be necessary to tailor the statement to a given audience in terms of reading level, level of detail, and or level of technical content.

The format of the evaluation overview statement can vary, but basic elements include

- Name of the evaluation
- Name of the element or aspect of the asthma program being evaluated
- Time period of the evaluation
- Overall goal of the evaluation
- Identified uses for the evaluation results
- Evaluation design and major data collection activities
- Intended audience(s) for the project
- Any special considerations for how data will be collected or analyzed (e.g., issues related to evaluation standards)

Template G.1 Sample Evaluation Overview Statement

Evaluation of Asthma Self-Management Training

Component: E1 of EXHALE

Program Sponsor: [Jurisdiction] Asthma Program and [Implementation partner XX Health System] Evaluation Funding: XX

The purpose of this 18-month evaluation is to determine whether participants' asthma selfmanagement knowledge and skills increase as a result of asthma self-management training. Adults who obtain emergency department asthma care at a large urban hospital in [city] will be referred to the training program. Trained asthma educators will deliver the training in a smallgroup classroom setting. Trainings will be periodically monitored to ensure a standard curriculum and consistency across asthma educators. We anticipate training 810 adults in this program over a six-month period from March 20xx to August 20xx.

Data will be collected through self-administered questionnaires, which will be collected prior to and after the training. The questionnaire will ask about participant demographics, asthma self-management knowledge, asthma self-management skills, and intentions for changing behavior. Questionnaires will only have an ID number to protect patient privacy, and the hospital will not have access to survey results of individual patients. The analysis will focus on changes in knowledge, skills, and behavioral intention from pre- to post-training. We will also look at subgroups by race or ethnicity, age, and gender to understand whether the training was more beneficial for certain groups than others. The results will be used to determine whether to continue this training in the future, and if so, who should enroll.

G.2. Creating a Roles and Responsibilities Table

A "roles and responsibilities table" is a useful tool to help ensure that all aspects of the evaluation are assigned to a specific individual or individuals, to reduce confusion about roles, and to gain agreement from everyone involved in the evaluation about who will do what. These tables can be created by your team or with the assistance of project management software such as Slack, MS Project, or Smartsheet. The "Responsibilities" column should be a brief but comprehensive bulleted list of what each team member will do throughout the evaluation period. Remember to update your roles and responsibilities table as new staff members, consultants, or partners join or leave the project. This helps ensure that no activity falls through the cracks as your personnel change over time. You should also link roles and responsibilities to your evaluation timeline (see next section) to ensure that Evaluation Implementation Team members assigned to activities are available at the appropriate times.

Table E.5 in Module 1 is an example of a roles and responsibilities table for use in an individual evaluation plan. The templates we provide below build on that table, adding a column for specific tasks and linking those to specific task names.

As shown in **Template G.2**, each personnel, consultant, or partner with responsibilities for carrying out some aspect of the evaluation should be listed. This list should include those involved at any stage of the evaluation, including those only involved in planning activities or in dissemination of findings. The second column lists the individual's role in the evaluation—this may or may not be the same as their job title or other asthma program role. The "Responsibilities" column should be a brief but comprehensive bulleted list of what each team member will do throughout the evaluation period. Be sure to include responsibilities related to coordination or oversight as well as direct involvement in evaluation tasks.

The "Tasks" column allows you to explicitly list the major evaluation activities you believe the individual will be involved in (see **Template G.3** for an example of specific tasks). Some team members may be involved in all tasks, while others may only be involved in one or two. The more complicated the evaluation you are undertaking, the more useful you may find it to track responsibilities by tasks.

Name	Role in Evaluation	Responsibilities	Tasks
Staff Member 1	Evaluation Leader	 Work with stakeholder group to design evaluation, gain appropriate permissions, and develop instruments. 	1–8
		 Obtain IRB clearance from hospital IRB. 	
		 Train data collectors on evaluation protocol. 	
		 Monitor trainings on quarterly basis throughout the implementation. 	
		Oversee analysis.	
		 Write up evaluation interim and final results. 	
		 Conduct briefings on findings with stakeholders. 	
		 Work with stakeholder group on action plan for use of results. 	
Staff Member 2	Data Analyst	 Compile statistics on attendance and response rates throughout data collection. 	6,7
		 Enter data from training forms. 	
		 Check data quality. 	
		 Conduct main analyses. 	
		 Analyze subgroup data. 	
		Write up results.	
Partner 1	Asthma Educator &	 Attend data collector training. 	4,5
Staff	Data Collector	 Conduct asthma self-management trainings. 	
and 2		 Conduct pre- and post-data collection. 	
Staff	Evaluation Planning	Participate in evaluation planning and design.	1,2,7,8
Member 3	Team	Help develop data collection instrument.	
Partner 1 Partner 2		 Receive interim reports and provide feedback as necessary on evaluation progress. 	
Partner 3		 Provide feedback on evaluation findings. 	
		 Participate in action planning for program improvement. 	

Template G.2 Roles and Responsibilities Table

Template G.3 Task Table

Task	Task Title
Task 1	Planning and Evaluation Design
Task 2	Data Collection Questionnaire Development
Task 3	Obtaining Necessary Clearances
Task 4	Data Collector Training
Task 5	Data Collection and Monitoring
Task 6	Data Management and Analysis
Task 7	Communicating Findings or Reporting Results
Task 8	Action Plans for Improvement of Training

G.3 Timelines

A timeline is a critical management tool that allows you to plan when evaluation activities should occur and track whether activities are going as planned or if they are behind schedule. We recommend that you examine your timeline in relation to known resource constraints—whether financial or staffing—as well as the timeline for other concurrent evaluations or program activities you may be conducting. Will you have the right staff available when you need them?

An evaluation timeline should be a living document. The sequence and timing of many activities are dependent on prior actions (e.g., you cannot analyze your results before your data are collected). This means you may need to make adjustments along the way to keep your evaluation moving forward.

Below, we present several different timeline templates that may suit your needs. The templates provided here are intended for use in an individual evaluation but can also be modified to support your Strategic Evaluation Plan by displaying parallel efforts across multiple individual evaluations.

Basic Yearly Progress Timeline

A sample of a Basic Yearly Progress Timeline can be seen in **Template G.4**. This template can be used to list major evaluation activities (Column 2) and when they are expected to occur (Column 1). Use the third column to note the data source or target audience for planned data collection or communication activities (this represents the "how" for each activity you have planned). The next column indicates which team members are involved in the activity. This column should match information included in the Roles and Responsibilities Table. Use the last column to track progress toward accomplishing your planned activities (e.g., completed, delayed, etc.). You can also add notes about actions that may be needed to support moving the activity forward. Additional rows can be added if your evaluation spans multiple years.

Timeline Ye	ear 1 (20XX-20XX)			
Month (When)	Evaluation Activity (What)	Data Source(s)/ Audience (How)	Person(s) Responsible (Who)	Status/Notes
Ongoing	Monthly progress reporting	Program leadership	Evaluation Lead	
January	Evaluation planning and instrument development	Self-administered questionnaire	Evaluation Lead Evaluation Planning Team	
February	Obtain clearance from hospital IRB	IRB forms	Evaluation Lead	
	Train data collectors on protocol	Training materials	Evaluation Lead	
March– August	Conduct asthma self- management	With referred adult participants	Asthma Educators	
	Conduct data collection/monitoring	Self-administered questionnaire/ adults with asthma	Asthma Educators Evaluation Lead	
	Conduct data management	Self-administered questionnaire	Data Analyst	

Template G.4 Timeline: Basic Yearly Progress

September	Data cleaning	Data quality assurance	Data Analyst	
October	Conduct analysis and interpretation		Data Analyst Evaluation Lead	
November	Develop evaluation reports and briefings		Evaluation Lead Data Analyst	
	Provide feedback on results		Evaluation Planning Team	
December	Develop action plan for use of results		Evaluation Lead Evaluation Planning Team	

Milestone Table

Another option to consider is a milestone table that simply lists key products or events and the dates by which they should be completed. In preparing this table, shown in **Template G.5**, think about the entire evaluation process. This table may include fixed dates, such as a scheduled partnership meeting or training where you plan to collect data, or more dependent dates (e.g., two weeks after approval of new funding). Include the dates when products are due or when key evaluation dissemination and communication activities are planned (e.g., a community meeting where you plan to discuss evaluation findings). Keeping the table up to date will allow you to track progress in meeting milestones as well as keep track of any schedule changes or deviations.

Date	Description	Status
10 th day of every month	Monthly progress report	
2/5/20xx	Submit completed hospital IRB material (including questionnaire)	
2/15/20xx	Obtain hospital IRB clearance	
2/28/20xx	Data collector training	
3/1/20xx-8/31/20xx	Conduct ASM training	Once dates are scheduled add to table
Monthly from 3/1/20xx– 8/31/20xx	Monitor one training session per month	Once dates are scheduled add to table
November 10, 20xx	Conduct briefing with Evaluation Planning Team	
November 30, 20xx	Submit final evaluation report to stakeholders	
December 15, 20xx	Complete action plan for use of evaluation results	Add in dates for implementation of action plan

Template G.5 Timeline: Evaluation Milestone Table

Gantt Chart

A Gantt chart is a valuable way to display the overall project timeline and activities. There are many ways to construct a Gantt chart, but the basic structure calls for lists of activities and the duration of each. Start and stop dates and other milestones are indicated with larger dots or different colors. More complex Gantt charts can convey dependencies between activities (e.g., an activity that cannot start until another is complete) or relative estimates of labor hours or other resources across activities.

A key consideration in constructing a Gantt chart is the level of resolution you need. During periods in which many activities will be ongoing simultaneously, it may be helpful to set up the chart by days or weeks. For a longer-term view, months or quarters may be sufficient. Templates for constructing Gantt charts are available online (<u>https://templates.office.com/en-US/Search/results?query=gnatt+charts</u>), and they can also be created in commercially available software products (e.g., MS Project, MS Excel). In **Template G.6**, the link between Task 3 and Task 5 indicates a dependency between those tasks in that data collection cannot occur without IRB clearance. The dots in Task 5 indicate that monitoring of training will occur periodically on a monthly basis.

YEAR 1 Timeline (20XX)														
Activity	Start	Stop	J	F	Μ	Α	M	J	J	Α	S	0	Ν	D
1. Planning and evaluation design	1/1/20xx	1/31/20xx												
2. Data collection development	1/1/20xx	1/31/20xx												
3. Obtaining clearances	2/5/20xx	2/28/20xx												
4. Data collector training														
5. Data collection and monitoring	3/1/20xx	8/31/20xx			•	•	•	•	•	•				
6. Data management and analysis	9/1/20xx	10/31/20xx												
7. Communicating findings/Report results	11/1/20xx	11/30/20xx												
8. Action planning	12/1/20xx	12/31/20xx												

Template G.6 Gantt Chart

Shared Calendar

A final suggestion is to create a shared calendar for your evaluation. This calendar can be used by all members of the evaluation planning and implementation teams to focus on key dates for the evaluation. A calendar such as the one shown in **Template G.7** can be kept on paper, but increasingly, electronic calendars are useful to keep all team members up to date. Online calendars can also be created and shared with team members and can be accessed from any location (e.g., Google calendars).

	[APRIL]												
S	unday	М	onday	Tu	iesday	We	dnesday	Th	ursday	F	riday	Sa	turday
										1		2	
										Tea Mee 10 a	m eting am		
3		4		5		6		7		8		9	
	<u>.</u>	Trai 6pm	ning า					Trai 10a	ning m				
10		11		12		13		14		15		16	
Trai 12p	ning m					Trai [Mo	ning 7pm nitoring]						
17		18		19		20		21		22		23	
24		25		26		27		28		29		30	
										Tea Mee 10a	m eting m		

Template G.7 Calendar

G.4 Periodic Evaluation Reports

Keeping a systematic record of your evaluation activities and sharing this information on a periodic basis with key stakeholders can help ensure they have access to the information needed to play an active role in your evaluation. Periodic evaluation reports also help you maintain a history of your evaluation while it is in progress rather than trying to reconstruct events once the evaluation is complete. These reports can vary in format and audience, depending on project requirements and needs. Periodic evaluation reports are distinct from the required reporting associated with your CDC cooperative agreement, which focuses on your program as a whole. Two types of reports that you may want to consider include evaluation progress reports (see **Template G.8**) and evaluation status reports (see **Template G.9**).

Evaluation Progress Report

An evaluation progress report is a record of progress and accomplishments during a specific time period. These reports can be prepared monthly or quarterly throughout the evaluation period and represent a valuable record for you in developing more detailed annual reports to funders (e.g., continuation applications) or other stakeholders. They can also be a good way to get new personnel or partners up to speed on progress. These reports can either use a narrative format or rely on bullet points but are generally no more than one to three pages in length. Evaluation progress reports usually include the following types of information:

- Header information, including name of evaluation and person reporting
- Time period for report
- Accomplishments during time period.
- Problems and proposed or enacted solutions during time period
- Personnel changes
- Progress in meeting planned schedule or deviations from schedule
- Planned activities for next reporting period
- Financial reporting for staff member and other expenditures incurred during the time period and percent of budget expended (You can include varying amounts of detail depending on audience needs and reporting requirements.)

You may also want to include additional items during certain periods of the evaluation, such as

- Lists of evaluation partners or your Evaluation Planning Team members during planning
- Response rates for data collection activities during the data collection period
- Planned or actual requests for information received during the evaluation and any response
- Planned or actual communication activities related to evaluation findings
- Evaluation successes or lessons learned regarding evaluation
- Other items that you want to record in a systematic way

You should also require evaluation progress reports from your consultants and partners if they are engaged in autonomous activities. Be sure to build reporting requirements into any contracts or Memoranda of Understanding that you issue. If the progress of others is going to affect that of the evaluation as a whole, your evaluation manager needs to be aware of any problems or potential delays that others encounter.

Template G.8 Sample Evaluation Progress Report

Evaluation Progress Report

Time Period: [month, year] Evaluation Title: Evaluation of Asthma Self-Management Prepared by: Evaluation Lead

Progress and Accomplishments for [Current Reporting Period]

- Program conducted eight trainings with 150 trainees
- Evaluation lead monitored one training
- Data analyst began entering data from completed questionnaire

Problems and Solutions

 Trainees for this month are 70% female. To have greater male participation, ensure that males are being appropriately referred to program; consider asking men who refuse the referral about their barriers to participation; strengthen recruitment materials for men; consider other times or dates for future trainings that may be more acceptable for men or male-only sessions.

Personnel Changes

• None; consider adding male trainer

Schedule Progress

• Trainings were well attended this month; evening trainings were most popular. Informal feedback suggests more weekend trainings are needed.

Planned Activities for [Next Reporting Period]

- Conduct additional trainings
- Monitor one (randomly selected) training
- Continue data entry of new questionnaires

Financial Report

- Hours incurred in month: XX
- Cumulative hours: XX
- Costs incurred in month: XX
- Cumulative costs: XX

Evaluation Status Report

An evaluation status report is similar to an evaluation progress report but its primary focus is to track where you are in relation to where you planned to be. Putting your evaluation progress in context allows you to record your accomplishments. It also allows you to focus on deviations from your plan so you can proactively address them.

In our example, to determine your status during data collection, you would need to keep track of the number of people who were referred to the program, the number who were actually trained, and the number of participants who completed the questionnaire each month. This will tell you how well you are doing toward your goal of collecting information from 810 trainees. If you expect to conduct analyses by subgroup, you may also need to set subgroup participation expectations to ensure an adequate number to conduct the analysis. You can set these targets based on a number of sources depending on your needs, such as demographics of your area, population served by the institution where the intervention is being conducted, the literature, or prior experience.

This type of evaluation status reporting can also help you identify adjustments to strengthen the intervention and evaluation as it progresses. For example, you may find you need to enhance recruitment procedures, retrain data collectors, or change the logistics of training to help ensure that trainees do not leave before filling out the post-survey. You may want to combine elements of the two reports depending on your own needs.

Template G.9 Sample Evaluation Status Report

Evaluation Status Report

Time Period: [month, year] Evaluation Title: Evaluation of Asthma Self-Management Prepared by: Evaluation Lead

Current vs. Expected Status for [Current Reporting Period]

- · Program conducted eight trainings with 150 trainees
- Evaluation lead monitored one training

Trainee Demographics	Expected Participants per month (%)	Actual Participants for reporting month (%)
Gender		
Male	67 (50)	45 (30)
Female	68 (50)	105 (70)
Race or Ethnicity		
White	86 (65)	95 (63)
African-American	21 (15)	23 (15)
Hispanic	21 (15)	26 (17)
Other	7 (5)	6 (4)
Age		
18–35	67 (50)	70 (47)
36–50	34 (25)	35 (23)
50+	34 (25)	45 (30)
Total	135	150

Deviations from Expected Progress

The number of trainees that were trained in the month exceeded expected targets. However, female trainees represented 70%, rather than 50% of the expected number of trainees. Targets for trainees by race or ethnicity and age were met.

Proposed Solutions to Address Deviations

To increase male participation, ensure that males are being appropriately referred to the program; consider asking men who refuse the referral about their barriers to participation; strengthen recruitment materials for men; consider other times or dates for future trainings that may be more acceptable for men.

Expected Status for [Next Reporting Period]

Target recruitment for next month remains constant.

	Expected Budget	Actual Budget
Hours incurred in month		
Cumulative hours		
Cost incurred in month		
Cumulative costs		

NOTES

Appendix H. Gathering Credible Evidence

Once you have identified evaluation questions and decided on the most appropriate evaluation design (Step 3 of CDC's Evaluation Framework), the next task is to find the information that will answer those questions (Step 4). Though you might expect this step to be called the "data collection" step, it is not, instead it is entitled "gather credible evidence."

In emphasizing the need for "credible" evidence, the Framework reminds evaluators to cast a wide net, considering the types of evidence various stakeholders will find convincing or relevant. Given the variety of people who may be invested in the results of an evaluation, it is likely that there will be a range of perspectives on what counts as credible. For example, stakeholders with scientific backgrounds may expect the data to meet the standards of their disciplines. Program advocates may expect data to be sufficiently reflective of community perceptions and values. People of differing cultural and educational backgrounds will bring a multiplicity of assumptions, expectations, and levels of knowledge about the methods and strategies for what constitutes acceptable evidence.

As the evaluator, it will be your role to work with stakeholders to come to an agreement on what constitutes credible evidence and how it should be obtained. **Table H.1** shows a range of data collection methods and lists some advantages and disadvantages of each.

H.1 Deciding on Data Collection Methods

Because there is rarely a "perfect" data collection method, you will need to carefully weigh your choice of methods. In some situations, you will be able to compensate for the disadvantages of one data collection method by selecting multiple methods. This process of selecting multiple methods and data sources to answer a question is sometimes referred to as mixed-methods evaluation. The National Science Foundation recommends mixed-methods evaluation, noting that it strengthens reliability and validity, improves instrumentation, and sharpens understanding of findings. **Appendix E** provides an overview of the mixed-methods approach.

When choosing your data collection methods, you may find it helpful to consider the options against the standards for program evaluation—utility, feasibility, propriety, accuracy, and evaluation accountability. A scenario was provided in **Appendix E**, in which a Strategic Evaluation Planning Team prioritized the evaluation of an asthma self-management intervention that increased knowledge and skills among individuals with asthma at local federally qualified health centers (FQHCs). The Evaluation Planning Team would like to know, "To what extent did our training lead to improvements in asthma self-management knowledge among participants who completed the training?" In addition to selecting an evaluation design, the Evaluation Planning Team must consider what data should be collected to describe "asthma self-management knowledge." The following paragraphs provide examples of a hypothetical Evaluation Planning Team's discussions about how proposed data collection methods should be judged against four of the program evaluation standards.

• The Evaluation Planning Team notes that the data collected must be truly useful to the evaluation stakeholders. Information that would be interesting to know but would not influence decisions about the program should not be collected. In consulting with the stakeholders, they learn that the most important consideration in the usefulness of this data is timeliness; the primary evaluation stakeholders express a desire to have access to information within the next two years to decide whether this program should be

continued. This is an example of examining the data collection methods with respect to the utility standard.

- As part of the Evaluation Planning Team's brainstorming around potential data collection methods, numerous possibilities arise. For example, one team member suggests that the health care practitioner could collect data about asthma self-management knowledge during each visit with a patient diagnosed with asthma (whether enrolled in the intervention or not). One concern among members on the team is whether health care providers will remember to collect this additional patient data given their busy schedules. An Evaluation Planning Team member familiar with the FQHC's current data collection processes suggests working with the information technology department to create a new data entry screen that appears when a patient diagnosed with asthma is seen in the clinic. This data entry screens. Busy health care providers will be prompted to ask a short set of questions about their patient's (or their caregiver's) asthma self-management knowledge and could enter the data immediately. This is an example of examining the data collection methods with respect to the feasibility standard.
- While developing the Individual Evaluation Plan, the Evaluation Planning Team realizes that they need to decide how data will be transferred from the FQHC clinics to the health department. In discussions with representatives, many concerns arise about protecting the privacy of asthma patients' health records. To address these concerns, some members of the planning team attend in-person meetings with FQHC personnel to better understand the level of data sharing possible under the Health Insurance Portability and Accountability Act (HIPAA). This is an example of examining the data collection methods with respect to the propriety standard.
- Discussions among Evaluation Planning Team members raise the issue of how to collect data that contributes to valid and reliable indicators of asthma self-management. One member suggests that they use a quick survey about self-management practices that patients (or their caregivers) complete while in the FQHC waiting room. Some members of the team are concerned about the varying literacy levels among patients who obtain services from participating FQHCs. Patients receiving care from certain FQHCs likely will be unable to read the surveys whereas patients at FQHCs serving populations with higher literacy levels will be able to understand the forms better. Such differences will likely lead to higher data quality for some clinics than others if they use a written form. Ultimately, the team decides that the data will be collected from patients during the course of the medical visit. This is an example of examining the data collection methods with respect to the accuracy standard.

Table H.1 Data Collection Methods

Method	What is it?	Some Advantages	Some Disadvantages
Surveys & Questionnaires	"A questionnaire is a set of questions for gathering information from individuals. You can administer questionnaires by mail, telephone, using face-to- face interviews, as handouts, or electronically (i.e., by e-mail or through Web-based questionnaires)" (CDC, 2018a, p.1).	 Reasonably inexpensive to administer. Multiple options for distribution: mail, phone, in person, email, internet. Respondent privacy can be protected—allows for gathering sensitive data. Accommodates different types of questions: open ended, closed ended. Can feasibly administer to many people across large geographic area. 	 Time consuming to develop, pilot, and conduct follow-ups. Low response rates and non-response. Sampling frame sometimes difficult to identify. Might not get careful feedback. Impersonal. Level of detail provided is limited and may be insufficient for informing subsequent efforts. Overused.
Interviews	"An interview is a method of asking quantitative or qualitative questions orally of key participants. Quantitative questions are closed ended, and have specific answers to choose among that can be categorized and numerically analyzed. Qualitative questions are open-ended; that is, the respondent provides a response in his or her own words. Interviews conducted for program evaluation are typically qualitative but may also include some quantitative questions" (CDC, 2018b, p.1).	 In-depth information obtained. Option to clarify questions is available. Accessible to low-literacy populations. Able to develop rapport and potential trust with participants. 	 Often resource intensive to conduct and analyze. Potential for interviewer bias. Some respondents find intrusive. Trained interviewer needed. Scheduling.
Focus Groups	"A focus group is a group interview of approximately six to twelve people who share similar characteristics or common interests. A facilitator guides the group based on a predetermined set of topics. The facilitator creates an environment that encourages participants to share their perceptions and points of view. Focus groups are a qualitative data collection method, meaning that the data is	 Data obtained can have good depth and breadth. Building upon ideas from other participants can enhance richness of comments provided by participants. Quick way to obtain common impressions across multiple 	 Analysis is resource intensive. Potential for facilitator bias and group influence on one another. Possible for a few individuals to capitalize on time. Requires skilled facilitator. Group composition should be selected carefully to ensure

Method	What is it?	Some Advantages	Some Disadvantages
	descriptive and cannot be measured numerically" (CDC, 2018c, p.1).	individuals.	comfort in responding (e.g., managers and staff members). • Scheduling.
Observations	"Observation is a way of gathering data by watching behavior, events, or noting physical characteristics in their natural setting. Observations can be overt (everyone knows they are being observed) or covert (no one knows they are being observed and the observer is concealed). The benefit of covert observation is that people are more likely to behave naturally if they do not know they are being observed. However, you will typically need to conduct overt observations because of ethical problems related to concealing your observation" (CDC, 2018d, p.1).	 Direct observation rather than self-report. Recall bias is not present. Obtain real-time information. Obtain information about the context. 	 Resource intensive regarding time for observing as well as establishing inter-rater reliability. Potential for observer bias. Individuals may behave differently due to presence of observer. Requires trained observers.
Document Reviews	"Document review is a way of collecting data by reviewing existing documents. The documents may be internal to a program or organization (such as records of what components of an asthma management program were implemented in schools) or may be external (such as records of emergency department visits by students served by an asthma management program). Documents may be hard copy or electronic and may include reports, program logs, performance ratings, funding proposals, meeting minutes, newsletters, and marketing materials" (CDC, 2018e, p.1).	 Unobtrusive. Fairly inexpensive. Helpful for understanding history. Often readily accessible. 	 Quality of information may be unclear, difficult to assess, or incomplete. Potentially time consuming. Reasons for originally collecting data may not align with current needs.

*Information contained in this table comes from CDC's Evaluation Briefs series (CDC 2018a-e).

H.2 Sampling Considerations

It is not always possible to collect data from everyone or for every feature of interest in your evaluation (e.g., every asthma patient in a clinic). In this case, you may choose to collect data from a sample of your study's population or activities. Although sampling is frequently mentioned in the context of collecting data through surveys or questionnaires, it is equally applicable to other forms of data collection—such as record reviews, observations, interviews, and even focus groups. Essentially, sampling is a way of determining the number of units (e.g., people, records, events) from which you will collect data as part of your evaluation.

There are two main types of sampling: (1) probability sampling and (2) purposive sampling. Probability sampling relies on randomly selecting units from a larger listing of units that you would like the sample to represent. The general idea of probability sampling is to randomly select units from this list (or within specific, non-overlapping subgroups that exist within this list) so that each unit has an equal and non-zero probability of being selected (Crano & Brewer, 2000). In purposive sampling, there is typically no formal "list" from which units are selected, and if there is, the units are not sampled with the intention that each unit has an equal probability of selection. In the case of purposive sampling, there are other reasons for selecting the units that will be part of the sample (discussed below).

Probability Sampling

There are multiple ways to obtain a probability sample. When selecting a sample using the rules of probability, you must first have a list from which to choose a sample. Ultimately, the idea is to create a listing that has a reasonable scope and is inclusive of all units you want to learn something about. This "list" is also known as your "sampling frame." Sometimes, it is difficult to obtain a complete listing of every unit in the population of interest for the sampling frame. There are a variety of ways to deal with this issue, for example, cluster sampling. See the list of resources at the end of this appendix for more detailed information about sampling (e.g., Trochim, 2020).

Trochim (2020) provides a thorough description of many types of probability sampling strategies. We describe a few of these below, highlighting the types of sampling that we believe are most likely to appear in the context of your asthma program evaluation work.

Simple Random Sample. This is the most basic form of probability sampling. Each unit included in the sampling frame has an equal likelihood of being selected. Fairly simple methods can be used to obtain this type of sample; essentially, all you need is your list of units to sample from, as well as a way to randomly sample from it.

Let's say that you are interested in better understanding the content of formal interactions that have taken place with asthma program partners over the past five years. You have held many meetings during this time with various partners, and, as is the policy of the program, you have taken detailed notes of these interactions. The Evaluation Planning Team decides that abstracting data from these meeting notes in a systematic manner (document review) will provide helpful information for understanding the content of these partner discussions over the years. In discussing this approach further, the team realizes that abstracting data from all of these notes would be very labor intensive and likely unnecessary for the purpose at hand. As a result, they decide to take a simple random sample of these documents. To get the simple random sample, the team first compiles a listing of all existing documents, numbering each document on the list (e.g., 1 to 150). They believe that sampling one third of these documents will lend sufficient information; so, assuming they have 150 documents, they will select 50. Using a random number table or generator, the team obtains a number between 1 and 150. Then, looking at the list of documents, they select the one with the matching number; that is the first document to be included in the sample. This procedure is then repeated (another random number is generated, and a document is selected from the list with that number as the second document for the sample, and so on) to obtain each of the additional 49 documents for the sample. Random number tables are often found in the appendices of statistics textbooks or online (sites such as https://www.random.org/integers/). However, most statistical and data analysis software (SAS, SPSS, Excel) come with the ability to generate random numbers.

One thing you should be aware of when using this technique is that it is possible to obtain a sample that is not representative of the population—for example, as a result of the "random" process used here you may find that 90% of the records you obtain in your sample are from specific types of meetings (e.g., brief teleconferences) even though these types of meetings do not comprise 90% of the sampling frame. One approach to use to reduce this type of anomaly is to draw a larger sample.

Systematic Random Sample. Systematic random sampling is often used instead of simple random sampling. It is also called an "Nth name selection technique." Selecting a systematic random sample is a fairly straight-forward process with four steps: (1) creating an unordered list of the sampling frame, (2) deciding how many units you wish to select from this list (sample size), (3) calculating the "Nth number" by dividing the number of your entire sampling frame by the desired sample size, and (4) selecting one random number. Starting with your random number (say, from a random number table), you will select every "Nth" number. An example is provided below.

It is very important that the list of units in the sampling frame is arranged in a manner unrelated to what you are studying. For example, a sampling frame consisting of individuals might be arranged in alphabetical order by last name. This is perfectly fine as long as your evaluation is not examining variables that may be influenced by family characteristics. Sometimes it is difficult to tell if your list is ordered in a manner that is related to your evaluation questions, so it is important to take time to consider whether any hidden order exists in the list from which you are drawing a systematic random sample.

Suppose you are conducting an evaluation that is designed to assess the usefulness of your asthma surveillance report to a specific audience. Your Evaluation Planning Team has compiled a long list of individuals to whom the report has been disseminated in the past and others whom you think may have a use for surveillance findings but have not been specifically included on the distribution list to date. To obtain very detailed information about how the report's usefulness can be improved, the Evaluation Planning Team has decided to conduct telephone interviews. Interviewing everyone on this list is not feasible, but you don't want to use a less labor-intensive form of data collection (e.g., online survey), since it will not provide the type of data your stakeholders feel is needed to take action. Therefore, you should take a sample.

To select this sample, you examine the list to see whether it is ordered in a way that relates to your evaluation questions. In the current list, the first 50 individuals listed have received a mailing in the past, and the last 100 are individuals who have not. In this case, the list contains an

order that may be meaningful to your evaluation questions—individuals to whom the report has been mailed to in the past may share similar thoughts regarding the usefulness of the information presented since reports may have been tailored to address their needs. You decide listing individuals in alphabetical order by last name will not result in an ordering that relates to your evaluation questions. After alphabetizing the list, your Evaluation Planning Team decides that collecting data from 30 individuals is feasible and still provides the necessary information for the next report addressing the needs of the 150 individuals within the sampling frame (i.e., the population to which you desire to generalize findings).

To obtain the "Nth record," you divide the entire sampling frame (150) by the number of records you want (25). Thus, you will select every "6th" record…but where to start? This is where "probability" comes into play. To decide where to start selecting individuals to interview, you can use a random number generator and request a number from 1 to 6—say the random number you get is "2." You look at the list of potential interviewees, select the person listed second on the list and put them in your sample. From there, you select every sixth person. Repeat this procedure until you end up with 30 individuals to interview.

Stratified Random Sampling. This type of probability sampling is often used when evaluators want information about specific subgroups within a population. The basic idea of stratified random sampling is to select the sample in a way that will allow the evaluator to say something about the overall sample and about specific sub-groups within the sample. In this method, the sampling frame is broken down into non-overlapping categories known as "strata", and a random sample is taken from each of these strata. There are two ways to go about sampling from these strata—proportionately or disproportionately.

• *Proportionate stratified random sampling* occurs when an identical proportion of units is sampled from each stratum (e.g., 1/10). This sampling strategy ensures that the same percentage of units from each stratum is represented in the sample as in the population. In other words, say the sample population consists of 35% White, 50% Black, and 15% Other. The resulting sample with same proportion from each stratum will result in an overall sample with 35% White, 50% Black, and 15% Other. **Table H.2** provides an example.

	Strata (Race)				
	White	Black	Other		
Population ($N = 2,000$)	700	1,000	300		
% total population	35	50	15		
Sampling fraction (proportionate)	20%	20%	20%		
Total sample ($N = 400$)	140	200	60		
% of total sample	35	50	15		

Table H.2 Example of Proportionate Stratified Random Sampling

• *Disproportionate stratified random sampling* occurs when different proportions are used to sample units from each strata. Say you wanted to learn something about each of the subpopulations represented by a stratum. Sometimes, the number of individuals or units in the sample for one stratum will be insufficient to answer the questions of interest if a proportionate sample is drawn. For example, having 60 individuals within the "other" race category may be insufficient to learn about qualities associated with this group. As a result, you might choose to "oversample" individuals from the "other" category—say 40% so as to obtain 120 individuals in the sample for this stratum. Now, you can obtain a more precise estimate of the variables of interest within the "other" stratum and can also still obtain information for the overall sample (i.e., across all strata combined) by weighting the responses (Crano & Brewer, 2000; Trochim, 2020).

Sample size considerations when using probability sampling methods. The purpose underlying the use of probability sampling techniques is to gather data from a sample that is representative of the larger population from which the sample came. As such, the statistics calculated from this sample may be a bit "off" from the values you would have obtained if you were able to collect data from the entire population. The amount you are "off" as a result of sampling (known as standard error) gets smaller as you get a larger and larger sample—since you are getting closer to the number of units that comprise the full population of interest (Trochim, 2020). When you are using quantitative data, you need to account for the standard error when calculating and reporting descriptive statistics (i.e., frequencies, percentages) and inferential statistics (e.g., t-tests; F-test from ANOVA; odds ratios from logistic regression). The precision of estimates of population parameters (e.g., mean) and the power to detect differences that actually exist within or between the populations through the use of inferential statistics are, in part, dependent upon the size of your sample⁶.

In some of the examples we used above, the data collected is qualitative in nature (i.e., interviews in the example provided for systematic random sampling). In these instances, you would not calculate a "standard error." However, the intention is still to obtain answers that are representative of the larger population of interest—and so we used a probabilistic sampling strategy. When reporting your findings, it would be appropriate to acknowledge that the degree to which findings from qualitative data analysis represent the larger population depends upon the number of individuals selected for interviews and the variability of perspectives in the larger population.

How the size of a sample affects estimates and inferential statistics calculated on quantitative data is covered in most introductory statistics textbooks. Should you need to calculate the power or sample size (given a certain level of power needed) for an evaluation you are working on, we suggest using G*Power. This software is available for free on the web and can be used for many power calculations. Additionally, you may find it helpful to consult with a statistician or epidemiologist in your health department or in your jurisdiction's coalition or partnership if questions about sample size arise.

Purposive Sampling

Not all sample selection is based on the principles of probability. Samples that are probabilistic in nature are very helpful when we are interested in using statistical tests to draw "statistical

⁶ The standard deviation of the characteristic of interest within the population is also a factor that affects the standard error. The larger the standard deviation, the larger the standard error.

inferences" to a population of interest (one that is so large or difficult to access that it would be infeasible to solicit answers from everyone in the population). Probabilistic sampling is used, for example, in large population-based surveys that use samples—such as in the Behavioral Risk Factor Surveillance System (BRFSS). The prevalence estimates we obtain for current or lifetime asthma from the BRFSS are based on a sample of a state population. But, because of how this sample is taken, estimates to the state current or lifetime prevalence can be obtained.

It is not always appropriate to take a probabilistic sample; rather, sometimes it is more appropriate to conduct "purposive sampling" (also called "purposeful"). Michael Patton (2002) offers a helpful comment regarding this type of sampling, "The logic and power of purposeful sampling lie in selecting *information–rich* cases for studying in depth. Information-rich cases are those from which one can learn a great deal about issues of central importance to the purpose of the inquiry, thus the term *purposeful* sampling" (p. 230). There are many different types of purposeful sampling strategies that can be used—Patton, for example, describes 15 types⁷ in his book *Qualitative Research & Evaluation Methods*. Below, we have selected a few of the purposeful sampling strategies from Patton (2002) and share some hypothetical examples from asthma programs to explicate their potential usefulness. The most important thing about purposeful sampling is to be very clear about the purpose or intention of a sample; once you have that, the most appropriate sampling strategy often becomes clear.

Extreme/Deviant Case Sampling. The purpose of this type of sampling is to learn something about very special cases, or "outliers." For example, perhaps an anticipated outcome of one of the interventions in your jurisdiction is a stronger relationship between school nurses, primary care providers, and the local pharmacies within a specific school district. One particular school district has progressed very well in establishing strong connections within this network, whereas other localities have struggled. For your evaluation, the Evaluation Planning Team decides that it would be helpful to learn about the characteristics that enabled such incredible progress in the successful district. Thus, you will conduct an intensive case study focusing on the factors that facilitated success in this particular area. The evaluation stakeholders plan to use the findings from this evaluation to inform how future districts are selected for inclusion in this type of intervention, as well as the type of guidance the asthma program will provide these districts as "tips" for facilitating success.

Typical Case Sampling. This type of sampling is very different from extreme/deviant case sampling. In typical case sampling, the purpose is to learn something about the experience of the "normal" or "average" instance. Sometimes, we just want to know more about the regular instance that is encountered in a program, and, in these cases, sampling one or more "typical" cases is likely to be appropriate.

For example, imagine that one of your asthma program partners (a health maintenance organization) has been conducting asthma self-management workshops for adults who have been diagnosed with asthma over the past five years. The workshop includes the administration of asthma-management knowledge tests to all participants two weeks prior to the workshop, on the last day of the workshop, and three months after the workshop. Clear patterns emerge in the prepost-post data from these workshops; most individuals fall into the category where there is

⁷ The 15 types of purposeful sampling covered by Patton (2002) include: extreme/deviant case, intensity, maximum variation, homogeneous, typical case, critical case, snowball/chain, criterion, theory-based, confirming and disconfirming cases, stratified purposeful, opportunistic/emergent, purposeful random sampling, politically important cases, and convenience (pp. 243–244).

limited knowledge prior to the workshop (less than 50% of answers correct), a medium size knowledge gain at the end of the workshop (about a 25–30% increase in correct answers), and a substantial drop-off in knowledge following the workshop—typically not back to the pre-workshop score but approximately 10% higher than the original. The outcome evaluation has stimulated questions about what is confusing for attendees when it comes to asthma self-management and where they experience problems in performing appropriate asthma self-management behaviors after the workshop. To answer these questions, the Evaluation Planning Team thinks it is important to acquire detailed information through qualitative data collection methods with individuals who fall within the "typical" profile. Therefore, they invite all individuals who had this profile over the past year to attend one of several focus groups.

When using this type of sampling, it is important to remember that we are not looking for a "representative sample" that will be used to generalize to all "typical cases;" if we were, a probability-based sampling strategy would likely be more appropriate. Rather, as Patton (2002) reminds us, "the purpose of a qualitative profile of one or more typical cases is to describe and illustrate what is typical to those unfamiliar with the setting—not to make generalized statements about the experiences of all participants. The sample is illustrative not definitive" (p. 236).

Snowball/Chain Sampling. Snowball sampling is a strategy often used when the desired sample characteristic is rare or difficult to find, such as may occur when working with groups disproportionately affected by asthma. It may be difficult or cost prohibitive to locate respondents in these situations. Snowball sampling relies on referrals from a set of knowledgeable, initial respondents to identify additional respondents who meet the inclusion criteria. As described by Patton (2002), "The process begins by asking well-situated people: 'Who knows a lot about ____? Whom should I talk to?' By asking a group of participants who else to talk with, the snowball gets bigger as you accumulate new information-rich cases" (p. 237). You may choose to collect data from each case that is included in the snowball sample, or select from among those whose names are mentioned by referrals.

Snowball sampling could be used in many ways within evaluations of asthma programs. Imagine that your asthma program developed, in collaboration with your partners, an asthma selfmanagement workshop specifically designed to reach a small, inaccessible population in your jurisdiction that appears to have a high prevalence of asthma. Although your intervention team marketed the workshop on radio stations, through flyers strategically located throughout the communities where this hard-to-reach group lives and works, and via word of mouth, attendance at the first set of workshops was very low. The asthma program personnel and partners want to know why attendance was so low. Is it because members of this group did not encounter the marketing materials? Was there something else about the workshop that was not appealing or that made it difficult or undesirable to attend? Since this is a difficult community to reach, you begin with the individuals who attended the workshop and ask them for referrals to others in their community who may have had an interest in attending the workshop but did not.

Convenience Sampling. Convenience sampling is exactly what it sounds like. Individuals who participate in a survey, interview, or other data collection strategy are selected based on who it is most convenient to gather responses from at any given time. For example, say one of your program staff members is planning on attending an upcoming public health conference that is well respected within your jurisdiction. Your Strategic Evaluation Plan includes an evaluation of your asthma surveillance report. One of the evaluation questions included in the Individual Evaluation Plan is to learn more about the reach of your dissemination strategy. For example, to

what extent has the intended audience received a copy of the most recent burden report? Your team decides that resources are scarce for this evaluation and a rough estimate of the population reached will meet your information needs. To obtain this rough estimate, you decide to have a few of your staff members stand at the entry to the opening plenary of a popular public health conference in your jurisdiction and ask people as they walk in if they have ever seen "this document" (as they hold up last year's burden report). They tally the responses of "yes" and "no" and calculate the percentage of individuals who said "yes" to get a general guesstimate of the reach.

Although convenience sampling is often discussed as a potential useful methodology, similar to Patton (2002), we do not recommend this type of sampling strategy. Such a strategy tends to weigh too heavily upon the feasibility standard at potentially high costs to the accuracy and utility standards. Patton sums up our concerns about this specific sampling strategy well,

While convenience and cost are real considerations, they should be the last factors to be taken into account after strategically deliberating on how to get the most information of greatest utility from the limited number of cases to be sampled. Purposeful, strategic sampling can yield crucial information about critical cases. Convenience sampling is neither purposeful nor strategic. (p. 242)

Sample Size Considerations When Using Purposeful Sampling Methods. Concerns regarding sample size are very different when using purposeful sampling as compared to probability sampling. As noted earlier, purposeful sampling does not strive to obtain a representative sample of a larger population of interest. Therefore, the typical concerns that we experience when talking about obtaining precise estimates of a population value (e.g., mean) from a sample simply do not apply here. But, isn't sample size still relevant? The short answer is yes. Patton (2002) explains the considerations behind sample size when it comes to purposeful sampling: "Sample size depends on what you want to know, the purpose of the inquiry, what's at stake, what will be useful, what will have credibility, and what can be done with available time and resources" (p. 244). When calculating sample size for a purposive sample, we encourage you to consider the appropriate balance between the breadth and depth of the type of data you will obtain through using a purposive sample of a given size and the extent to which the resulting information will be useful for taking actions based on the evaluation findings.

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NOTES

Appendix I. Training and Supervising Data Collectors

In order to collect high-quality data that meet the standards of utility, feasibility, accuracy, propriety, and evaluation accountability it is important that data collectors be trained and supervised. Training can be formal or informal depending on planned activities and the experience level of the data collectors, but all training should aim to ensure (1) that standards and procedures will be applied consistently and (2) that data collectors and their supervisors understand how the data will be used in the evaluation, how planned activities will be carried out, their respective roles and responsibilities, and how to handle events that may arise. Even if your evaluation plan calls for using existing data, or data that would be collected as part of the intervention or other program activity, it is good to review your plans together so that data collectors and supervisors share the same understanding of the purpose of data collection, the data collection procedures, the division of labor, and any special data collection circumstances.

I.1 Identifying Who Needs to Be Trained

You can use a table like the one shown below to help you think systematically about who should receive training. **Table I.1** was completed using an example that involves an asthma education training intervention. Notice that we not only list the people who may be directly collecting data for the evaluation, but also those who supervise data collection or whose participation is necessary to gain "access" to the data, in this case, those who would be referring participants to the intervention. Thinking broadly at this step will help you avoid difficulties later. The training needs of each of these groups may not be the same. By systematically thinking through the roles and training needs of each group, you can tailor your training to meet their needs.

Data Collector/ Stakeholder/Other	Data Collection Type	Role in Data Collection	Training Needs
Asthma Educators	Pre- and post- intervention survey of asthma education program participants and attendance logs	 Maintain attendance log of all asthma education participants. Administer data collection questionnaire. Collect questionnaire. Keep questionnaires secure until collected by evaluation lead. 	 Data collection procedures. Attendance log procedures. Data collection logistics. Informed consent. Data handling and confidentiality.
Evaluation Lead	Pre- and post- intervention survey of asthma education program participants and attendance logs	 Monitor randomly selected education sessions to assess consistency and quality of delivery. Collect 	 Data monitoring procedures. Data handling and confidentiality.

Table I.1 Data Collector Involvement and Training Needs for an Asthma Education Training Intervention

Data Collector/ Stakeholder/Other	Data Collection Type	Role in Data Collection	Training Needs
		questionnaires and attendance logs from asthma educators.	
Clinic Staff	Pre- and post- intervention survey of asthma education program participants	 Provide referrals to asthma education sessions. 	 Understand recruitment procedures. Recruitment logistics to reduce burden.

I.2 Selecting Your Training Method

Training can take many forms from informal to formal and from simple to complex. Your choice of methods will depend on your audience(s), the training needs you have identified, your training resources, and your personal style. Some training methods you might consider include

- *Written instructions:* In some cases, simple instructions on a data collection form may be sufficient.
- *Verbal instructions:* For simple data collection activities, verbal instructions may be sufficient (e.g., place completed forms in the box at the door before you leave); however, we suggest pairing these with written instructions whenever possible.
- *Meetings*: It may be necessary to hold meetings with partners, stakeholders, or decision makers to ensure access to the data you need for the evaluation.
- *Memoranda of Understanding (MOU) or data-sharing agreements:* Depending on institutional needs, it may be necessary to set out formal agreements for how data can be accessed. In such agreements, it is important to work out who will have access to data, under what circumstances, and when it will be available. It is also important to agree on the formats in which data will be made available and to be aware of any restrictions on the use of data. The contents of any agreements should be incorporated into your training activities.
- *Train-the-trainer:* In some cases, data may be collected by people who are also conducting an intervention (e.g., teachers conducting training with youth). In this situation you may want to embed your evaluation data collection training into the larger training on the intervention itself.
- *Formal data collector training:* For more complex data collection activities specific to the evaluation, and or in cases where multiple data collectors are involved, we recommend that you hold a formal data collector training. If your situation calls for a more formal data collector training, using a variety of adult learning strategies and techniques will help you convey the important concepts (see Formal Training Techniques Table, Table I.4, appended to the end of this chapter). We anticipate that formal training will not be needed for most asthma program evaluations. However, it is useful to know about these types of techniques, which can include both instructional approaches (e.g., didactic approaches, case examples or narratives, brainstorming) to convey knowledge and hands-on approaches (e.g., modeling, role-playing, small group and peer support, practice sessions, or "on-the-ground" training) to teach skills.

Regardless of the approach you select, try to engage participants in active and interactive learning by asking and answering questions, being enthusiastic, and providing immediate positive and constructive feedback (e.g., "I liked how you did X. Next time, I'd like to see you do Y as well."). Feel free to combine different types of techniques. Formal trainings can range from a few hours to several days in length, depending on the complexity of your evaluation data collection approach. Typically, more hands-on approaches take more time than presenting the information in lecture format. Be aware of how much time you will need and try not to rush through the material.

If your evaluation design involves conducting data collection at different points in time, you may need to conduct training before each data collection period. If you will use the same data collectors during each time period, your training can serve more as a review of concepts. If you experience staff turnover or need to recruit one or more new data collectors during the data collection period, think about how you will train them.

I.3 Defining Your Training Topics

Although your training will be customized to meet the needs of your evaluation, most training sessions will include the following

- Background material about the data being collected that clarifies the type of data being collected, from whom, and for what purpose
- Instructions for data collection and data management, including roles and responsibilities
- Other topics, as needed, such as staff safety, team building, and special considerations in working with the intended audience

Background Material

Providing information about the purpose of the evaluation and how the data will be used will make data collectors feel more confident; motivate them to obtain high-quality data; help them make better decisions regarding the data collection; help them troubleshoot, answer respondent questions, and respond to unusual situations; and contribute to a more professional attitude. A broader understanding of the evaluation will help data collectors appreciate how the evaluation standards informed the evaluation design and their role in maintaining those standards during implementation. Background material should include basic information about what kind of data will be collected, from whom, and for what purpose. It should also include information about who is sponsoring the evaluation and who will use the data to generate evaluation findings. An evaluation overview statement (see **Appendix G** Management Toolkit) can be developed and used for this purpose. For more formal data collector trainings, you should consider compiling a data collection handbook that includes the protocols, instruments, instructions, contact numbers, and other supplementary materials that were developed for the evaluation. Data collectors can use this handbook as a reference after the training is completed.

Data Collection Instructions

Data collection instructions should cover every aspect of data collection, from identifying or locating appropriate respondents or records to processing the collected data. The need for clear instructions holds whether you have hired data collectors or will be using volunteers, such as teachers or parents, to record information in logs. These instructions should be detailed written instructions that leave no room for misinterpretation. In addition, all data collectors need to know their own specific roles and responsibilities as well as to whom they report and whom they should call with questions. In some cases, data collectors will be working in teams and may need

instruction on how to divide the work efficiently. Supervisors also need to be clear about their roles and responsibilities. **Table I.2** provides additional details on training topics related to data collection and management.

Торіс	Description
Data collection logistics	Training of data collectors should cover the logistics of the data collection: what, when, where, how, and from whom. Be sure to stress the importance of adhering to scheduling requirements that impact the quality of the evaluation, such as the timing of pre- and post-test data collection.
Identifying appropriate respondents or records	For some types of evaluation, it is important to obtain data from only those respondents or records that meet the evaluation requirements. If data collectors understand the importance of adhering to the data collection protocol, they will be less likely to substitute respondents or records inappropriately, thus preserving the quality of the data.
Recruiting participants	Data collectors should be given detailed and explicit information about how to recruit participants or gain access to data. For instance, for survey data collection, high response rates are important. Interviewers or those administering questionnaires should be taught how to encourage a respondent to participate, while at the same time protecting respondents' rights to refuse to participate.
Gaining access to data	Field workers who are abstracting records will need to learn what to say in order to gain admittance and request records. Despite having obtained the necessary organizational agreements or required clearances, data collectors may have to deal with gatekeepers or new staff members who may be unaware of these agreements or who may find it burdensome to retrieve records or share offices.
Introducing the study and obtaining consent or access	Data collectors should know how to provide informed consent to participants and how to gather and maintain the data collected according to ethical considerations and professional evaluation standards. Whenever possible, evaluation materials should include written scripts for how an evaluation should be introduced to participants or stakeholders as well as procedures for obtaining consent to participate in the evaluation.
Collecting unbiased data	Data need to be collected in a consistent and unbiased fashion in order to allow meaningful comparison and interpretation. Ensuring this type of consistency and neutrality in data collection should be a key consideration in training. For complex data collection instruments, it is good practice to develop a "Question-by-Question" (QxQ) manual that provides information about the intent of each question or item (e.g., "when we ask about asthma medications, we mean only prescription medication and not over-the-counter or herbal remedies"). If structured interviews are planned, interviewers should be trained to read the questions as written and in the specified order, use a neutral tone of voice, and avoid interjecting comments or opinions. Focus group moderators need to make sure they do not ask leading questions and that they adequately guide the discussion to keep one person from dominating. For records abstraction, training should focus on which records are to be reviewed and precisely what information from the records is to be obtained. References containing further information on various types of data collection are provided in Appendix F of Module 1.
Recording responses	Accurate recording of data is critical. Data collectors should have opportunities to practice recording and reporting data as part of the training. Encourage data collectors to make notes about any ambiguous responses. This will help data analysts better interpret the data later. You may want to measure the degree to which different data collectors record or code the same data in the same way. For

Table I.2 Common Data Collection Training Topics

Торіс	Description
	more information on intercoder reliability, see <u>https://conjointly.com/kb/types-of-</u> <u>reliability/</u>
Knowing when to terminate an interview	Sometimes interviewers should terminate or reschedule the interview. For example, if the respondent cannot focus or is experiencing difficulty comprehending or communicating, perhaps due to being emotionally upset, tired, or some other reason, then it is better to terminate or reschedule.
Data handling and security	Data collection procedures and training should address what to do with data once they are collected, how to protect the confidentiality and security of the data, who is allowed to access the data, and what to do if any breach in security or confidentiality occurs. Data collectors need to learn these procedures and why data confidentiality and security are important. Information regarding trainings on conducting human subjects research can be found <u>here</u> . Additional insights from CDC on protecting privacy and maintaining confidentiality can be found <u>here</u> .
Data collection supervision and monitoring	Regardless of who is collecting the data, it is important that there is a plan for supervision and monitoring to help ensure that data are being collected appropriately and that any issues can be resolved as they arise. Depending on the complexity of the data collection activity, supervisory responsibilities might be limited to training and quality checks, but might also include a range of additional roles such as hiring data collectors, validating samples, supervising data entry, monitoring data collection, and coordinating with data analysts.
Routine methods for gathering feedback from data collectors	Most importantly, ensure that you have a method for routinely gathering feedback from data collectors about any problems they have encountered or field observations they have that may necessitate reviewing data collection procedures or instruments. Further, devise means to share lessons learned among all data collectors and their supervisors while data collection is in progress. Keeping communication channels open, identifying emerging issues as soon as they arise, sharing critical information among all data collectors, and working together with them to develop effective solutions are among the best ways to safeguard the accuracy, propriety, and utility of any data collected.

Other Training Topics

Topics that are not necessary for most data collection activities but may be relevant to your situation are listed in **Table I.3**.

Table I.3 Other Training Topics

Торіс	Description
Data collector safety and security considerations	Depending upon the location and timing of field work, safety and security considerations may be an important component in the training of data collectors. Training of field workers (e.g., home interventions) should include information on being alert, dealing with potential hazards (e.g., dogs, threatening situations), and using their best judgment. Equipping field workers with cell phones and pairing them to work together in a "buddy" system may be advisable in some circumstances. Training should emphasize that field worker safety and security is paramount and that they should avoid any situation in which they do not feel safe and call a supervisor for further instructions.

Торіс	Description
Working as a team	If you have multiple data collectors or individuals working on the data collection in different roles, it can be valuable to bring these individuals together formally or informally to explicitly discuss how to work together and how their roles complement one another. For example, it is often helpful for data analysts to attend data collector training in order to understand what types of data they may be receiving, as well as providing their perspective on what data they need to conduct a high-quality analysis. Roles and responsibilities as well as handling of data should also be explicitly discussed (e.g., To whom can a data collector give or transmit data? What should happen if that person is not available?).
Special considerations in working with the priority population	Your evaluation may involve data collection strategies from one or more priority populations. Ensure that data collectors understand any special considerations necessary for working with various types of audiences. Such issues may affect the protocol itself or the types of permissions that are needed (for example, needing parental consent for evaluation data collection with children). They may also affect who is appropriate to include as a data collector (for example, is it beneficial to try to match data collectors to participants by gender, language, age?). In other cases, data collectors should be made aware of any special considerations that may affect their perceptions or reception by the priority population. For example, are there any cultural or religious customs or beliefs of which data collectors should be aware? Do participants have any disabilities that need to be accommodated? Would particular times be more or less beneficial? For professional audiences, are there any discipline-specific norms to be considered? You may be able to anticipate some of these issues because of prior work with the priority population. In other cases, data collectors' feedback can be used to revise data collection instructions to reflect these considerations.
Conducting data collection in a language other than English	This is a special case of working with the priority population (see above). Hire data collectors who are native speakers with similar dialect and culture, or train native speakers on local idioms and culture. If you use a translator, be sure the translator understands their role (e.g., lead focus group but not participate).

I.4 Tips for Successful Data Collection Training

We have provided a number of ideas for how to train data collectors and the types of training topics that should be covered. We have also mentioned the need to supervise data collection activities in order to help ensure that data are collected in a timely manner and according to protocol. In this section, we offer a few tips to keep in mind as you develop your data collection procedures and your training approach. Although we anticipate that formal training will not be needed for most asthma program evaluations, we conclude with a list of formal training techniques (**Table I.4**) that are most appropriate for use in large-scale data collection efforts.

- *Always conduct some type of data collection training.* Data collection training, formal or informal, is needed for all data collection activities in your evaluation. You cannot assume that procedures will be intuitive or obvious to those conducting the data collection. Even with simple data collection procedures, it is better to be explicit to avoid later misunderstandings that can result in data that are not useful.
- *Train experienced data collectors.* Each data collection effort is different, and even experienced data collectors will benefit from the opportunity to think through the specific procedures for this evaluation and having the time to practice.
- Use high-quality trainers. In multi-person data collection teams, Bamberger, Rugh, and Mabry (2006) recommend that, when resources are scarce, you should recruit the best supervisors and trainers possible, even if this means recruiting less experienced data

collectors. They point out that poor supervision and or training can impede performance of even good data collectors, whereas good supervision and training can improve performance of both poor and good data collectors.

- *Ensure respondent comfort.* It is important that respondents feel comfortable with data collectors. In some cases, this may mean that you need to select your data collectors to be of similar racial, ethnic, linguistic, or geographic background to respondents.
- *Build data collection training into your evaluation schedule.* Don't underestimate the time it may take to be ready for data collection.
- *Think broadly about training needs.* Even if you are using a secondary data source, think about the procedures you will need to access the data, abstract the elements you need, and use it for your purposes. Make sure these procedures are explicit and well-documented.
- *Emphasize to data collectors the importance of reporting problems and observations as they arise.* Data collectors are the members of the evaluation team closest to the evaluation implementation. Their observations can be invaluable.
- *Ensure appropriate documentation.* The training topics we have introduced are important even if you (or your evaluator) are the only ones collecting data. You may not need a formal training, but it is still important to think through all aspects of your data collection activities and have procedures in place to deal with anticipated, as well as unanticipated, issues. Being thorough and preparing written instructions both help to ensure that your data collection approach is well documented and that others can step in to take over, should it become necessary. The documentation also becomes a historical record of how you conducted your evaluation in case others wish to review your methods and or undertake something similar.
- *Monitor the data collection.* Ongoing monitoring will tell you whether data collection is proceeding as planned and will allow you to intervene or provide additional training or guidance as needed. Situations that may indicate a need for additional training include changes in the protocol, unplanned deviations from the protocol, implementation problems, or complaints about the performance of data collectors.

While the content and format of data collector trainings will vary depending on the type of data collection conducted, some elements of these types of trainings are standard. You can use the following checklist to see if you have included appropriate elements in your data collector training.

Have you...

- Provided background information to data collectors to ensure they understand the broader program and evaluation and can accurately answer questions about the evaluation?
- Ensured that data collectors have contact information if they or participants have additional questions?
- Included clear written instructions (whenever possible) on how to conduct data collection?
- Reviewed each item to be collected and provided information on the intent behind collecting that item?
- Been explicit about expectations for data collectors regarding use of professional evaluation standards?

- ✓ Made sure that data collectors understand "chain of custody" for what to do with data that are collected, who can have access, and how to safeguard data and respondent information?
- Included discussion of schedule and logistics for data collection, including plans for ongoing communication with data collectors throughout the evaluation?
- ✓ Reviewed any special considerations in interacting with the intended audience?
- Communicated explicitly about what data collectors should do in case of data collection challenges?
- Provided opportunities for "hands-on" skill-building activities (e.g., role playing, practice sessions) if appropriate?

Торіс	Description	
Instructional Approaches		
Didactic approaches	Didactic approaches ensure that important content is conveyed to trainees and that key concepts and content are presented in a structured way. Areas that lend themselves to a didactic approach include an overview of the evaluation, understanding of evaluation standards, and a review of data collection instruments.	
Case examples or narratives	Stories are a natural way of conveying information. Using short case examples or narratives may help trainees to work through various possible scenarios that may occur during data collection. Participants typically read or listen to a case example and then answer questions about how the situation was handled, what could be done differently, or how they might react in the same situation. Potential uses for this type of learning include ethical dilemmas, dealing with data collection challenges, and safety and security issues.	
Brainstorming	The trainer may solicit ideas from the trainees to help them think about new approaches, as well as allow them to contribute ideas to enhance the data collection process itself. For example, participants can be encouraged to think as a group about how to deal with different types of respondent personalities or creative ways to deal with data collection challenges. For this type of training, develop your own list of topics ahead of time with approaches you think would be useful. Use these as prompts if the topics do not emerge from the group discussion. It is a good idea to document the data collection instructions developed by the group so that everyone is on "the same page" in terms of the final group decisions.	
Hands-on Appro	aches	
Modeling	Modeling techniques involve having a trainer model how a data collection situation should be handled and then allowing the trainees to practice the approach. This type of technique can be used, for example, in teaching your data collectors how to fill out data collection forms or abstract a "test" record.	
Role-playing	Role-playing techniques simulate the actual data collection situation. Data collectors practice new skills and receive feedback in a safe and constructive setting. Training topics that can benefit from role-playing include obtaining informed consent, introducing the evaluation, recruiting participants, and answering tough questions.	
Small groups and peer support	If you have a large group of data collectors or anticipate that participants will work as teams of data collectors, it may be valuable to divide participants into pairs or small groups. They can use the time to work through data collection logistics and decide how they will work together as a team. Small groups can also be used for role-playing or other hands-on activities to ensure that all participants have the opportunity to practice their skills and gain feedback from other participants.	
Practice sessions	As a pilot test of your data collection method(s), conduct practice sessions that are as realistic as possible. In general, such a practice would not be conducted with actual respondents, but rather with people who closely resemble respondents (e.g., individuals who participated in an intervention prior to the evaluation data collection start; individuals of similar age or other demographic characteristics to those you are trying to recruit) or using fake or mock records. This type of approach allows the data collector to practice all aspects of the data collection protocol. Typically, a debriefing session would be held with data collectors to review any problems with the protocol itself as well as any areas where they may need additional assistance.	

Table I.4 Formal Training Techniques
References

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NOTES

Appendix J. Effective Communication and Reporting

Throughout the phases of an evaluation, evaluators have the critical responsibility of providing effective communication about the evaluation planning, progress, and results. Effective and timely communication promotes understanding about the program's activities, resources, and outcomes and can engender important support for the program. It also demonstrates accountability, reminds people of the value of a program, and documents the progress of the evaluation so that learning from the program's experiences can occur along the way.

Chapters 2 and 3 of the first module in *Learning and Growing through Evaluation* provide guidance on planning a communication strategy as part of the overall evaluation planning process. This appendix provides guidance on developing a communication plan, identifying audiences, prioritizing messages, timing communications appropriately, matching communication channels and formats to audience needs, and using communications to build evaluation capacity.

J.1 Developing a Communication Plan

Thinking strategically about who needs what information prior to evaluation implementation can significantly increase its usefulness. **Table 2.7** in the Module 1 of *Learning and Growing through Evaluation* shows an example of a communication matrix. It describes who the audiences are, the types of information they need, when they need it, and the appropriate format.

The types of information you share might include the purpose and details of the evaluation plan, progress updates, interim findings, and final summary of findings. Throughout the process, remember that your audiences may not always be clear on what they hope to get out of an evaluation, so asking them to periodically reflect on what they will do with the information you give them will help everyone by increasing the utility of the information provided (Torres, Preskill, & Piontek, 1996). Communication may take a short form, such as email messages, memos, newsletters, bulletins, oral presentations, executive summaries, or a longer form, such as comprehensive final reports. Short communications are important tools for maintaining ongoing contact with stakeholders. Brief written formats can be used during all phases of the evaluation to quickly share information about the activities and progress of an evaluation, in a timely manner. Memos or emails are sometimes the most efficient way to elicit feedback and discussion about ongoing activities; they may also be the most efficient mode for disseminating preliminary findings and recommendations to stakeholders.

Interim progress reports are typically short reports that provide select preliminary results from an ongoing evaluation. They are usually produced in anticipation of a more comprehensive report that will follow. An interim report can look much like a final report in its layout and content outline. It should be simple and presented in a style that maximizes stakeholders' understanding. Timely interim reports may be valuable in generating discussions that effect changes or improvements in the program in time for the next phase of its implementation. Depending on the audience needs, these reports may be combined with the periodic evaluation reports discussed in **Appendix G**.

Although not always needed, final reports are traditionally the most common form of reporting findings from an evaluation. There are times when formal, comprehensive reports are appropriate and expected. In addition to thoroughly describing the program, its context and the evaluation's purpose and methods, the final reports serve accountability needs and are useful for program

funders and policymakers. See the section below on "Matching communication channels and formats to audience needs" for more detail on the layout and content of a final report.

J.2 Identifying Your Audiences

Most evaluations will have several audiences, such as

- Program participants
- Evaluation sponsors or funders
- People who will make decisions about the program based on evaluation results
- Staff members who plan or implement the program
- Advocates for or critics of the program
- Others who are likely to be affected by the evaluation results

Often, the primary audiences are the program's staff members or managers, or the evaluation's sponsors. In addition to the above list, you might also consider others who, while interested in the results of the evaluation, are often distant from the program, such as future program participants, the general public, or special interest groups. In general, strive to ensure that your audiences are demographically representing the entire population with which you want to communicate. As the evaluation progresses, you may discover additional groups who will be interested in or impacted by the evaluation findings. When you identify these new audiences, be sure to add them into your communication planning and implementation efforts.

When thinking about these different audiences, remember that they are likely to prefer different types of information and formats in which they receive the information. For this reason, you should carefully consider the messages and formats for each audience and describe these choices in your communication and reporting plan. Other sections of this appendix address each of these topics in greater detail.

J.3 Reporting Findings: Prioritizing Messages to Audience Needs

Even simple program evaluations can generate far more information than most audiences are willing to endure, let alone find useful. Evaluators must sift through the results of the data analyses and tailor their communications to specific audiences. Limiting your communications to the findings that are most relevant will enable your audience to invest their energy and limited time in actually using the information.

Different stakeholders will prioritize findings differently, so to do this sifting and tailoring effectively, it is important to have a clear understanding of the information needs of various audiences, as well as to know about their capacity to use evaluation findings. For example, a recommendation for new recruiting procedures might be best highlighted with staff members and immediate supervisors, while a recommendation for policy change would be more appropriate for administrators.

Always consider the level of knowledge the audience has about what is being evaluated and the evaluation itself when tailoring the message. It is important to provide sufficient background and context before sharing findings since audience members often only know the activity, policy, or intervention that is being evaluated from their perspective. Providing the background and context will help to facilitate understanding and acceptance of the findings across multiple audiences. Generally, the evaluation questions form a good organizing tool from which you can begin to aggregate and organize the information you plan to share. As part of Step 1, you have already

identified stakeholder interests; the interpretation process (Step 5) is often an opportunity to actively engage stakeholders in identifying and prioritizing messages for the various audiences with whom you will be communicating. You can ask: Which findings will the audiences find most meaningful and useful? Why? What conclusions are being drawn? Which findings lend themselves to the development of recommendations? The answers to these questions can help you prioritize the "take home" messages you are developing.

Keep in mind that stakeholders may be reluctant to present negative findings and may suggest highlighting only positive ones. While this is understandable, it is important to remind stakeholders that, while positive findings assure the audience that the program is on the right track, negative findings are instructive and should be viewed as opportunities to improve the program. In other words, view the results with an eye to "how can we do better?" If necessary, you can refer to the propriety standard and note that, ethically, you are required to share complete evaluation findings.

Communicating positive and negative findings

Documenting the strengths of a program are a major function and value of evaluation. Communicating strengths helps in planning, sustaining, and growing a program and may also help address anxiety about evaluation.

An equally important use of evaluation is identifying areas that need improvement. These areas often reflect problems or weaknesses in a program which, when shared, may inspire a defensive, negative reaction. As is discussed in Appendix D, anticipating the possibility of negative findings early in the evaluation process and actively communicating with stakeholders throughout data collection can help to prevent surprises at the end of the evaluation. This practice may also enable you to adjust your strategies to be sure you have sufficient information on program strengths and options for positive change. To this end, whenever possible, aim to develop messages that

- Identify what worked and other strengths that can be built upon in future efforts.
- Share negative findings, emphasizing what has been learned and how it will influence the next course of action.
- Provide specifics about problems and situations, as appropriate, without betraying confidentiality.
- Avoid personalizing or critiquing individual performance.
- Focus on things that can be changed.

When summarizing and prioritizing messages, set explicit goals for each message and audience. Think about the conclusions, how the evaluation findings can be used, and what recommendations should be made. Consider what action(s) the audience can take. For example, do the data suggest that it would benefit the audience to

- Increase knowledge and understanding of the initiative?
- Provide or support an increase in resources for the initiative?
- Change a program, policy, or practice?
- Reorganize or revise the initiative to make it more responsive?
- Overcome resistance to the initiative?
- Develop or promote methods for making the initiative more effective or efficient?

Creating a *communication goal* will help you identify the information needs that should be included in the messages you are developing.

While there is no right or wrong number of key messages, conclusions, or recommendations that can come from an evaluation, adult learning theory tells us that most people can comfortably comprehend and absorb five to seven points or ideas at a time. In light of this, you may find it useful to group the evaluation messages into categories or themes so as not to overwhelm the audience. The evaluation questions may help to inform some thematic categories.

J.4 Timing Your Communications

For evaluation findings to be useful, they must be communicated in a timely manner. As mentioned earlier, sharing interim findings at strategic points keeps stakeholders abreast of the process and engaged in the evaluation. Interim findings may bring to light an implementation problem, such as the need to recruit a certain population that is currently being overlooked, allowing time to perhaps modify the recruitment approach. Other opportunities to use the findings might emerge unexpectedly. For example, in the event an unanticipated funding announcement is released, your interim evaluation findings could be used to support the application. Maintaining and routinely updating communication messages can be helpful in capitalizing on such events.

The key is to think strategically and lay out plans for effectively communicating with your various audiences at appropriate intervals. Surprises at the end of the evaluation are never a good thing. You might find that the optimal time to communicate key or interim findings is during routine functions, such as at quarterly staff meetings or an annual retreat for policy makers. Remember that the more engaged you keep your audiences, the more ownership they feel of the process and, consequently, the more likely they will use the findings.

J.5. Matching Communication Channels and Formats to Audience Needs

Just as findings and messages must be tailored to the needs of different audiences, the mechanisms to effectively communicate with audiences will also vary. When deciding the channels and formats for communicating evaluation information, you should consider a number of factors.

Selecting the best messenger

Identifying the appropriate messenger is as important as carefully considering the messages to convey. When considering who should deliver the message, you might look for an individual who is highly respected and trusted in the local context, who has been involved in the evaluation, and who would be willing to present the findings (such as a well-respected physician, leader of an organization, an elder). For example, in certain cultural traditions, having an elder spokesperson report on the evaluation shows acceptance of the results from a trusted figure. Similarly, having a top official in an organization serve as the

Communications Tips

- Use language that is understandable to the audience.
- Avoid using abbreviations, jargon, or acronyms (unless defined).
- Ensure graphs, charts, and tables are clearly labeled.
- Use graphics and visuals to support points, but do not overuse them.
- Acknowledge the limitations of the evaluation.

evaluation spokesperson can show that the results are of importance and are to be taken seriously. Engaging a respected individual to report on the findings helps ensure that the information is viewed as credible. It may also help build evaluation capacity within the community, as discussion about the findings filters among community members and motivates people to act upon what they have learned and to pursue further learning.

In other instances, the neutral, objective voice of the evaluator will be optimal. If you present the findings in person, be mindful of how you present yourself—for example, dress professionally yet in a manner that is appropriate to the local context (e.g., don't wear a suit if the setting is in a factory facility). Regardless of who delivers the message, be sure the information delivered is accurate and complete, and that it includes an appropriate balance of information free of biases favoring a particular interest or position.

Delivering meaningful presentations

Good presentations give meaning and context to evaluation findings. You may need to remind yourself that your audience may know little about evaluation or about the process undertaken to produce the information being communicated; therefore, it is important to provide a clear description of the issues so the audience understands the context for the information they are receiving. View the presentation as an opportunity to build evaluation capacity and increase the savvy of the evaluation consumer.

Covering the following items when presenting evaluation findings will help to assure that sufficient information is provided to meet audience needs

- Description of the program and aspects of it that are being evaluated
- Description of stakeholders
- Evaluation purpose and evaluation questions
- Methodology used
- Data sources
- Findings
- Strengths & limitations
- Conclusions
- Recommendations

The depth in which any of these topics are addressed should be tailored to the audience. For example, a presentation to the general public should include a brief, simple presentation of the methods whereas a presentation delivered to scientists or evaluation peers should include a more detailed discussion of the methodology used.

To meet the propriety standard, evaluators must share both the evaluation findings and the limitations of the evaluation with everyone who may be affected. This should be done while balancing the feasibility of this level of communication. It may be helpful to remind the audience that the vast majority of evaluations are bound by resource limitations, and that evaluators aim for the optimal balance between the information needs and the available resources.

As previously mentioned, you should use a broad and tailored strategy for communicating evaluation messages to meet the diverse needs of the audiences. Scheduling an evening presentation and offering childcare may reduce logistical barriers and increase the reach to particular community members. In some situations, it may be necessary to translate

communications or to tailor the messages so they are appropriate to the literacy level of the audience.

Below are recommendations regarding some of the formats commonly used for communicating findings in oral presentations:

- Keep text brief and to the point.
- Arrange text into digestible bites.
- Use short sentences or bullet points.
- Use big text.
- Use clear fonts that are readable at a distance and distinguish headings (sansserif typeface is preferable).
- Use lower case text for better readability.
- Incorporate graphs or charts to visually convey a compelling finding.

Tips for Creating Tables

- Use a title that summarizes data presented and distinguishes this table from others.
- Limit the use of extra lines and borders.
- Keep decimal places to the minimum.
- Label header rows and columns clearly.
- Make patterns explicit by ordering data in a meaningful way (e.g., by rank order or alphabetically).
- Avoid showing tables with many empty cells.

Effective data visualization has gained currency within the evaluation community over the last several years. Research suggests that data are viewed as more persuasive and credible when presented visually (Evergreen, 2017). Steps for effective data visualization include identifying the key points or findings to emphasize to stakeholders, understanding which findings do and do not lend themselves to visualization, and selecting the best visual, whether a chart, figure, or other representation to communicate key findings (Evergreen, 2017).

When feasible, schedule time with stakeholders to discuss the evaluation findings. This interaction will build interest in and shared ownership of the evaluation. You can use this time as an opportunity to further clarify, tailor, and refine the messages based on feedback from stakeholders. To assure that your messages are communicated effectively, always use simple, clear, jargon-free language. Conclude by making specific recommendations that you expect your audience can implement.

In any evaluation, the analyzed data comprise the main content of what is communicated. The findings of an evaluation should include information about the data and an explanation of how the data were analyzed. The analysis results must sufficiently support each conclusion and recommendation. "Data dumps" generally have little meaning to most audiences, and therefore, have little merit in a presentation of evaluation findings. Creating messages that adequately convey the data and its meaning requires a great deal of thought and creativity. Quantitative data can often be visually summarized and simply conveyed through the use of charts, graphs, and tables.

Graphs and charts can present statistical and complex data concisely. Charts are most useful for depicting processes, elements, roles, or other parts of some larger entity. Graphs are particularly useful for presenting data and relationships. They can illustrate trends, distributions, and cycles.

Tables and figures can make information more understandable and are especially effective if you have limited space or time to present information. They will allow audiences to quickly absorb a

large quantity of data while still conveying the key points of the evaluation findings. Visual representations of data can be illustrated in diagrams or visual forms of representation that reveal patterns, trends, and relationships that are otherwise not apparent in the text. Diagrams, maps, or illustrations are often effective for conveying ideas that are difficult to express in words. In general, graphics need to be clear, precise, and limited in number. The goal of the graphic is to present one clear message.

An interpretation or explanation of graphics should be included to ensure accurate understanding. In cases where you have collected both quantitative and qualitative data, you can use the qualitative data to complement and illustrate critical points found in the quantitative data. Be careful not to present more qualitative data than is needed to support your conclusions, especially in the form of quotations. If you present a diagram using symbols, include a key that identifies or defines them. Evaluations that involve both qualitative and quantitative data should report a mix of results from each type of data.

Putting the results in writing

Evaluation Report. Developing a useful, comprehensive evaluation report requires a considerable investment of time and resources and limits the degree to which a report can be tailored to specific audiences. Usually, an evaluation report has more than one intended audience, so it is useful to organize a report to help specific audiences easily find the information most useful to them. This can be as simple as including headings such as "recommendations for school nurses" and "recommendations for school superintendents."

Executive Summary. An executive summary is a vital section of any written report, given that many audiences will have limited time to invest in reading and reviewing a full-length report. The chief advantage of summaries is that they can be reproduced separately and disseminated as needed, often too busy decision makers. Executive summaries usually contain condensed versions of all the major sections of a full report, highlighting the essential messages accurately and concisely. As with the full-length written report and oral presentation, summaries should be tailored to address the needs of particular audiences, emphasizing different program elements and findings. You may choose to create multiple, tailored executive summaries to assure that messages are meaningful to each audience.

Newsletters and Bulletins. When you need to relay evaluation findings to a broad group of individuals in a form other than a lengthy report or oral presentation, consider using newsletters, bulletins, or brochures. These less formal media can promote communication between the evaluator and stakeholders and enable presentation of findings as they emerge and at the end of the evaluation (Torres et al., 1996).

You can use a dedicated newsletter to communicate key evaluation findings from an evaluation or include an article about evaluation activities as part of an existing internal or external newsletter. Bulletins are similar to newsletters but are typically briefer and are dedicated to reporting periodically on a particular evaluation or project.

Brochures. Brochures are typically intended to generate interest in the evaluation findings. A brochure can be as simple as a printed sheet folded twice. If your evaluation findings are positive, a brochure might also take the shape of a more comprehensive 'marketing' folder with a variety of collateral pieces. In either case, it might include a brief description of the evaluation,

an overview of the evaluation design, and the key findings and recommendations. This form of communication can be used to invite feedback and discussion on the evaluation or simply to inform readers of the evaluation's conclusions.

As with other forms of presenting information, determine the type of communication best suited for your purpose and audience by considering your audience's interest, the desired frequency of publication, budget, availability of desktop publishing software and associated skills and resources needed, and scope of the dissemination effort.

Posters. Posters and other visual displays of evaluation information can be designed for events such as conferences or meetings. Posters can also be advantageous because they can be displayed in a waiting room or other location, making the evaluation findings accessible to a wide range of audiences over time. They can also be used to promote interest and engagement in evaluation.

Social Media. Social media tools such as Facebook, YouTube, and Twitter offer innovative ways to communicate evaluation information. These tools and other emerging communication technologies can increase the timely dissemination and potential impact of evaluation, leverage audience networks to facilitate information sharing, expand reach to include broader, more diverse audiences, and facilitate interactive communication, connection, and public engagement.

J.6 Communications that Build Evaluation Capacity

Transforming the lessons learned from our evaluation experiences into opportunities to build evaluation capacity within an organization is one of the most important and more challenging aspects of evaluation practice. As part of their professional development, evaluators typically reflect on the evaluation process and make mental notes on what worked or what they would do differently next time. By bringing stakeholders into this process—actively engaging them in problem solving while implementing the evaluation—we can deepen their understanding of evaluation practice. Activities such as mock data review sessions and workshops on evaluation purposes, designs, methods, and other topics, along with remembering to work with stakeholders throughout the evaluation process are critical to helping ensure the use of evaluation findings through stakeholder buy-in.

Additionally, the evaluation plan itself can be a valuable tool for documenting the implementation of the evaluation. Many evaluators make notes within the plan to chronicle what was done, what was revised, and how decisions were made. The plan can be supplemented with appendices tracking the use of evaluation findings and actions taken in response to the recommendations. These records are invaluable when planning subsequent evaluations and for showing the practical value of evaluation. Success stories and lessons learned from evaluations can be written up and shared in journal publications, at conferences, or, less formally, through blogs and listservs. The CDC's asthma evaluation listserv and informal presentations on the quarterly asthma evaluation calls are convenient channels for communicating lessons learned with your peers.

When operating in a collaborative, supportive environment, evaluators can use their effective communication skills to play an important role within the larger context of organizational learning. By working with organizational leaders to develop and support evaluation capacity building activities, evaluators can encourage the institutionalization of evaluation in program operations. Organizational supports—such as making time available for skill building, allocating resources for evaluation, incentivizing learning, and creating expectations for openly discussing

evaluation findings and their implications—demonstrate a commitment to building an evaluation culture.

J.7 Additional resources General

General

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NOTES

Appendix K. Developing an Action Plan

To gain the maximum benefit from evaluation, it is imperative that the results of your efforts be put to use, whether to support program improvements or to guide other decision making. We know from experience that evaluation results are more likely to be put to use if you, stakeholders, and program personnel take the time to develop an action plan.

An action plan is an organized list of tasks that, based on the evaluation findings, should lead to program improvement. It differs from a to-do list in that all the tasks focus specifically on achievement of your program improvement objectives. It can and should serve as your program's roadmap to ensure that evaluation findings are put to use in improving your program.

An action plan should outline:

- Evaluation findings the action is designed to address.
- Who is responsible for completing an action.
- What resources are necessary for carrying out an action.
- How the action plan will be monitored.
- The timeline for completion of an action.

If you identify more than one program area ready for improvement based on a single evaluation, we recommend creating an action plan for each improvement objective. Your evaluation may also identify program components that should be eliminated or components that are working well and should be sustained. Action plans are appropriate to guide these follow-up activities as well.

Since some stakeholders will be charged with implementing changes based on your evaluation findings, it is of critical importance that you and stakeholders who were involved in designing the evaluation work together to create the action plan and agree upon who is responsible for implementing any appropriate changes. This group is likely to have important insights about how to best respond to evaluation findings. Their involvement can help ensure that planned activities are both desirable and feasible, and they are more likely to participate in implementing changes if they have been involved in identifying actions to be taken. It is very important that program personnel and other stakeholders take part in thinking through and creating the action plan and, even more importantly, that they take responsibility for carrying out activities therein.

We provide an example of an action plan in **Table K.1**. This format directly connects program improvement objectives to evaluation findings by including a brief summary of relevant evaluation findings, evidence upon which findings are based, and proposed changes to respond to findings. The majority of the plan focuses on specific action(s) you and your stakeholders will take to achieve the stated objectives. It identifies the individual responsible for each activity, resources they need to accomplish it, and a timeline for completion. The action plan template also includes an area to list the information you will use to monitor implementation of your action plan. Finally, the plan specifies the data you will use to determine whether the improvement(s) you are seeking actually occur.

Regularly reviewing the results of your action plan with your stakeholders will help you better utilize evaluation findings. If you have evidence that your program has improved, this marks an occasion for joint celebration. If more work needs to be done, your stakeholders can help focus your energies and support necessary changes.

Table K.1 Evaluation Results Action Plan

Program Component (e.g., infrastructure, EXHALE strategy):								
Evaluation Purpose:								
Programmatic Change Sought:								
Evaluation Result	Describe the key evaluation result that necessitates action.							
Supporting Evidence	Describe the evidence that supports action.							
Plan of Action	on to Achieve Change Monitor Change							
Change Needed	Activities to Implement Change	Person Responsible	Resources Required	Due By	Indicators that Change is Implemented	Data Sources	Indicators to Monitor Success of Change	Data Sources
Describe key change(s) you want to achieve based on this finding.	List activities that need to be carried out to make the change happen in the program.	List the person(s) who will assure each activity occurs.	List resources required for the activity.	Assign a due date by which the activity will be completed. (The final date should be when the change will be in full effect.)	Describe how you will know that the change is implemented as planned.	Describe what data you will need to have to know change is implemented.	Describe how you will know the change to program is working or not.	Describe the data you will need to measure success.