

Arthritis Among **VETERANS**

**1 IN 3 VETERANS
HAVE ARTHRITIS**



compared with



**1 IN 4 ADULTS IN
THE U.S. OVERALL**



Arthritis is more common
in **older veterans**.

Veterans can develop
arthritis **due to overuse
and traumatic injuries**
during their service.

Physical activity is
a non-drug way to
reduce arthritis pain.



Learn about managing arthritis at www.cdc.gov/arthritis.

