From Data to Action:

CDC Responds to Antibiotic Resistance Threats

CDC's Antibiotic Resistance Laboratory Network (AR Lab Network) is one of the leading nationwide systems to rapidly detect antibiotic-resistant pathogens and genes. CDC and health departments use these critical data to inform local responses to prevent spread and protect people.

Funded by CDC's AR Solutions Initiative, the AR Lab Network empowers public health laboratories in all 50 states and several large cities and territories to identify antibiotic resistance threats in health care, the community, the food supply, and the environment. The network includes 7 regional laboratories and the National Tuberculosis Molecular Surveillance Center (NTMSC).

When antibiotic resistance threats are reported through the AR Lab Network, CDC works directly with public health departments to provide expertise and support for outbreak response.

Based on the success of the AR Lab Network in the United States, CDC is establishing a complementary, global network to detect and respond to antibioticresistant pathogens.



*Tests performed since funded in 2016

Learn more: www.cdc.gov/DrugResistance/Laboratories

Keeping a Pulse on Top U.S. AR Threats by Testing:

Threats in Health Care

- > Acinetobacter species
- > Candida, including Candida auris
- Carbapenem-resistant Enterobacterales (CRE)
- > Carbapenem-resistant Pseudomonas aeruginosa
- > Clostridioides difficile

Threats in Animals & Food Supply

- > Campylobacter
- > Salmonella

Threats in the Environment

> Azole-resistant Aspergillus fumigatus

Threats in the Community

- > Mycobacterium tuberculosis (TB)
- > Shigella
- > Neisseria gonorrhoeae
- > Streptococcus pneumoniae





U.S. Department of Health and Human Services Centers for Disease Control and Prevention

Transforming AR Detection and Response

The AR Lab Network monitors for Urgent, Serious, and Concerning threats to human health, including Watch List pathogens from CDC's <u>2019 AR Threats Report</u>.



CANDIDA AURIS

THREAT LEVEL URGENT

(Drug-resistant *Candida* is a **Serious** Threat.)

- Why AR Lab Network Tests: C. auris is an emerging multidrug-resistant yeast that can cause severe infections and spreads easily in hospitals and nursing homes.
- How this protects people: In 2019, the AR Lab Network confirmed *C. auris* samples were resistant to all three available antifungals, meaning the infections were essentially untreatable. Identifying these cases immediately led to aggressive infection control measures and screening to contain its spread, preventing additional infections.



CARBAPENEM-RESISTANT ENTEROBACTERALES

THREAT LEVEL URGENT

- Why AR Lab Network Tests: CRE threatens patients in healthcare settings. Enterobacterales includes several healthcare-related bacteria, such as *Klebsiella pneumoniae* and *Escherichia coli*, which are often resistant to nearly all antibiotics, leaving more toxic or less effective treatment options.
- How this protects people: The AR Lab Network identified carbapenemase genes never before detected in their geographic area. Public health departments are alerting local partners and implementing infection prevention strategies to contain the spread.



MYCOBACTERIUM TUBERCULOSIS (TB)

THREAT LEVEL SERIOUS



- > Why AR Lab Network Tests: Multidrugresistant TB and extensively drug-resistant TB
- can cause serious and difficult-to treat-illness, and are a leading cause of death from drug-resistant pathogens globally.
- How this protects people: Annually, NTMSC performs whole genome sequencing (WGS) on about 8,000 TB samples to look for and alert health departments to genetic mutations associated with resistance to anti-TB drugs. CDC releases about 100 alerts annually on resistance to rifampin, a first-line drug used in treating TB disease, so that health departments can ensure additional testing and that patients receive the most effective treatment regimen.



NEISSERIA GONORRHOEAE (GONORRHEA)

THREAT LEVEL URGENT

- Why AR Lab Network Tests: Gonorrhea, a common sexually transmitted disease, has rapidly developed resistance to antibiotics. Cases of drug-resistant gonorrhea have increased by 124% since 2013 and is not likely to decrease given clinic closures during the COVID-19 pandemic.
- How this protects people: A collaboration between the Las Vegas, Nevada Health Department, the Texas State Laboratory, and CDC identified the first gonorrhea case carrying a unique resistance gene in the U.S., prompting increased patient follow-up, and stopping further spread. This highlights the importance of gonorrhea surveillance in the U.S.

STREPTOCOCCUS PNEUMONIAE (S. PNEUMONIAE)

THREAT LEVEL SERIOUS

- Why AR Lab Network Tests: Streptococcus pneumoniae is the leading cause of bacterial pneumonia and meningitis and is commonly the cause of bloodstream, ear, and sinus infections.
- How this protects people: Although there are effective vaccines for *S. pneumoniae*, regional labs use WGS to accurately identify new serotypes—groups within a single species of bacteria that share distinctive surface structures—which the vaccines might not cover.

SALMONELLA

THREAT LEVEL SERIOUS

- > Why AR Lab Network Tests: Nontyphoidal Salmonella can spread from animals to people through food and from contact with feces from infected people or animals. Some infections can spread to the blood, causing life-threatening complications.
- How this protects people: The AR Lab Network, via PulseNet, detected an outbreak of multidrug-resistant Salmonella Newport linked to soft cheese in Mexico and beef in the U.S.—with decreased susceptibility to azithromycin, leading to 255 infections and 60 hospitalizations. WGS was key to rapidly identify antibiotic resistance and link cases to each other and to possible sources of infection.





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