

All materials are free!

**You Can Order in Two Ways:**



**1-800-CDC-INFO**  
or



**www.cdc.gov/pubs**  
Select "Antibiotic Use" from the Programs drop-down menu and click "Search"

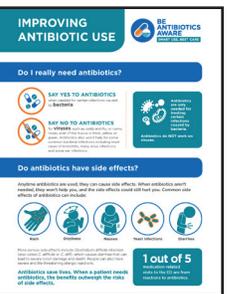
**PATIENT RESOURCES**



**Antibiotics Aren't Always the Answer Brochure**



**Viruses or Bacteria — What's Got You Sick? Chart**



**Improving Antibiotic Use Infographic**



**Antibiotics Aren't Always the Answer Fact Sheet**



**U.S. Antibiotic Awareness Week Fact Sheet**

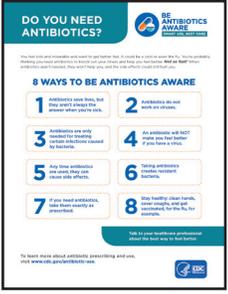


**An Antibiotic Is the Wrong Tool To Treat a Virus Poster**

**HEALTHCARE PROFESSIONAL RESOURCES**



**A Commitment to Our Patients About Antibiotics Poster**



**Do You Need Antibiotics? Poster**



**Be Antibiotics Aware: Smart Use, Best Care Sticker Sheet**



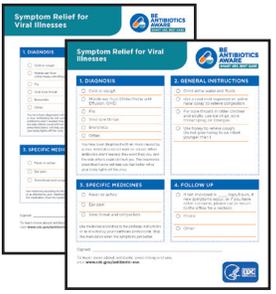
**Be Antibiotics Aware: Smart Use, Best Care Static Counter & Window Cling**



**What Is Watchful Waiting? Prescription Pads**



**What Is Delayed Prescribing? Prescription Pads**



**Symptom Relief for Viral Illnesses Prescription Pads**



**Taking Your Antibiotics Prescription Pads**



**BE ANTIBIOTICS AWARE**  
SMART USE, BEST CARE

# Be Antibiotics Aware

Resources for Downloading via [www.cdc.gov/antibiotic-use](http://www.cdc.gov/antibiotic-use)

All materials are free!

## WEB GRAPHICS



I Am Antibiotics Aware Web Badge



We Are Antibiotics Aware Web Badge



Proud To Support Be Antibiotics Aware Web Badge



Be Antibiotics Aware: Smart Use, Best Care Web Button

**Do I really need antibiotics?**

**SAY YES TO ANTIBIOTICS** when treating bacterial infections caused by **BACTERIA**.

**SAY NO TO ANTIBIOTICS** for **VIROSES** such as colds and flu, or viral infections. Most flu viruses and most cases of acute bronchitis or acute sinusitis don't need any antibiotics. Antibiotics won't help for some common bacterial infections including lower cases of bronchitis, many sinus infections, and some ear infections.

Antibiotics are only needed for treating certain infections caused by bacteria. Antibiotics do not work on viruses.

To learn more about antibiotic prescribing and use, visit [www.cdc.gov/antibiotic-use](http://www.cdc.gov/antibiotic-use).

Do I Really Need Antibiotics? Infographic

**Do antibiotics have side effects?**

Anytime antibiotics are used, they can cause side effects. When antibiotics aren't needed, they won't help you, and the side effects could still hurt you. Common side effects of antibiotics can include:

- Rash
- Diarrhea
- Nausea
- Head Infections
- Stomach Issues

There are several side effects caused by antibiotics, such as allergic reactions, Clostridium difficile infection (also called C. diff), and drug interactions. Some antibiotics can also cause dizziness, double vision, and changes in taste. Some antibiotics can also have serious and life-threatening allergic reactions.

Antibiotics save lives. When a patient needs antibiotics, the benefits outweigh the risks of side effects.

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Do Antibiotics Have Side Effects? Infographic

**What is antibiotic-resistant bacteria?**

Antibiotic resistance occurs when bacteria no longer respond to the drugs designed to kill them. Anytime antibiotics are used, they can cause antibiotic resistance.

Each year in the U.S., at least 2 million people get antibiotic-resistant infections. At least 23,000 people die as a result.

Bacteria, not the drugs, become antibiotic-resistant. Some resistant bacteria can be passed to other people through direct contact, coughs, sneezes, and the food chain.

To learn more about antibiotic prescribing and use, visit [www.cdc.gov/antibiotic-use](http://www.cdc.gov/antibiotic-use).

What Is Antibiotic-Resistant Bacteria? Infographic

**Can I feel better without antibiotics?**

Respiratory viruses usually go away in a week or two without treatment. To stay healthy and keep others healthy, you can:

- Clean Hands
- Cover Coughs
- Stay Home When Sick
- Get Recommended Vaccines

To learn more about antibiotic prescribing and use, visit [www.cdc.gov/antibiotic-use](http://www.cdc.gov/antibiotic-use).

Can I Feel Better Without Antibiotics? Infographic

Stay healthy and keep others healthy by cleaning hands, covering coughs, staying home when sick, and getting recommended vaccines.

Antibiotics aren't always the answer. Everyone can help improve antibiotic prescribing and use.

Be Antibiotics Aware Social Media Graphics

At least 80 million antibiotic prescriptions each year are unnecessary.

BRONCHITIS  
SINUS INFECTIONS  
EAR INFECTIONS  
AND SOME EAR INFECTIONS

Antibiotics Aren't Always the Answer GIFs

RASH  
DIARRHEA  
NAUSEA  
DIZZINESS  
VAGINITIS

EFFECTS OF ANTIBIOTICS INCLUDE:

## VIDEOS



The Right Tool :30 and :15 TV PSAs



Antibiotics Aren't Always the Answer 2:30 and :30 Animated Videos



La Herramienta Correcta :30 TV PSA in español



Los Antibióticos No Son Siempre La Solución 2:55 Video in español