Can I feel better without antibiotics?

Respiratory viruses usually go away in a week or two without treatment. To stay healthy and keep others healthy, you can:

- Clean Hands
- Cover Coughs
- Stay Home When Sick
- Get Recommended Vaccines

To learn more about antibiotic prescribing and use, visit [www.cdc.gov/antibiotic-use](http://www.cdc.gov/antibiotic-use).