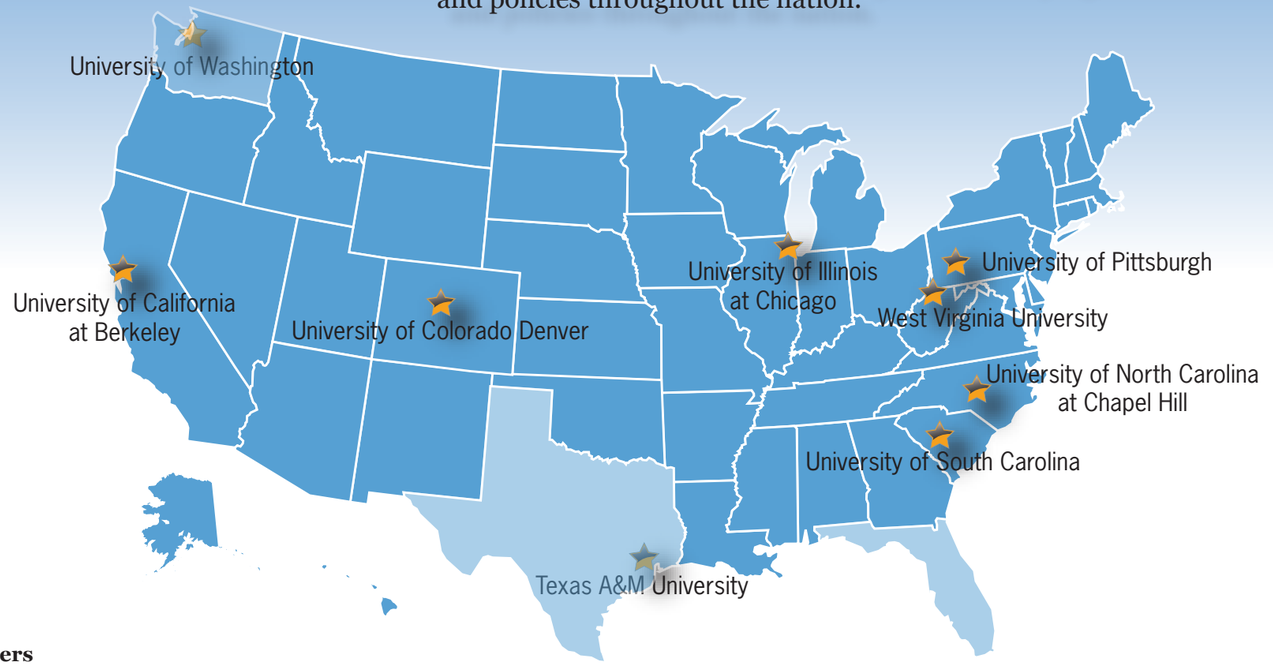
CDC Healthy Aging Research Network (CDC-HAN)

The mission of the CDC-HAN is to better understand the determinants of healthy aging in older adult populations; develop and evaluate programs and policies that promote healthy aging; and translate and disseminate evidence-based and sustainable public health programs and policies throughout the nation.



Key Partners

AARP
Administration on Aging
Alzheimer's Association
American Medical Association
Centers for Disease Control and Prevention
* Division of Emergency and Environmental Health Services
* Division of Nutrition, Physical Activity and Obesity
* Prevention Research Centers Program (PRC)

Easter Seals
Environmental Protection Agency
Health Foundation of South Florida
National Association of Chronic Disease Directors
National Council on Aging
Pan American Health Organization
University - affiliated Community Advisory Boards for CDC-HAN Member Centers
University of Pittsburgh

Supported by CDC's Healthy Aging Program, Division of Adult and Community Health

For more information please visit:
www.prc-han.org www.cdc.gov/aging

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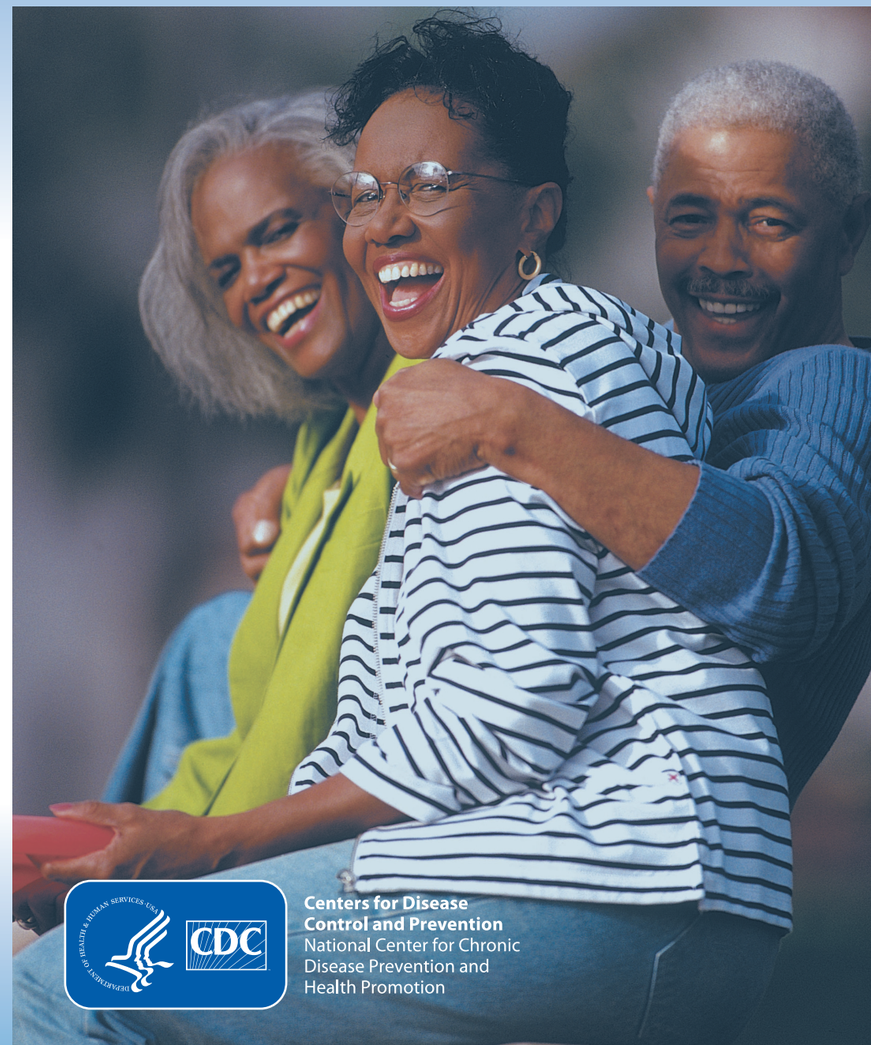
Healthy Aging Research Network

10 Years of Making an Impact



Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion

CDC Healthy Aging Research Network (CDC-HAN): Exemplars from the Past 10 Years

2001

Create the first thematic network of the Prevention Research Centers

Develop CDC-HAN mission and vision

2002

Establish research agenda on healthy aging

Endorse social ecological model

Provide consultation to the National Council on Aging (NCOA) Award for "Excellence in Physical Activity Project"

2003

Conduct national survey of physical activity program capacity

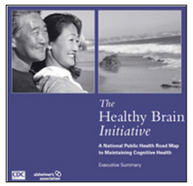
Provide technical assistance to NCOA's Best Practices for Physical Activity Programs

Create CDC-HAN Logic Model

2004

Develop and pilot first HAN walkability audit tool

Provide technical assistance to NCOA's Center for Healthy Aging



2005

Implement Robert Wood Johnson Foundation Walking Study

Consult with the Environmental Protection Agency's Building Healthy Communities for Active Aging Initiative

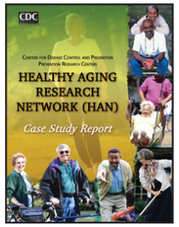
2006

Publish article on the network and definition of healthy aging in *Preventing Chronic Disease*

Contribute to the *Healthy Brain Initiative Road Map*

Launch national "Healthy Brain Focus Group Study"

Publish Physical Activity Health and Aging series in the *Journal of Gerontology*



2007

Deliver initial Research-to-Practice Conference on physical activity

Release independent case study showing the value of CDC-HAN

Provide consultation to the Administration on Aging's Evidence-Based Disease Prevention Program for nation-wide evaluation

Provide technical assistance to Health Foundation of South Florida's "Healthy Aging Initiative"

Conduct evidence-based reviews on mental health topics

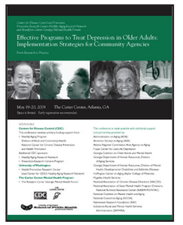
2008

Deliver Research-to-Practice Conference on mental health

Develop online modules for "Evidence-Based Health Promotion"

Inform *The Community Guide for Preventive Services* recommendations for mental health and aging

Develop and distribute action briefs on mental health



2009

Deliver Research to-Practice Conference on environmental and policy change

Produce special issue on brain health for *The Gerontologist*

Conduct national survey of physical activity experts

2010

Produce online "Environmental and Policy Change (EPC) For Healthy Aging Initiative"

Develop EPC Clearinghouse

Launch Health and Transportation initiative with Easter Seals

2011

Receive Apex Award for Excellence for EPC Clearinghouse

Produce special issue on mobility for the *Journal of Aging Research*

Celebrate 10-year anniversary with CDC and the Assistant Secretary for Aging Kathy Greenlee

"The HAN is an incredibly talented team of scholars and community partners whose collaborative spirit and sense of purpose and innovation are making an important and long lasting impact at the intersection of public health and aging."

Lead of the CDC-HAN Coordinating Center

"The HAN is unique in its ability to integrate research on policy, community and programmatic interventions – thus ensuring the greatest benefit to all older adults, and especially those impacted by health disparities."

CDC-HAN Partner