

**BRFSS Caregiver module  
2009**

1. People may provide regular care or assistance to a friend or family member who has a health problem, long-term illness, or disability. During the past month, did you provide any such care or assistance to a friend or family member?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**CATI note: If Core13.1 = 1 (Yes), continue. Otherwise, go to next module.**

2. What age is the person to whom you are giving care?

**INTERVIEWER NOTE: If more than one person, ask "What is the age of the person to whom you are giving the most care?"**

- \_\_\_ Code age in years [0-115]
- 777 Don't know / Not sure
- 999 Refused

The remainder of these questions will be about the person to whom you are giving the most care.

3. Is this person male or female?

- 1 Male
- 2 Female
- 9 Refused

4. What is his/her relationship to you? For example is he/she your (mother/daughter or father/son)?

Do not read:

- 01 Parent
- 02 Parent-in-law
- 03 Child
- 04 Spouse
- 05 Sibling
- 06 Grandparent
- 07 Grandchild
- 08 Other Relative
- 09 Non-relative

77 Don't know / Not sure  
99 Refused

5. For how long have you provided care for [CATI: code from Q4].  
If Q4 = 77 (Don't know/not sure) or 99 (Refused); say "that person."

**NOTE: Code using respondent's unit of time.**

1 \_\_ Days  
2 \_\_ Weeks  
3 \_\_ Months  
4 \_\_ Years  
777 Don't know / Not sure  
999 Refused

6. What has a doctor said is the major health problem, long-term illness, or disability that the person you care for has? [Check only one condition].

Do not read:

Physical Health Condition/Disease

01 Arthritis/Rheumatism  
02 Asthma  
03 Cancer  
04 Diabetes  
05 Heart Disease  
06 Hypertension/High Blood Pressure  
07 Lung Disease/Emphysema  
08 Osteoporosis  
09 Parkinson's Disease  
10 Stroke Disability  
11 Eye/Vision Problem (blindness)  
12 Hearing Problems (deafness)  
13 Multiple Sclerosis (MS)  
14 Spinal Cord Injury  
15 Traumatic Brain Injury (TBI)

Learning/Cognition

16 Alzheimer's Disease or Dementia  
17 Attention-Deficit Hyperactivity Disorder (ADHD)  
18 Learning Disabilities (LD) Developmental Disability  
19 Cerebral Palsy (CP)  
20 Down's Syndrome  
21 Other developmental disability (e.g., spinal bifida, muscular dystrophy, fragile X)

Mental Health

- 22 Anxiety
- 23 Depression
- 24 Other

- 77 Don't know / Not sure
- 99 Refused

7. In which of the following areas does the person you care for most need your help?

Please read:

- 01 Taking care of himself/herself, such as eating, dressing, or bathing
- 02 Taking care of his/her residence or personal living spaces, such as cleaning, managing money, or preparing meals
- 03 Communicating with others
- 04 Learning or remembering
- 05 Seeing or hearing
- 06 Moving around within the home
- 07 Transportation outside of the home
- 08 Getting along with people
- 09 Relieving/decreasing anxiety or depression

Do not read:

- 77 Don't know / Not sure
- 99 Refused

8. In an average week, how many hours do you provide care for [CATI: code from Q4]. If Q4 = 77 (Don't know/not sure) or 99 (Refused); say "that person" because of his/her health problem, long-term illness, or disability?

**Note: Round up to the next whole number of hours.**

Do not read:

- \_\_ \_ Hours per week
- 777 Don't know / Not sure
- 999 Refused

9. I am going to read a list of difficulties you may have faced as a caregiver. Please indicate which one of the following is the greatest difficulty you have faced as a caregiver.

Please read:

- 01 Creates a financial burden
- 02 Doesn't leave enough time for yourself
- 03 Doesn't leave enough time for your family
- 04 Interferes with your work
- 05 Creates stress
- 06 Creates or aggravates health problems

- 07 Affects family relationships
- 08 Other difficulty
- 88 No difficulty

Do not read:

- 77 Don't know / Not sure
- 99 Refused

10. During the past year, has the person you care for experienced changes in thinking or remembering?

**Read only if necessary: "Had more difficulty remembering people, places, or things, or understanding or making decisions as easily as they once did."**

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused