SUBJECTIVE COGNITIVE DECLINE AMONG WOMEN

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Women in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 9 women aged 45 years and older are experiencing subjective cognitive decline.

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

43% of women with SCD had to give up day-to-day activities.

Nearly one in two women with SCD say it interfered with social activities, work or volunteering.

83% of women with SCD have at least one chronic condition.

Half of women with SCD have discussed their symptoms with a healthcare provider.

39% of women with SCD need help with household tasks.