Subjective Cognitive Decline Among Hispanic Adults

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Hispanic Adults in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 9 Hispanic adults aged 45 years and older are experiencing subjective cognitive decline.

SCD is self-reported memory problems that have been getting worse over the past year.

52% of people with SCD had to give up day-to-day activities.

One in two people with SCD say it interfered with social activities, work or volunteering.

75% of people with SCD have at least one chronic condition.

Less than half of people with SCD have discussed their symptoms with a healthcare provider.

53% of people with SCD need help with household tasks.

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