SUBJECTIVE COGNITIVE DECLINE
AMONG ASIAN/NATIVE HAWAIIAN/PACIFIC ISLANDER ADULTS

1 in 13
Asian, Native Hawaiian, or other Pacific Islander adults 45 years and older are experiencing Subjective Cognitive Decline

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

28% of people with SCD had to give up day-to-day activities

one in five
people with SCD say it interfered with social activities, work or volunteering

57% of people with SCD have at least one chronic condition

only a third
of people with SCD have discussed their symptoms with a healthcare provider

26% of people with SCD need help with household tasks

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

alzheimer's association

cdc.gov/aging

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