**SUBJECTIVE COGNITIVE DECLINE AMONG AMERICAN INDIAN/ALASKA NATIVE ADULTS**

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from American Indian and Alaska Native Adults in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 5 American Indian/Alaska Native adults aged 45 years and older are experiencing **Subjective Cognitive Decline**

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

53% of people with SCD had to give up day-to-day activities

one in two people with SCD say it interfered with social activities, work or volunteering

87% of people with SCD have at least one chronic condition

nearly 60% of people with SCD have discussed their symptoms with a healthcare provider

49% of people with SCD need help with household tasks

![cdc.gov/aging](https://example.com)