1 in 11 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

Among those with SCD...
- 29.6% needed help with household chores.
- 35.6% had to give up day-to-day activities.
- TWO in FIVE say SCD interfered with social activities, work, or volunteering.

Nearly 80% with SCD have at least one chronic condition.

Only HALF with SCD have talked to a health care provider about it.

For more information:
www.alz.org/publichealth
www.cdc.gov/aging