1 in 10 people aged 45 years and older are experiencing **Subjective Cognitive Decline**.

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

81% of people with SCD have at least one chronic condition.

37% of people with SCD had to give up day-to-day activities.

Less than half of people with SCD have discussed their symptoms with a healthcare provider.

Nearly a third of people with SCD say it interfered with social activities, work, or volunteering.

30% of people with SCD need help with household tasks.

[cdc.gov/aging](http://cdc.gov/aging)