1 in 8 people aged 45 and older are experiencing Subjective Cognitive Decline. SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year. Only TWO in FIVE with SCD have talked to a health care provider about it. Among those with SCD... 40.4% needed help with household chores. 42.0% had to give up day-to-day activities. TWO in FIVE say SCD interfered with social activities, work, or volunteering.

For more information: www.alz.org/publichealth www.cdc.gov/aging