

# Subjective Cognitive Decline

Data from the 2015 Behavioral Risk Factor Surveillance System

## in Texas

**1 in 8** people aged 45 and older are experiencing **Subjective Cognitive Decline**.

**SCD** is self-reported **MEMORY PROBLEMS**

that have been getting worse over the past year.



Only **TWO** in **FIVE**

with SCD have talked to a health care provider about it.



**Over 80%** with SCD have at least one chronic condition.

Among those with **SCD...**



**40.4%**

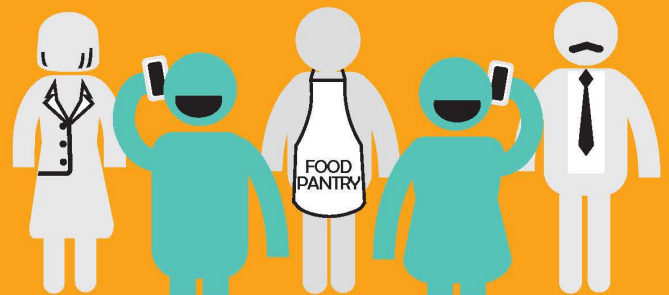
needed help with household chores.



**42.0%**

had to give up day-to-day activities.

**TWO** in **FIVE**



say SCD interfered with social activities, work, or volunteering.