

# Subjective Cognitive Decline

Data from the 2015 Behavioral Risk Factor Surveillance System

## in Tennessee

**1 in 8** people aged 45 and older are experiencing **Subjective Cognitive Decline**.

### SCD is self-reported **MEMORY PROBLEMS**

that have been getting worse over the past year.



Only **HALF** with SCD have talked to a health care provider about it.



**Nearly 90%** with SCD have at least one chronic condition.

### Among those with SCD...



49.5% had to give up day-to-day activities.

### **TWO** in **FIVE**



say SCD interfered with social activities, work, or volunteering.