Only 1 in 8 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported memory problems that have been getting worse over the past year.

Among those with SCD:
- 46.3% needed help with household chores.
- 49.5% had to give up day-to-day activities.

Nearly 90% with SCD have at least one chronic condition.

Almost two in five say SCD interfered with social activities, work, or volunteering.

Data from the 2015 Behavioral Risk Factor Surveillance System

for more information: www.alz.org/publichealth
www.cdc.gov/aging