

# Subjective Cognitive Decline

Data from the **2015**  
Behavioral Risk Factor  
Surveillance System

## in South Dakota

**1 in 17**

people aged 45  
and older

are experiencing **S**ubjective **C**ognitive **D**ecline.

**SCD** is self-reported  
**MEMORY PROBLEMS**

that have been getting worse  
over the past year.



Only **TWO**  
in **FIVE**

with SCD have talked  
to a health care  
provider about it.



**Nearly 80%**  
with SCD  
have at least  
one chronic  
condition.

Among those  
with **SCD...**



**30.3%**

needed help  
with household  
chores.



**38.3%**

had to give up  
day-to-day  
activities.

**ONE in THREE**



say SCD interfered with social activities,  
work, or volunteering.