

Data from the **2015**
Behavioral Risk Factor
Surveillance System

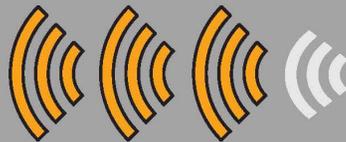
Subjective Cognitive Decline

in Puerto Rico

1 in 15 people aged 45 and older are experiencing **Subjective Cognitive Decline**.

SCD is self-reported **MEMORY PROBLEMS**

that have been getting worse over the past year.



THREE
in **FOUR**

with SCD have talked to a health care provider about it.



Over 80% with SCD have at least one chronic condition.

Among those with **SCD...**



64.8% needed help with household chores.



74.7%

had to give up day-to-day activities.

THREE in FIVE



say SCD interfered with social activities, work, or volunteering.

alzheimer's
association



for more information:

www.alz.org/publichealth

www.cdc.gov/aging