1 in 8 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

Only TWO in FIVE with SCD have talked to a health care provider about it.

Among those with SCD...

- 36.4% needed help with household chores.
- 41.1% had to give up day-to-day activities.

TWO in FIVE say SCD interfered with social activities, work, or volunteering.

Over 80% with SCD have at least one chronic condition.

For more information: www.alz.org/publichealth www.cdc.gov/aging