1 in 9 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

Less Than HALF with SCD have talked to a health care provider about it.

Among those with SCD...

- 33.4% needed help with household chores.
- 41.7% had to give up day-to-day activities.

TWO in FIVE say SCD interfered with social activities, work, or volunteering.

Over 80% with SCD have at least one chronic condition.

for more information: www.alz.org/publichealth

www.cdc.gov/aging