1 in 11 people aged 45 years and older are experiencing Subjective Cognitive Decline (SCD).

77% of people with SCD have at least one chronic condition.

36% of people with SCD had to give up day-to-day activities.

Only half of people with SCD have discussed their symptoms with a healthcare provider.

One third of people with SCD say it interfered with social activities, work, or volunteering.

33% of people with SCD need help with household tasks.

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