

# Subjective Cognitive Decline

Data from the **2015**  
Behavioral Risk Factor  
Surveillance System

## in Michigan

**1 in 8** people aged 45 and older are experiencing **Subjective Cognitive Decline**.

**SCD** is self-reported **MEMORY PROBLEMS** that have been getting worse over the past year.



Only **TWO** in **FIVE** with SCD have talked to a health care provider about it.



**Nearly 90%** with SCD have at least one chronic condition.

### Among those with SCD...



**37.7%**  
had to give up day-to-day activities.

### ONE in THREE



say SCD interfered with social activities, work, or volunteering.