1 in 11 people aged 45 years and older are experiencing **Subjective Cognitive Decline**

**SCD** is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

- 76% of people with SCD have at least one chronic condition
- 31% of people with SCD had to give up day-to-day activities
- Only half of people with SCD have discussed their symptoms with a healthcare provider
- Nearly a third of people with SCD say it interfered with social activities, work, or volunteering
- 28% of people with SCD need help with household tasks