

Subjective Cognitive Decline

Data from the **2015**
Behavioral Risk Factor
Surveillance System

in Maryland

1 in 9 people aged 45 and older are experiencing **Subjective Cognitive Decline**.

SCD is self-reported **MEMORY PROBLEMS** that have been getting worse over the past year.



Only **HALF** with SCD have talked to a health care provider about it.



Over 80% with SCD have at least one chronic condition.

Among those with SCD...



33.2% needed help with household chores.



37.4% had to give up day-to-day activities.

TWO in FIVE



say SCD interfered with social activities, work, or volunteering.