**KENTUCKY**

**SUBJECTIVE COGNITIVE DECLINE**

2016 Behavioral Risk Factor Surveillance System (BRFSS): People Aged 45 Years and Older

1 in 8 people aged 45 years and older are experiencing Subjective Cognitive Decline

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

90% of people with SCD have at least one chronic condition

Less than half of people with SCD have discussed their symptoms with a healthcare provider

44% of people with SCD had to give up day-to-day activities

Nearly half of people with SCD say it interfered with social activities, work, or volunteering

39% of people with SCD need help with household tasks

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

cdc.gov/aging