

Subjective Cognitive Decline

Data from the 2015 Behavioral Risk Factor Surveillance System

in Illinois

1 in 10 people aged 45 and older are experiencing **Subjective Cognitive Decline**.

SCD is self-reported **MEMORY PROBLEMS** that have been getting worse over the past year.



Only **HALF** with SCD have talked to a health care provider about it.



Over 80% with SCD have at least one chronic condition.

Among those with **SCD...**



35.2%

needed help with household chores.



43.2%

had to give up day-to-day activities.

ONE in THREE



say SCD interfered with social activities, work, or volunteering.