Only [s [? with SCD have talked to a health care provider about it. 

1 in 10 people aged 45 and older are experiencing Subjective Cognitive Decline. 

SCD is self-reported memory problems that have been getting worse over the past year. 

Among those with SCD...

- 35.2% needed help with household chores. 
- 43.2% had to give up day-to-day activities. 

Only half with SCD have talked to a health care provider about it. 

One in three say SCD interfered with social activities, work, or volunteering. 

Over 80% with SCD have at least one chronic condition. 

For more information: www.alz.org/publichealth www.cdc.gov/aging