1 in 11 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported memory problems that have been getting worse over the past year.

Only one in three with SCD have talked to a healthcare provider about it.

Nearly 75% with SCD have at least one chronic condition.

Among those with SCD... 28.3% needed help with household chores. 40.9% had to give up day-to-day activities.

One in four say SCD interfered with social activities, work, or volunteering.

For more information: www.alz.org/publichealth www.cdc.gov/aging