Subjective Cognitive Decline among Lesbian, Gay, Bisexual, Transgender (LGBT) Adults

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Lesbian, Gay, Bisexual, Transgender (LGBT) Adults in 25 States: People Aged 45 Years and Older

1 in 7 people aged 45 years and older are experiencing Subjective Cognitive Decline

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

36% of people with SCD had to give up day-to-day activities

one in three of people with SCD say it interfered with social activities, work or volunteering

80% of people with SCD have at least one chronic condition

less than half of people with SCD have discussed their symptoms with a healthcare provider

36% of people with SCD need help with household tasks