1 in 8 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported memory problems that have been getting worse over the past year.

Only half with SCD have talked to a health care provider about it.

Among those with SCD...

- 33.5% needed help with household chores.
- 40.1% had to give up day-to-day activities.

Two in five say SCD interfered with social activities, work, or volunteering.

Nearly 80% with SCD have at least one chronic condition.

For more information: www.alz.org/publichealth  www.cdc.gov/aging