

Subjective Cognitive Decline

Data from the 2015 Behavioral Risk Factor Surveillance System

in Colorado

1 in 9 people aged 45 and older are experiencing **Subjective Cognitive Decline**.

SCD is self-reported **MEMORY PROBLEMS**

that have been getting worse over the past year.



Only **HALF** with SCD have talked to a health care provider about it.



Nearly 75% with SCD have at least one chronic condition.

Among those with SCD...



26.1% needed help with household chores.



33.4%

had to give up day-to-day activities.

ONE in **THREE**



say SCD interfered with social activities, work, or volunteering.