Only 1 in 9 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported memory problems that have been getting worse over the past year.

Among those with SCD...
- 26.1% needed help with household chores.
- 33.4% had to give up day-to-day activities.

Only half with SCD have talked to a health care provider about it.

Nearly 75% with SCD have at least one chronic condition.

One in three say SCD interfered with social activities, work, or volunteering.

For more information: www.alz.org/publichealth

www.cdc.gov/aging