Only 1 in 9 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported memory problems that have been getting worse over the past year.

Among those with SCD...
- 33.3% needed help with household chores.
- 32.5% had to give up day-to-day activities.
- ONE in THREE say SCD interfered with social activities, work, or volunteering.

Over 70% with SCD have at least one chronic condition.

for more information: www.alz.org/publichealth www.cdc.gov/aging