Only 1 in 8 people aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

Among those with SCD...
- 38.2% needed help with household chores.
- 38.4% had to give up day-to-day activities.

Only TWO in FIVE with SCD have talked to a health care provider about it.

Nearly 80% with SCD have at least one chronic condition.

ONE in THREE say SCD interfered with social activities, work, or volunteering.

For more information:
- www.alz.org/publichealth
- www.cdc.gov/aging