Subjective Cognitive Decline

Data from the 2015 Behavioral Risk Factor Surveillance System

Aggregated across 34 states:
Alabama • Arizona • Arkansas • California • Colorado • District of Columbia • Florida • Georgia • Hawaii • Illinois • Iowa • Louisiana • Maryland • Michigan • Minnesota • Mississippi • Nebraska • Nevada • New Jersey • New York • North Dakota • Ohio • Oregon • Rhode Island • South Carolina • South Dakota • Tennessee • Texas • Utah • Virginia • West Virginia • Wisconsin • Wyoming

1 in 9 Americans aged 45 and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been getting worse over the past year.

Less than HALF with SCD have talked to a health care provider about it.

35.7% needed help with household chores.
40.5% had to give up day-to-day activities.
ONE in THREE say SCD interfered with social activities, work, or volunteering.

Many with SCD also have other chronic conditions:
- 61.3% arthritis
- 28.4% cardiovascular disease
- 26.7% diabetes
- 21.5% COPD
- 15.1% asthma
- 14.8% history of cancer
80.2% report at least one of these conditions

for more information:
www.alz.org/publichealth
www.cdc.gov/aging