NEW YORK CAREGIVING

2017 Behavioral Risk Factor Surveillance System (BRFSS) Data

CAREGIVERS provide regular care or assistance to a FRIEND or FAMILY member with a health problem or disability

1 in 5 adults are caregivers

WHO ARE CAREGIVERS?

LENGTHY
Over half have provided care for at least two years

INTENSE
A fourth have provided care for at least 20 hours per week

HOW DO CAREGIVERS HELP?

80% manage household tasks

Over 50% assist with personal care

CDC.gov/aging

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

1 in 5 NON-CAREGIVERS expect to BECOME CAREGIVERS within 2 years

60% are women

19% are 65 years old or older

38% are caring for a parent or parent-in-law

10% of caregivers are providing care to someone with dementia

1 in 5 adults are caregivers

20 hrs/wk

2 years

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