1 in 12 people aged 45 years and older are experiencing \textbf{Subjective Cognitive Decline}.

78\% of people with SCD have at least one chronic condition.

42\% of people with SCD had to give up day-to-day activities.

\textbf{Over a third} of people with SCD say it interfered with social activities, work, or volunteering.

33\% of people with SCD need help with household tasks.