

HAWAII CAREGIVING

HI

2017 Behavioral Risk Factor Surveillance System (BRFSS) Data



1 in 6 adults are
caregivers

CAREGIVERS provide regular care
or assistance to a FRIEND or FAMILY
member with a health problem
or disability

CAREGIVING CAN BE

LENGTHY
Nearly half
have provided care for at
least two years



INTENSE
Almost a third
have provided care for at
least 20 hours per week



HOW DO CAREGIVERS HELP?



75% manage
household tasks

Over 50% assist
with personal care



WHO ARE CAREGIVERS?

57% are women

21% are 65 years old or older

42% are caring for a
parent or parent-in-law

13% of caregivers are
providing care to someone
with dementia



FUTURE CAREGIVERS

1 in 6
NON-CAREGIVERS
expect to **BECOME**
CAREGIVERS within
2 years



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

cdc.gov/aging