

SUBJECTIVE COGNITIVE DECLINE AMONG AMERICAN INDIAN/ALASKA NATIVE ADULTS

2015–2017 Behavioral Risk Factor Surveillance System (BRFSS) Data from American Indian and Alaska Native adults in 49 States*, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 6

American Indian/Alaska Native adults aged 45 years and older are experiencing **Subjective Cognitive Decline**



SCD is self-reported **MEMORY PROBLEMS** that have been **GETTING WORSE** over the past year.

63% of people with SCD had to give up day-to-day activities



88% of people with SCD have at least one chronic condition

one in two

of people with SCD say it interfered with social activities, work or volunteering



over half of people with SCD have discussed their symptoms with a healthcare provider

54% of people with SCD need help with household tasks



* All except Pennsylvania



cdc.gov/aging

CS 303070-A

April 2019