

SUBJECTIVE COGNITIVE DECLINE



2020 Behavioral Risk Factor Surveillance System (BRFSS): People Aged 45 Years and Older

1 in 10 people aged 45 years and older are experiencing

Subjective Cognitive Decline



SCD is self-reported **MEMORY PROBLEMS** that have been **GETTING WORSE** over the past year.

76% of people with SCD have at least one chronic condition



30% of people with SCD had to give up day-to-day activities



Less than half of people with SCD have discussed their symptoms with a healthcare provider



Nearly a third of people with SCD say it interfered with social activities, work, or volunteering



25% of people with SCD need help with household tasks

