OREGON

SUBJECTIVE COGNITIVE DECLINE

OR

2020 Behavioral Risk Factor Surveillance System (BRFSS): People Aged 45 Years and Older

1 in 11 people aged 45 years and older are experiencing Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

74% of people with SCD have at least one chronic condition.

31% of people with SCD had to give up day-to-day activities.

Less than half of people with SCD have discussed their symptoms with a healthcare provider.

Nearly a third of people with SCD say it interfered with social activities, work, or volunteering.

30% of people with SCD need help with household tasks.

for more information:  www.alz.org/publichealth

www.cdc.gov/aging