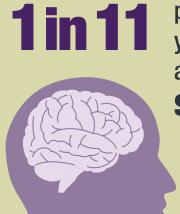
MICHIGAN SUBJECTIVE COGNITIVE DECLINE

2020 Behavioral Risk Factor Surveillance System (BRFSS): People Aged 45 Years and Older



people aged 45 years and older are experiencing Subjective Cognitive Decline SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.



of people with SCD have at least one chronic condition



of people with SCD had to give up day-to-day activities

Only half

of people with SCD have discussed their symptoms with a healthcare provider



Over a third

of people with SCD say it interfered with social activities, work, or volunteering

47% of people with SCD need help with household tasks





for more information: www.alz.org/publichealth

www.cdc.gov/aging