1 in 13 people aged 45 years and older are experiencing Subjective Cognitive Decline (SCD) is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

82% of people with SCD have at least one chronic condition.

26% of people with SCD had to give up day-to-day activities.

Only half of people with SCD have discussed their symptoms with a healthcare provider.

Over a quarter of people with SCD say it interfered with social activities, work, or volunteering.

22% of people with SCD need help with household tasks.

For more information:
www.alz.org/publichealth
www.cdc.gov/aging