HAWAII

SUBJECTIVE COGNITIVE DECLINE

2020 Behavioral Risk Factor Surveillance System (BRFSS): People Aged 45 Years and Older

1 in 15 people aged 45 years and older are experiencing Subjective Cognitive Decline

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

81% of people with SCD have at least one chronic condition

35% of people with SCD had to give up day-to-day activities

Only a third of people with SCD have discussed their symptoms with a healthcare provider

Over a third of people with SCD say it interfered with social activities, work, or volunteering

24% of people with SCD need help with household tasks

for more information: www.alz.org/publichealth
www.cdc.gov/aging