1 in 8 people aged 45 years and older are experiencing **Subjective Cognitive Decline**

SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

88% of people with SCD have at least one chronic condition

54% of people with SCD had to give up day-to-day activities

Less than half of people with SCD have discussed their symptoms with a healthcare provider

Over a third of people with SCD say it interfered with social activities, work, or volunteering

40% of people with SCD need help with household tasks